

Active Funding During 2008-2009 (Ongoing Support)

1. Dougherty, P. E. A Randomized Clinical Trial of Chiropractic Management versus Active Exercise Physical Therapy in Subgroups of Chronic Lower Back Pain Patients. Katz, P, Karuza, J., and Marshall, F. J. 2006.

Funding Agency: Health Resources and Services Administration -Chiropractic Demonstration Projects
Award Amount: \$1,124,244.00
Award Period: September 1, 2006 to August 31, 2009

Description of project: *This federally funded randomized controlled trial is investigating the patient characteristics that may predict responsiveness to two common interventions utilized to treat chronic lower back pain. The investigators are utilizing a previously validated “prediction rule” for responsiveness to spinal manipulation for acute lower back pain and applying it to a chronic lower back pain population. The study involves randomizing patients to either active exercise therapy or spinal manipulation based on their status on the “prediction rule” and then evaluating the patient’s response using validated outcome measures (Oswestry Disability index, Visual Analogue Scale, SF-36). The interventions are performed two times per week for four weeks. Outcome measures are collected at baseline, immediately post intervention, three months post baseline and six months post baseline. This study also includes many experimental hypotheses evaluating if factors other than those identified in the original prediction rule may mediate responsiveness to an individual treatment modality. This study is being conducted in private chiropractic and physical therapy offices as well as in the Rochester Veteran’s Affairs Outpatient Clinic.*

Contact Dr. Paul Dougherty for additional information: pdougherty@nycc.edu

2. Dougherty, P. E. Project 7: New York Chiropractic College: Geriatric Education For Chiropractors (Finger Lakes Geriatric Education Center). Katz, P. 2005.

Funding Agency: Health Resources and Services Administration (HRSA)
Award Amount: \$150,000.00
Award Period: July 1, 2005 to June 30, 2010

Description of Project: *This project is part of a federally funded Geriatric Education Center Grant through the University of Rochester. The Upstate NY Fingerlakes Geriatric Education Center is a consortium of multiple healthcare institutions that are striving to improve healthcare for older adults. The consortium includes the following institutions: University of Rochester, Ithaca College, SUNY Brockport and SUNY-IT Utica. The specific project through the NYCC involves developing an integrative geriatrics elective course to improve the gerontologic competencies of chiropractic students. The second half of this project is to deliver a 12 hour integrative geriatric education program to the NYCC faculty to improve the overall gerontologic competencies of chiropractic college faculty. The project also allows for cross fertilization of ideas across the different disciplines that*

are involved in the project.

Contact Dr. Paul Dougherty for additional information: pdougherty@nycc.edu