

# Meet:

## Ana Maria Moise '12

M.S., CNS, LDN

The Nutrition Center, Massachusetts



### Q: Why did you choose NYCC?

**A:** With so much confusion in the nutrition world, I appreciate now being able to take an evidence-based approach and look at nutrition research with a critical eye. The program itself was also steeped in biochemistry and covered the role of nutrition in both acute and chronic diseases.

### Q: Where do you currently practice?

**A:** I currently work at The Nutrition Center in Massachusetts, which is a non-profit that offers individual counseling and also works with local schools. I am currently the primary clinician in our Northampton office. I specialize in gut health and I enjoy practicing pediatric and family nutrition. Also, for the past few years, I've been a nutrition counselor at a residential educational facility for youth with psychiatric or developmental disorders.

### Q: What is the most rewarding thing about what you do?

**A:** Helping patients with severe gastrointestinal distress can be very rewarding. These individuals have often lived with years of discomfort. It's amazing to see these individuals heal their GI symptoms and return to a level of health they had long forgotten. It's really empowering for them – it's a way for them to take control of their health.

### Q: What recommendations do you have for students and recent alumni?

**A:** There are so many possible avenues when you choose a career in nutrition. Part of developing an integrative model involves collaborating with other healthcare professionals (physicians, chiropractors, herbalists) to provide the best patient care. Learning from other healthcare practitioners and focusing on continuing education helps me keep my knowledge base current.

## CERTIFICATION

M.S.A.C.N. graduates are eligible to obtain the following certifications:

- Certified Nutrition Specialist (CNS)
- Certified Clinical Nutritionist (CCN)
- Diplomate for the American Clinical Board of Nutrition (DACBN)
- Diplomate for the Chiropractic Board of Clinical Nutrition (DCBCN)