

LEANNE E. SKEHAN, DCN, MPH, MSACN

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NUTRITION AND PUBLIC HEALTH EDUCATOR AND ADMINISTRATOR

POLICY DEVELOPMENT & IMPLEMENTATION | GRADUATE PROGRAM COURSE DESIGN & TEACHING | PROJECT MANAGEMENT
VENDOR MANAGEMENT | PROGRAM PLANNING & IMPLEMENTATION | COMMUNITY EDUCATION
BUDGET DEVELOPMENT | TALENT DEVELOPMENT | NON-PROFITS

- Conscientious and dedicated nutrition and public health educator specialized in designing, developing, and implementing nutrition and public health courses that meet the needs of the learner and course objectives for graduate-level programs.
- Detail-oriented project/program manager with demonstrated ability to develop creative strategies to address problems and overcome obstacles in a rapidly changing, highly regulated environment.
- Innovative, self-motivated, and reliable with exemplary people skills and demonstrated ability to facilitate a team approach and positive working environment to achieve organizational objectives, increase productivity, and enhance employee morale.

SIGNIFICANT ACCOMPLISHMENTS & CORE STRENGTHS

- Developed vendor management policies to ensure staff were trained in consistent oversight of over 20 vendors and contracts and to ensure compliance with National Committee for Quality Assurance accreditation standards and other governmental and insurance regulations.
 - Designed numerous graduate level required courses for three distinct nutrition and public health programs with content that teaches students about pertinent nutrition and public health topics.
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PROFESSIONAL EXPERIENCE

ROSS NUTRITION TEAM, (REMOTE) Centerville, TX 2023– Present

Nutritionist

- Consults with clients and creates comprehensive individual plans to help people achieve their long-term nutrition and health goals. Plans can address how to manage weight loss, inflammation and/or food allergies, how to boost the immune system, and how to prevent chronic disease. Specializing in sports nutrition and disordered eating.

SOUTHERN NEW HAMPSHIRE UNIVERSITY, Manchester, NH 2015 – Present

Clinical Faculty, Health Professions (2021 – Present)

- Teaches 30 credit hours annually in the Master of Public Health program.
- Serves as a professional advisor to students to help support students' sense of connection to the program and university.
- Contributes to continuous quality improvement efforts including process documentation, accreditation reports, policies and procedures, and handbook and other guides.
- Collaborates with student enrollment and advisors to support program growth and student persistence.
- Serves as an effective mentor and coach to adjunct faculty and public health interns.
- Collaborates with the Program Director on the Master of Public Health accreditation process.
- Vice-Chair within the Diversity Council

Adjunct Professor, Nursing/Health Professions (2015 – 2021)

- Taught two sections of the course, Wellness Through the Lifespan each term.
- Designed a required graduate-level course titled: Practical Experience in Public Health (I and II), which is regularly taught to 30+ students per term.
- Maintained daily connections with students through online forums to help students achieve success in their courses.

NORTHEAST COLLEGE OF HEALTH SCIENCES, Seneca Falls, NY 2021 – Present

Adjunct Professor

- Instructs Nutrition Across the Lifespan and Nutrition Assessment
- Serves on the following committees
 - Academic Affairs Subcommittee Member (Jan. 2022- Jan. 2026)
 - Faculty Affairs Subcommittee Chair (Oct. 2021-Oct. 2025)
 - Bylaws Subcommittee Member (Aug. 2023-Aug. 2025)

TUFTS HEALTH PLAN, Watertown, MA 2013 – 2021

Manager, Population Health & Wellness (2014 – 2021)

- Directed a six-person staff and partnered with multiple internal cross-functional teams and external vendors to develop and implement disease management, lifestyle coaching, and wellness programs for Commercial, Medicare and Medicaid plans.
- Led prevention and disease management vendor procurement with support from the procurement team through strategy development, vendor assessments, and contract negotiations.
- Provided expert assistance with RFP responses for new employer group business, ensuring content accuracy and innovative responses that differentiate Tufts' programs from competitors.
- Analyzed current members' program engagement and health assessment responses to identify ways to increase participation. Introduced new health assessment deployment methods, adding phone and online options to the current mailed paper survey, which significantly increased member completion to 60-70%.
- Evaluated program data to analyze opportunities for service improvements. Launched app to facilitate diabetes management.
- Established vendor management policy to ensure staff were trained in consistent oversight of over 20 vendors and contracts and to ensure compliance with National Committee for Quality Assurance accreditation standards and other governmental and insurance regulations.
- Developed model to forecast accurate budget. Consistently maintained and stayed within an \$8MM budget; skilled in making cuts without sacrificing quality of care.
- Streamlined budget management procedures to improve expense tracking, avoid exceeding budget and provide better reporting to senior management.
- Monitored insurance and clinical regulatory policies and requirements. Implemented changes to services and programs as needed.

Program Manager III, Population Health Programs (2013 – 2014)

- Led the negotiation for a multimillion-dollar contract for disease management and wellness programs in collaboration with local immunization committees and the Department of Public Health.
- Designed and managed complex disease management and wellness programs for asthma, bariatric, adult immunization, maternity, and health risk assessment (HRA).
- Monitored vendor performance to ensure delivery of operational requirements and return on investment.
- Evaluated educational materials for clinical accuracy and cost and feasibility of programming options to share with members.

SOUTHWEST COLLEGE OF NATUROPATHIC MEDICINE, Tempe, AZ

2019 – 2020

Adjunct Professor/Course Developer, Clinical Nutrition Graduate Program

- Designed a required graduate-level course titled: Nutrition Across the Lifespan: Adolescent, Adult, Older Adult, which is regularly taught to 40+ students in two separate classes per semester.
- Developed lectures, discussion questions, and interactive course assignments that require group work and other course content to achieve optimal learning outcomes and help students develop tools they can use in practice.

UNIVERSITY OF NEW ENGLAND, Portland, ME

2012 – Present

Adjunct Professor/Course Developer, Applied Nutrition Graduate Program (2017 – Present)

- Designed and teach a required graduate-level course titled: Nutrition, Wellness, and Multimedia Communication.
- Assesses and critiques students' weekly course work and papers, leads written forum and live group discussions and provides individualized guidance to students to aid in their success with the course.

Adjunct Professor, Public Health Graduate Program (2012 – Present)

- Taught numerous online courses, including Health Care Informatics, Healthy Literacy, Environmental Health, Occupational Health and Foundations of Public Health to students working full time.

PREVIOUS ROLES

- Health Community Coalition of Greater Franklin County | Program Coordinator, Farmington, ME
- Western Maine Community Action's WIC Program | Site Manager; Dietary Counselor, East Wilton, ME

EDUCATION & CERTIFICATIONS

DCN, Doctor of Clinical Nutrition, *Maryland University of Integrative Health, Laurel, MA*
MSACN, MS in Applied Clinical Nutrition, *New York Chiropractic College, Seneca Falls, NY*
MBA, Master of Business Administration, *St. Joseph's College, Standish, ME*
MPH, Master of Public Health, *University of New England, Portland, ME*
BS, Health Sciences, *University of Southern Maine, Portland ME*
AS, Dietetic Technology, *Southern Maine Community College, South Portland, ME*

Certified Health Education Specialist, *The National Commission for Health Education Credentialing*
Certified Dietetic Technician, *American Dietetic Association*
Certified Health Coach, *Dr. Sears Wellness Institute*
Certified Personal Trainer, *Fitness Mentors*

ASSOCIATIONS

- American Nutrition Association
- American Public Health Association
- Academy of Nutrition and Dietetics
- Texas Public Health Association
- Society of Public Health Education
- Society for Nutrition Education and Behavior

PUBLICATIONS

Co-Author: LaGreca M, Hutchinson D, Barry L. **A Multi-Faceted Approach to Weight Loss: A Case Report.** *Integrative Medicine: A Clinician's Journal.* 2020; 19(1):38-45.

Co-Author: LaGreca, M., Skehan, L., & Hutchinson, D. (2022). **The Microbiome and Neurotransmitter Activity.** *The Journal Of Science And Medicine,* 3(2). doi: 10.37714/josam.v3i2.90