

# CURRICULUM VITAE

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**Scott D. Richards, PhD, PA-C, DFAAPA**

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## Educational Background

- 03/2012: **PhD, Psychology** – with completion of practicum and internship in Clinical Psychology. Walden University, Minneapolis, MN. Dissertation title: A Psychoeducational Application of Terror Management Theory to Reduce Post- Mortality-Salience Worldview Defense. Pre-Doc Practicum and Internship completed at St. Mary's Regional Medical Center – Behavioral and Mental Health Services, Lewiston, ME.
- 11/2006: **MS, Psychology**, Walden University, Minneapolis, MN. Thesis Title: A Chaos Theory Perspective on Mortality Salience & Resultant Terror Management.
- 07/1994: **BS, Medical Studies/PA Certification**, Hahnemann University, Philadelphia, PA (now known as Drexel University)
- 06/1988: **BA, Anthropology**, Magna Cum Laude Honors, with additional completion of secondary education courses, University of Mass., Boston. Undergraduate theses: Primate Consciousness; Intra- minority Discrimination among Individuals with Physical Disabilities.

## Clinical Professional Experience

- 07/2015-01/2020 **Family Practice & Behavioral Medicine/Psychiatric PA:** Mel Leaman Free Clinic, Marion, VA.: Provide outpatient family medicine and behavioral medicine care in a busy free clinic serving three counties in the southwest Virginia region. Oversee behavioral medicine services. Develop clinical practice guidelines.
- 09/2010-06/2012 **Family Medicine PA:** St. Mary's Health Systems, Auburn, ME 04210. Provide family medicine services for hospital-wide acute care clinic.
- 2000-2010 **Family Medicine and Behavioral Medicine/Psychiatric PA:** St. Mary's Health Systems, Sixty Second Street, Auburn, ME, 04210. (207) 783-3333. Second Street Family Practice was a Federally Qualified Health Center under the auspices of the larger St. Mary's Regional Medical Center organization, serving community & regional residents of Central Maine. Employed as the sole family practice PA in a large health care organization, serving an individual panel of highly complex patients of all ages with emphasis in impoverished patient medicine, outpatient psychiatry, & integrative medicine. Average panel size of 2000 patients. Frequently used as consultant source by physicians for evaluation, treatment development, & monitoring for patients with chronic psychiatric disease, issues of polypharmacy, substance use disorders, & complex comorbidity. Assisted in family medicine coverage for volunteer homeless clinic.
- 2005-2006 **Medical Coverage PA:** Spring Harbor Hospital, 123 Andover Rd., Westbrook, ME, 04092. (207) 761-2200. Employed for part-time medical coverage of 111 bed regional psychiatric hospital, responding to the acute & chronic medical needs of pediatric, adolescent, & adult patients.
- 1994-2000 **Family Medicine PA:** Smith River Migrant Health Clinic: Del Norte County, CA – developed, implemented, & directed volunteer health clinic for migrant workers in the Smith River Valley of Northern California.
- 1994-2000 **Family Medicine and Behavioral Medicine/Psychiatric PA:** Del Norte Community Health Center, 200 A Street, Crescent City, California, 95531. (707) 465-6070. Employed as a highly autonomous family practice and Psychiatric PA serving impoverished and underserved patients with emphasis in internal medicine and pediatric & adult psychiatry, including substance use disorders. DNCHC is a Federally Qualified Health Center (FQHC) rural family practice representing the only Medicaid, refugee & indigent patient family practice facility in the county & 90 minutes away from the next available provider. With over 17000 active patients, three full-time PAs & two part-time MDs, the facility afforded a unique opportunity to practice highly complex medicine in an autonomous environment most-frequently without specialty backup.

## Leadership & Academic Professional Experience

- 03/2024-Present **Founding Program Director/Professor**, Master of Science in PA Studies (MSPAS) Developing Program, Northeast College of Health Sciences, Seneca Falls, NY. Responsible for all aspects of initial and continuing development of a new PA program in the finger lakes region of New York state emphasizing holistic person-centered care. Activities include initial and continuing accreditation processes, curriculum development, program policy development, admissions processes, faculty recruitment and development, clinical site development and recruitment of clinical preceptors, developing strong collaborative relationships with local and regional services, communities, health centers/facilities and medical practices.
- 12/2021-03/2024 **Campus Director, Academic Education/Associate Professor**, West Coast University, Master of PA Program, Center for Graduate Studies, Los Angeles, CA. Served as de facto associated director of the program in addition to responsibility for all aspects of leadership over didactic curriculum, delivery, and monitoring in addition to overseeing accreditation, assessment, and programmatic self-assessment evaluations and processes. Oversee faculty onboarding and faculty development. Developed and implemented course syllabi and rubrics for all program coursework. Serve as sole course director for the program's behavioral medicine, psychiatric, and psychopharmacology curriculum delivered in both didactic and clinical phases of training. Serve as course director and lab facilitator for multiple courses delivered in hybrid (i.e., in-person and online) and blended (synchronous and asynchronous online) formats. Serve as main program faculty advisor for academic success, test-taking strategies, and PA student wellness. Also served as Campus Director, Clinical Education simultaneously with current position from 2021-2022, overseeing all aspects of clinical curriculum development and clinical site and preceptor development.
- 03/2020-12/2021 **Program Director & Acting Chair/Tenured Associated Professor**: Master of Science Physician Assistant program, Monmouth University, West Long Branch, NJ. Responsible of all aspects of leadership over the PA program, including resolving accreditation issues, moving the program from provisional to continuing accreditation, restructuring the didactic and clinical phase curriculum, revision of syllabi, revision of program handbooks, policies and procedures, developing continuous self-assessment/self-study processes, development of student leadership in the program, recruitment of adjunct and principal faculty, provide lectures in clinical medicine and clinical skills and serve as course director for the program's behavioral medicine/psychiatry curriculum. Proposed B+M and 3:3 program to University Admissions and assisting in the development of these programs.
- 01/2020-03/2020 **Assistant Dean of Health Sciences/Tenured Associate Professor**: Emory & Henry College, Marion Virginia. Responsible for overseeing accreditation processes for School of Health Sciences programs and working on special projects assigned by the Dean.
- 07/2015-01/2020 **Founding Chair and Program Director/Tenured Associate Professor**: Dept. of Physician Assistant Studies, School of Health Sciences, Emory & Henry College, Marion, VA. Responsible for all aspects of initial and continuing development of a new PA program in Southwest Virginia emphasizing rural primary care for the underserved, mindfulness practices, and behavioral medicine. Activities include initial and continuing accreditation processes – successful in securing provisional accreditation with zero observations/citations, admissions processes, faculty recruiting, faculty development, clinical site development and recruitment of clinical preceptors, developing strong collaborative relationships with local and regional services, communities, health centers/facilities and medical practices. In addition to my work within the PA department, also assist in development and implementation of PT and OT programs and served as initial academic counselor for DPT students.
- 07/2014-06/2015 **Director of Clinical Education/Assistant Professor**: Lynchburg College Department of Physician Assistant Medicine, Lynchburg, VA. Assist in the development and refinement of Program's ARC-PA accreditation application and supplemental materials; assist in the training of faculty on accreditation procedures and policies; participate in the ARC-PA provisional program site visits. Develop and secure clinical rotation sites and preceptors for the College's developing PA program in addition to developing and finalizing Program policies and procedures, faculty, student, and preceptor handbooks, resources and training protocols, didactic and clinical curriculum, schedules, syllabi, lectures, and examinations.
- 01/2011-07/2014 **Associate Dean/Interim Program Director/Assistant Professor**: MCPHS University School of Physician Assistant Studies, Manchester, NH and Boston & Worcester, MA. Oversee PA programs on Boston, Worcester, and Manchester campuses, with emphasis on regional (NEASC) and national accreditation (ARC-PA), academic structures and policies, clinical rotation site development, faculty success, and student success. Develop School operations manual; develop

centralized experiential education department; develop, implement, and monitor School and Program policies; oversee curriculum development and assure curriculum follows accreditation requirements and is associated with excellent outcomes. Oversee self-study processes and accreditation processes. Develop and implement faculty development processes and peer mentoring. Oversee delivery of curriculum. Oversee and mentor Program directors, faculty, and staff. Oversee budgets. Awarded grant for utilizing iPad technology to enhance academic program – develop remote clinical site visit videoconferencing protocols for clinical rotation site visits. As Interim Program Director for the Manchester/Worcester PA program, a 24-month, dual campus, synchronized distance education program with over 130 students per cohort, accomplishments included: develop manual for Program faculty; rewrite curriculum to match accreditation standards, develop procedures to promote student and faculty contentment and success; supervise, train, and mentor 8 full-time faculty and multiple regular adjunct faculty members. Develop and present 2013/2014 budget. As Assistant Professor, serve as director and primary instructor in Health Care Issues course and Clinical Medicine courses, in addition to behavioral medicine/psychiatry, medical ethics, and patient laboratory assessment courses. Serve on variety of university committees, including Institutional Assessment and Institutional Effectiveness Committees, interprofessional activities development committee, professionalism committee, faculty search committee, and curriculum committee. Develop patient simulation teaching and evaluation experiences, including integrative seminars. Develop and implement online classrooms for enhancement of lecture delivery, course readings, formative and summative examinations, and group activities via Blackboard technology. Serve as Academic Counselor for the Master of Physician Assistant Studies students.

09/2010 – 03/2012

**Assistant Professor:** University of New England Physician Assistant Program, Westbrook College of Health Professions, Portland, ME. Faculty member and course director for year-long Patient History/Physical Diagnosis/Clinical Assessment/Oral Case Presentation/Note Writing course and two-semester Behavioral Medicine/Psychiatry course. Serve on variety of university committees, both within the PA program and in other University programs, including Appeals, Student Affairs, Curriculum, and Symposium Development Committees. Serve as Academic Counselor for the Master of Physician Assistant studies students.

### **Program Development and Accreditation Experience**

- Consultant for PA programs, nationwide, with emphasis on new program development, accreditation processes and accreditation issues, curriculum development and delivery, and faculty development.
- Assisted in writing and finalizing ARC-PA accreditation application and all appendices for the WCU MPA CA program.
- Assisted in the training of program faculty and staff, clinical preceptors, and advisory committee members on accreditation processes and ARC-PA accreditation site visits.
- Proposed and assisted in the development of a bachelors + masters and 3:3 program for Monmouth University providing a direct pathway from undergraduate students to graduate programs and assisting in increasing undergraduate enrollment.
- Responsible for resolving accreditation issues for the Monmouth University MSPA program and transitioning the program of probation and moving from provisional to 10-year continuing accreditation. Monmouth University's MSPA program was at imminent risk of closure due to being on accreditation probation for the ARC-PA for 3 years.
- Responsible for entire process of program development and accreditation for Emory and Henry College's Department of PA studies resulting in full provisional accreditation with zero observations for improvement from ARC-PA.
- PA Program Development, Implementation, Maintenance and Accreditation Consultant: Serve as consultant for all aspects of program development, implementation and maintenance and regional and ARC-PA accreditation for developing and established PA programs and academic institutions considering developing health science programs, including, but not limited to, performing mock accreditation site visits, authoring accreditation reports, authoring self-study reports, and training faculty.
- Responsible for writing and rewriting major portions of accreditation documents for the Lynchburg College PA program and integral in assisting the program to receive full provisional accreditation with zero observations for improvement from ARC-PA.
- Responsible for designing and developing, writing, and coordinating accreditation and self-study processes for the PA programs at MCPHS University.
- Assisted in Accreditation Site Visit processes for Boston University's PA program as 'friend to the program'.
- Responsible for writing a significant portion of the accreditation documents and self-study processes for University of New England's PA program.
- Participated in multiple accreditation site visits, including for University of New England, MCPHS University, Boston University, Lynchburg College, Emory & Henry College, and Monmouth University PA programs.
- Assisted in completion of accreditation reports for Nursing, OT, and PT programs for Emory & Henry College.

## Faculty Development Experience

- Lead facilitator and facilitator for Physician Assistant Education Association's (PAEA) national PA faculty development and new program director workshops.
- Developed and delivered robust faculty development trainings for PA faculty in all aspects of PA program including but not limited to accreditation, curriculum, evaluations and test item analysis, student advising, teaching at each program with which I have served in a leadership role.
- Developed and delivered institution-wide faculty development trainings on student academic success, addressing student issues, disability accommodations, team-based learning, and active learning strategies.

## Teaching Activities

2024-Present	Professor, Northeast College of Health Sciences. As the founding program director of the developing MSPAS program, develop full curriculum, including all syllabi, learning outcomes, and course schedules for the PA program. Present college-wide faculty development trainings. Serve as co-course director of clinical medicine coursework, lecturer and lab facilitator in patient examination, lab, and procedure courses and case-based-learning courses and serve as solo course director of behavioral medicine and psychiatry course.
2021-2024	Associate Professor, West Coast University, MPA California program. Sole course director for behavioral medicine and psychiatry curriculum. Course lab facilitator for multiple courses throughout the program. Assist in lecturing in multiple courses including professionalism in medicine course series, holistic medicine and patient care course series, problem based clinical application lab course series.
2014-Present	Develop and deliver extensive PA program boot camps to incoming PA students while serving in academic leadership capacity in PA programs.
2020-2021	Tenured Associate Professor, Monmouth University, School of Nursing and Health Sciences. Course director for 4-credit Behavioral Medicine and Psychiatry course and course director for 3-credit Introduction to the PA Profession course. Course Director for boot camp course for incoming PA students. Additionally, provide lectures in other courses across the curriculum including Clinical Skills, Topics in Medicine and Surgery, and Supervised Clinical Practice Experiences call-back sessions. Lecture topics range across clinical medicine, PA practice and professionalism, and clinical skills lectures and labs.
2015-2020	Tenured Associate Professor, Emory & Henry College School of Health Sciences. In addition to role as Founding Department Chair/Program Director, regular teaching duties for the Department of PA Studies include developing and implementing the incoming students one-week Boot-camp, serving as the course director for Clinical Skills I, II, and III (2017/2018), Behavioral Medicine and Psychiatry I and II, and Research Methods coursework, and lecturing across the curriculum in other courses in the MPAS program. Additionally duties include assisting the College and the Doctor of Physical Therapy program and Master of Occupational Therapy Program as follows: serve as Academic Counselor for the Doctor of Physical Therapy Students (2015-2016); presented training session on Graduate Health Science Student Issues and Success to Powell Resource Center Staff; annual presentations on Mindfulness and Mindfulness in Health Care, Interpersonal Clinician- Patient Interactions, and Introduction to Psychiatry and Psychopharmacology to DPT students; annual presentation to MOT students on impoverished patient care; develop and present presentation on Academic Success Strategies to incoming DPT and MOT students (2016-2017). Course Director for E&H undergraduate honors course on global healthcare, Fall semester 2015.
2014-2015	Assistant Professor, Lynchburg College Department of Physician Assistant Medicine. In addition to role as Director of Clinical Education, developed Intro to PA Profession, Behavioral Medicine/Psychiatry, and Psychopharmacology coursework.
2012-2014	Assistant Professor, MCPHS University School of Physician Assistant Studies – Manchester/Worcester. In addition to roles as Associate Dean and Program Director, served as course director and primary lecturer of 3 semester ethics & professionalism and behavioral medicine/psychiatry courses; course director of 3 semester clinical medicine course; additional lecturing in other courses and labs.
2013	Lecturer – Cultural Awareness & Sensitivity, MCPHS University, School of Pharmacy, Manchester Campus
2010-2011	Adjunct Faculty: University of New England College of Medicine. Facilitate Case Based Learning for first- and second-year medical students utilizing concept mapping methods
2011	Co-coordinator: Spirituality in Social Work seminar course, University of New England master's in social work program.
2010-2012	Assistant Professor: University of New England Physician Assistant Program. Full-time core faculty. Director for 3 semester patient assessment/clinical evaluation course. Director for behavioral health/psychiatry module within clinical medicine course. Facilitate weekly small group problem-based learning seminars; precept students in off-site geriatric patient encounters; coordinate and assist in development of clinical simulation lab activities.
2008-2011	Guest Lecturer: Developmental Psychology/Pediatric & Adolescent Psychiatry, State University of New York, Stony Brook PA Program.

2000-2010	Preceptor for medical and health care students including UNE DO students, UNE PA students, and NP students from other universities/colleges.
2010	Guest Lecturer: Psychopharmacology, Bates College, Lewiston, ME 2009 Guest Lecturer: Cognitive Psychology, Andover College, Lewiston, ME
1989-1991	State Licensed Instructor: Emergency Medical Technician. Developed and delivered, as primary instructor, complete courses on EMT training for post- secondary students.
1986-1990	Secondary education teaching – part-time, substitute, multiple subjects, Taunton School District, Taunton, MA

### **Student Advising Activities**

2021-2024	West Coast University: Serve as primary advisor for academic success, test-taking strategies, and student wellness to all enrolled students in the PA program. Additionally, serve as faculty advisor to consistent group of assigned students.
2020-2021	Monmouth University: Advise all MS-PA students in my capacity as program director, including conducting regular 1:1 meetings and all-class meetings. Also, in the capacity as program director, regularly meet with students on academic success and test-taking skills in addition to stress they may be experiencing as a PA student.
2021	Monmouth University: Serve as co-advisor for all B+M and 3:3 students on the PA program tract
2015-2020	Emory and Henry College: Advise all MSPA students in my capacity as program director
2011-2014	MCPHS University: Advise all PA students in my capacity as program director
2010-2011	University of New England: Advised small group of students in my capacity as principal faculty

### **College/University-Wide Committee Experience**

2022-2024	Serve on Student Success Committee for West Coast University
2021	Institute for Global Understanding Faculty Representative to the UN Department of Global Communications
2021	Graduate Faculty Reassessment Working Committee Member, Monmouth University
2020	Graduate Studies Committee Member, Monmouth University
2020	Assessment Committee Member, Monmouth University
2019	Member, Marketing and Value Work Group, E&H College
2018-2020	Member, E&H Pre-Health Committee; also serve as second advisor to undergraduate pre-health students
2015	Admissions Counselor Position Search Committee Member, E&H College
2013-2014	Student Success Team Committee, Lynchburg College
2013-2014	Institutional Effectiveness Committee Member, MCPHS University
2012-2014	Interprofessional Education Committee Member, MCPHS University
2012-2013	Faculty Manual Committee, Member, MCPHS University
2012-2013	Faculty Development Committee, MCPHS University
2011-2012	Interprofessional Education Collaborative Program Development Committee Member, UNE

### **School Wide Committee Experience**

2021	Nursing Faculty Search Committee, Monmouth University School of Nursing and Health Studies
2021	Strategic Planning Steering Committee, Monmouth University School of Nursing & Health Studies
2021	Strategic Planning Workshop Team Facilitator, Monmouth University School of Nursing & Health Studies
2019	Member, Search committee for Department of Counseling Chair, E&H College School of Health Sciences
2018-2019	Co-Chair, Interprofessional Clinical Simulation Committee, E&H College School of Health Sciences
2017	Chair, Search Committee for Sim Lab Coordinator Position, E&H College School of Health Sciences
2015-2016	Anatomist Faculty Position Search Committee Member, E&H College School of Health Sciences
2012-2014	University Faculty Executive Committee, MCPHS University

### **Program-Specific Committee Experience**

2021-2024	West Coast University MPA CA program: Assessment Committee Chair; Admissions Committee member; Curriculum Committee member; Program Advisory Committee Member; Steering Committee member.
2017-2020	Emory & Henry College MPAS Program: Admissions Committee Chair (2016-2017); Program Evaluation Committee Chair; Policy & Procedure Committee Member; Student Progressions Committee Ex Officio Member; Faculty Search Committees.
2015	Emory & Henry College DPT Program: Admissions Committee
2014-2014	Lynchburg College: Chair, Clinical Education Committee; Co-Chair, Curriculum Committee; Co- Chair, Continuous Self-Study and Policies and Procedures Committee
2012-2014	MCPHS University, Manchester/Worcester MPAS Program: Continuous Self-Study Committee, Member;

Admissions Committee Member; Curriculum Committee Member; Professionalism Committee Member; Search Committee for Faculty Candidates Member

2011-2012 University of New England CRNA Program: Advisor for Student Appeals

2011-2012 University of New England Masters PA Program: Curriculum Committee Member; Dean's Appointed Member of UNE Program Dismissal Appeals Committee; Student Affairs Committee Member

### PhD Internship Experience

2009-2010: Clinical Psychology PhD Internship: St. Mary's Regional Medical Center Behavioral Services Division, Lewiston, ME. Three armed training program comprised of pediatric, adolescent, and adult individual, couples, and family psychotherapy - psychotherapeutic focus on integrative psychotherapy with emphasis on mindfulness based CBT & Psychodynamic Therapy; adolescent and adult health psychology with focus on complex comorbidities, spirituality, psychopharmacotherapy, polypharmacy, treatment adherence, & substance use issues; and school psychology/ psychometric assessment - focus on pediatric & adolescent patients with autistic spectrum disorders, ADHD, mood disorders, and Axis II disorders within a special education school setting & adolescents and adults with Axis I and II disorders in an outpatient setting. Specialty training received in Meditation and Mindfulness Based Interventions, Motivational Interviewing with focus on substance use disorders & medical patient treatment adherence, Rational Living Therapy, & treatment of children, adolescents, & adults with ADHD, Autistic Spectrum Disorders, OCD, & PTSD.

### Associated Professional Experience

1989 -1991: Advanced Life Support EMT: Norfolk-Bristol Ambulance, Taunton, MA: Full- time, paid advanced life support emergency medical technician for 9-1-1 service.

1983-1984: Program Director: Fairbanks Rehabilitation Associates, Fairbanks, AK: Residential Program Director for agency offering services to persons with developmental disabilities & psychiatric illness. Responsible for managing several 'group homes' & the supervision of up to twenty staff persons. Developed & implemented behavior modification programs & individual service plans for clients, trained agency staff in the implementation of behavior modification techniques & passive assault response techniques & programs, developed & presented state required monitoring plans & programs.

1982 -1983: Director and Senior Behavior Specialist: Sutter Group Homes, Santa Ana, CA: Inservice Director & Senior Behavior Specialist for agency specializing in providing *group home* settings for deinstitutionalized clients with dual diagnosis (mental retardation and psychiatric condition).

### Pertinent Academic & Other Experience

1989 -1991: EMT Instructor, State Licensed & Certified: Safety Program Consultants, Inc., MA. Developed, implemented, & instructed post-secondary technical school EMT courses.

1986-1988: Anthropology Department Research & Teaching Assistant: University of Massachusetts, Boston. Assisted faculty in research projects, tutored introductory & advanced students & assisted in the teaching of introductory anthropology courses.

1980: American Field Service Foreign Exchange Student

### Community & Committee Service

2022-2024 Association of Clinicians for the Underserved, Program Committee Member

2021-2022 A Better Life Guatemala, Board Member, Executive Committee

2021-Present Volunteer Clinician, NJ Medical Reserve Corps

2017-2021 Board Member, Association for Family Practice PAs & NPs (AFFPANP)

2015-2020 Volunteer Clinician and Instructor, Southwest Virginia Medical Reserve Corps 2015-2019

Board Member, Mel Leaman Free Clinic

2015-2019 Volunteer Clinician, Mel Leaman Free Clinic

2015-2019 Volunteer Clinical and Organizational Consultant, Mel Leaman Free Clinic

2017-2020 Board Member, Smyth County Community Hospital

2017-2020 Board Member, Smyth County Development Foundation

2017-2020 Editorial Board Member, Clinician Reviews

2016-2018 Assistant Organizer, Remote Access Medical (RAM) Smyth County

2018-2019 Ballard Health Community Benefit and Population Health Workgroup Member

2018 Virginia Association of Free and Charitable Clinics Membership Standards Workgroup 2016-2017

Board Member, Southwest Virginia Area Health Education Center (AHEC)

2016-2017 Volunteer Clinician, RAM, Smyth County

2015-2017 Member, Mountain States Health Alliance: Mental Health and Addiction Workgroup Steering Committee

2012-2017 National Health Service Corps Ambassador

2012-2014 Board Member at Large, New Hampshire Society of Physician Assistants

- 2012-2014 Legislative Commission on Primary Care Workforce Issues, New Hampshire
- 2012-2014 New Hampshire Diversity Initiative Learning Collaborative on Culture
- 2012-2014 Health Services Advisory Committee, Southern New Hampshire Services, Head Start
- 2000-2002: Volunteer Family Practitioner for Uninsured/Homeless Clinic, Lewiston, ME
- 1994-2000: Volunteer Family Practitioner for Migrant Workers: Smith River Migrant Health Clinic: Del Norte County, CA.
- 1994-2000: Delivered educational sessions on medical conditions and treatments to local organization of 'senior citizens' on monthly basis
- 1992-1994: Volunteer Student Clinician, Clinic for the Homeless, Philadelphia, PA

### **Honors & Awards**

- 2022: Faculty of the Year, West Coast University
- 2018: Healthcare Hero Cup of Kindness Community Service Award. Business Journal of Tri-Cities annual award to an individual or organization for excellence in public health.
- 2013: Drexel University's Sherry Stolberg Alumni of the Year Award.
- 2009: Pi Alpha National Honor Society. Inducted into the national physician assistant honor society by Drexel University for the promotion & recognition of significant academic achievement, leadership, research, community & professional service.
- 2009: Awarded Distinguished Fellow status in American Association of Physician Assistants. 2008: Award for Excellence - St. Mary's Regional Medical Center
- 2005: Psi Chi, National Honor Society in Psychology. Lifetime national recognition for academic excellence in the study of psychology.
- 2000: State of California Senate Certificate of Recognition for service in Del Norte County
- 2000: Certificate of Recognition for Outstanding Service to Community Award, Redwood Coast Regional Center, Crescent City, Del Norte County, California
- 1996: Certificate of Recognition for Outstanding Achievement & Contribution Award, Regional Migrant Education Association, California
- 1994: Honors recognition in both primary care & surgery, National Commission on Certification of Physician Assistants
- 1993: National Health Service Scholarship Recipient
- 1988: Magna Cum Laude Honors, University of Massachusetts, Boston

### **Articles & Texts**

- Feirstein, J. & Richards, S. (2022). Family Medicine. In B. Darwin, T. Ritsema, R. Ballweg, & D. Vetrosky (Eds.), *Physician Assistant: A Guide to Clinical Practice* (7<sup>th</sup> ed., pp. 180-189). Philadelphia, PA: Elsevier.
- Richards, S. & Feirstein, J. (2018). Family Medicine. In B. Darwin, T. Ritsema, R. Ballweg, & D. Vetrosky (Eds.), *Physician Assistant: A Guide to Clinical Practice* (6<sup>th</sup> ed.). Philadelphia, PA: Elsevier.
- Barclay, T., Richards, S. (2015). Mental Optometry: A new psychotherapeutic approach integrating neurobiology, visual perception and imagery, and emotions and behaviors. *GSTF Journal of Psychology*, 2(1), 41-47.
- Barclay, T., Richards, S., Schoffstall, J., Magnuson, C., McPhee, C., Price, J., Aita, S., Anderson, A., Johnson, D., Price, J. (2014). A pilot study on the effects of exercise on depression symptoms using levels of neurotransmitters and EEG as markers. *European Journal of Psychology & Educational Sciences*, 1(1), 30-35.

### **Paper & Poster Presentations (Peer-Reviewed):**

- Abel C, Dunican K, & Richards S. An interprofessional cultural competence activity for all first professional year pharmacy and physician assistant students. Poster presented at: AACP Annual Meeting, Pharmacy Education; July, 2013; Chicago, IL.
- Richards, S. A chaos theory perspective on mortality salience & resultant terror management. Paper presented at: The Annual International Conference of the Society for Chaos Theory in Psychology & Life Sciences; 2006; Johns Hopkins University, Baltimore, MD.

### **CME and Other Presentations (Invited and Peer-Reviewed):**

- Hirschler, C., & Richards, S. Adapting to Challenging Leadership in Academic: A Mindful Approach. Presentation at the national Academic Chairpersons Conference, February, 2021.
- Richards, S. Student Remediation & Support. Workshop facilitation and presentation at the national Physician Assistant Education Association's New Faculty Jumpstart Workshop, May 2021.
- Richards S. Student Remediation & Support. Workshop facilitation and presentation at the Physician Assistant Education Association's Faculty Jumpstart Workshop, February 2021.
- Richards S. Communicating Expectations: Writing Instructional Objectives. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2019, Washington DC.

- Richards S. Exam Data Analysis. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2019, Washington DC.
- Richards S. How to Navigate the Road to Promotion and Tenure. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2019, Washington DC.
- Richards S. Early Recognition, Evaluation and Treatment of Patients with Premenstrual Dysphoric Disorder. CME presentation at the Association for Family Practice PAs and NPs Annual CME Symposium, February 2019, San Antonio, NM.
- Richards S. Diagnosis and Evidence-Based Treatment of Patients with PTSD. CME presentation at the Association for Family Practice PAs and NPs Annual CME Symposium, February 2019, San Antonio, NM.
- Richards S. Effective Presentations. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2018, Washington DC.
- Richards S. Exam Data Analysis. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2018, Washington DC.
- Richards S. Understanding the ARC-PA and Accreditation. CME presentation at the annual Physician Assistant Education Association Faculty Development 101 Workshop, April 2018, Washington DC.
- Richards S. Bipolar Depression: Early Identification, Evaluation, and Treatment. CME presentation at the inaugural Association for Family Practice PAs and NPs Annual Early Disease Detection and Disease Prevention Symposium, April 2018, San Antonio, NM.
- Richards S. Suicidality and Suicide Prevention: Early Identification, Evaluation, and Treatment. CME presentation at the inaugural Association for Family Practice PAs and NPs Annual Early Disease Detection and Disease Prevention Symposium, 2018, San Antonio, NM.
- Richards S. Somatic Symptom and Related Disorders: Identification, Evaluation, and Treatment. CME presentation at the inaugural Association for Family Practice PAs and NPs Annual Early Disease Detection and Disease Prevention Symposium, 2018, San Antonio, NM.
- Richards S. Introduction to Motivational Interviewing. Two-Part CME Presentation for Johnston Memorial Hospital, Family Medicine Residency and Internal Medicine Residency, Grand Rounds. July 2017.
- Richards, S. Suicide prevention and the ZeroSuicide initiative: An evidence-based approach to improving outcomes. Presentation for Johnston Memorial Hospital, Family Medicine Residency, Grand Rounds. March 2016.
- Richards S. Bipolar Disorder: Pharmacotherapy and Treatment Update. CME presentation at the annual Delaware Academy of Physician Assistants Pharmaceutical Update conference, 2015, Delaware
- Richards S. ADHD: Pharmacotherapy and Treatment Update. CME presentation at the annual Delaware Academy of Physician Assistants Pharmaceutical Update conference, 2014: Delaware.
- Richards S. Improving difficult patient encounters: Identifying and using object relations, transference and countertransference issues in patient interactions. CME presentation at: New Hampshire Society of Physician Assistants Annual Primary Care CME Conference; 2012; Nashua, NH.

#### **Other Presentations:**

- Richards S. Mindful Leadership. Presentation for Monmouth University's Health Education and Physical Education Department. October 2021.
- Richards S. Understanding Climate Change Denial: A Terror Management Theory Explanation. Presentation for Monmouth University's Annual Climate Crisis Teach-In. October 2021.
- Richards S. Incorporating Team-Based Learning in Your Class. Presentation for Emory & Henry College Faculty Professional Development Week. May 2019
- Richards S. Academic support strategies for graduate clinical health science students. Presentation for Emory & Henry College's Powell Resource Center staff. January, 2016.
- Richards S. A psychodynamic and mindfulness perspective on leadership and difficult interactions. Presentation and workshop given for the Lynchburg College Anderson Leadership Conference Workshop: Thinking 'Outside of the Box' about Leadership, February 2015.
- Richards S. Understanding self-esteem and self-efficacy and the neurobiology of fear: The real reasons why individuals do not do well in college. Presentation given for the Lynchburg College Annual Academic Recharge Symposium, September 2014.

#### **Peer-Reviewing/Text Contributions & Editing Activities:**

- 2024: Invited peer-reviewer for conference proposal abstracts for the Association of Clinicians for the Underserved annual conference
- 2024: Invited peer-reviewer for conference presentation submissions for the 2024 Physician Assistant Education Association's Annual Education Forum
- 2023: Invited peer-reviewer for conference proposal abstracts for the Association of Clinicians for the Underserved annual conference
- 2023: Invited peer-reviewer for conference presentation submissions for the 2023 Physician Assistant Education

Association's Annual Education Forum

- 2022: Invited peer-reviewer for conference presentation submissions for the 2022 Physician Assistant Education Association's Annual Education Forum.
- 2021: Invited peer-reviewer for conference presentation submissions for the 2021 Physician Assistant Education Association's Annual Education Forum.
- 2020: Invited peer-reviewer for conference presentation submissions for the 2020 Physician Assistant Education Association's Annual Education Forum.
- 2019: Invited peer-reviewer for conference presentation submissions for the 2019 Physician Assistant Education Association's Annual Education Forum.
- 2018: Invited peer-reviewer for conference presentation submissions for the 2019 National Health Care for The Homeless' Conference & Policy Symposium.
- 2017-2020: Editorial Advisory Board Member as the PA Representative, Clinician Reviews.
- 2016: Peer Review Editor for CME Outfitters, LLC continuing medical education presentation: "Nurse Practitioners and Physician Assistants: The Front-Line in the Diagnosis of Bipolar Disorder";2016.
- 2013: Contributor - Behavioral Test Review Committee. Auth P, Kerstein M, eds. Physician Assistant Review. Philadelphia, PA: Lippincott Williams & Wilkins;2013.

### **Present Board Certification and Licenses**

- Virginia License Eligible, Clinical Psychologist
- 2015-Present: PA License - Virginia Board of Medicine
- 2000-Present: PA License - Maine Board of Licensure in Medicine
- 1994-Present: NCCPA Board Certification

### **Professional Memberships**

- American Academy of Physician Assistants, Distinguished Fellow
- American Psychological Association, Member
- Association of Family Practice Physician Assistants & Nurse Practitioners, Fellow
- Association of Clinicians for the Underserved, Member
- New Jersey State Society of PAs, Member
- Society of Behavioral Medicine, Member