



Transitions Transitions



THE MILITARY

May/June 2006



D/omark
©2005

How to Turn 2 Feet Into 15 Yards Advantage



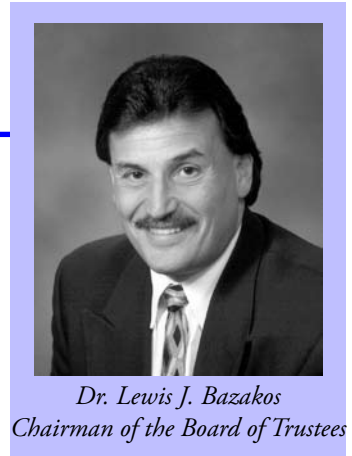
Let us introduce you to every golfer's secret weapon. It helps improve their swing, helps them hit the ball farther, and it's perfectly legal. It's the custom-made ParFlex Plus[®] Spinal Pelvic Stabilizer, and it's only available from Foot Levelers.

Try the ParFlex Plus today!

1-800-553-4860 (U.S.) • 1-800-344-4860 (Canada) • 1800 800 963 (Australia)
0120 880 497 (Japan) • www.footlevelers.com



FOOT LEVELERS, INC.
The Posture Specialists™



Military Opens to Chiropractic

Since 2001, when federal legislation mandated that chiropractic was to become a permanent benefit for active-duty personnel at designated sites, chiropractic has steadily achieved a heightened presence in the armed forces. As a result, the profession now offers our men and women in uniform a unique, conservative and non-invasive approach for the relief of pain and enhancement of wellness. Health complaints generally presenting to site chiropractors are foot, leg and ankle problems; lifting strain; and back problems. According to a 2005 study published in *Anesthesia and Analgesia*, low-back pain was a common pain complaint among injured soldiers medically evacuated from Operation Iraqi Freedom. In fact, lumbar radicular pain and axial low-back pain – conditions that are often treated with chiropractic treatment – were prevalent in 53 percent of the injured personnel sampled and arose through such activities as heavy lifting, motor vehicle accidents and falls.

Currently a military health benefit for veterans, chiropractic was recently introduced to the Veterans Affairs of Western New York Health Care System at Buffalo through a pioneering collaboration between NYCC and the VA system. The impact of chiropractic's entrée into the military is considerable. The Department of Veterans reveals that of the 24.3 million veterans currently alive, nearly three-quarters of them served during a war or an official period of conflict. As a result, an astounding 63 million people are potentially eligible for VA benefits either as veterans, family members, or survivors of veterans.

All of this spells opportunities for chiropractic professionals, and should result in better health for military personnel and their families. Working in the military invariably takes its toll on our soldiers and sailors who have undertaken the protection of American's hard-won freedoms. In return, chiropractors will make every effort to liberate them from pain and disease.

New York Chiropractic College
2360 State Route 89
Seneca Falls, NY 13148-0800



May/June 2006

Public Affairs Office
(315) 568-3146
e-mail: pvantyle@nycc.edu

Editor/Executive Director of Institutional Advancement

Peter Van Tyle

Advisor/Designer

Peggy Van Kirk

Editing Associate

Vicki Baroody

Cover/Illustrations

Dennis Homack, D.C., '97

Writers

Jessica Gregory

Kathryn Hadley

Photography

Bernie Cecchini

Morris Houghton

Eoin Gregory

Research Assistant

Carol Simolo

Student Contributors

Paul Blackledge

Val D'Ottavio

Eoin Gregory

Alumni Relations

Diane Zink

TRANSITIONS is a publication of New York Chiropractic College and is distributed to over 6,000 professionals, State Boards, Associations, State Publications, all NYCC students and other interested parties.

TRANSITIONS and New York Chiropractic College shall not be responsible for lost copy or printing errors.

TRANSITIONS is published six times a year.

INSIDE THIS ISSUE

Trustees' Profile4
President's Council 6-7
Series Introduction: "NYCC Chiropractors Greet Military's "Evolving"
Healthcare System 12-17
Academic Spotlight20
Faculty Spotlight21
News Briefs 25-28
Alumni Relations 30-31
Scholarships32
What's News33
Postgraduate and Continuing Education 34-37
Commencement.....38

Trustee George B. McClelland, B.S., D.C.

Trustee George B. McClelland's interest in the chiropractic educational system and NYCC began in the mid-1980s, when serving on accreditation site teams for the Council on Chiropractic Education. He explains, "Two of the teams I served on evaluated NYCC, when it was on the Long Island campus. NYCC's history and its development have been of interest to me ever since." Dr. McClelland continues, "While there are many attributes associated with NYCC, the most impressive characteristic that struck me was the progressive attitude that had committed its educational programs and clinical outreach toward integrating the chiropractic graduate into the existing healthcare system." When Drs. Peter Ferguson, Kenneth Padgett and Lewis Bazakas approached him about becoming a Trustee at NYCC, he welcomed the opportunity.



Dr. George B. McClelland

Integration

Dr. McClelland comments that he has "long held the opinion that the future of our profession would be based upon our ability to integrate chiropractic into modern-day healthcare." Impressed with NYCC's new acupuncture program, he says, "It would appear over the last 30 years that chiropractic and acupuncture have become a natural fit." Although Dr. McClelland is certified in acupuncture, he does not utilize it in his Virginia practice. He explains, "I do have an understanding of its value, and I refer numerous patients to other practitioners who provide that service. I think acupuncture is just one area of many in which our profession needs to continue to expand its range of interest. I strongly believe that our profession has to continue to embrace new and different modes of healthcare in order to expand our capacity to help those patients who continue to place their lives in our hands for appropriate care." Dr. McClelland continues, "If our profession chooses to only stand and protect the traditional theories and interventions that were developed 50 or more years ago, then in my opinion our future is very bleak. If however, we choose to expand our diagnostic and therapeutic capabilities based upon new science and new information that continues to develop, we may have the opportunity to move chiropractic ahead as a viable provider of healthcare in the 21st century." He concludes, "As many have stated before, if you don't continue to progress you wither and die."

Education and Professional Affiliations

After earning a bachelor's degree in pre-medicine from Davidson College, McClelland completed Bachelor of Science and Doctor of Chiropractic degrees at National College of Chiropractic (NCC)

in 1969. Since then, his involvement in the chiropractic profession can only be characterized as incredibly impressive. He is a diplomate of both the American Board of Chiropractic Consultants and the American Board of Forensic Professionals, and is a Certified Disability Examiner with the National Association of Disability Evaluating Professionals. He has had thousands of hours of postgraduate education and speaking engagements. Among his many published works, his resume includes the *Journal of American Chiropractic Association*, as well as a brochure and videos for the Foundation for Chiropractic Education and Research (FCER) and the American Chiropractic Association (ACA.)

Dr. McClelland's listed professional memberships on the national, state and local levels are equally remarkable. He served in the ACA House of Delegates for 25 years and most recently left its board of governors as the immediate past-chairman. He has been a member of the FCER (where he currently serves as vice president and is on the Research Committee, board of trustees, and President's Council), American College of Chiropractic Orthopedists, American Public Health Association Chiropractic special primary interest group, the American College of Chiropractic Consultants, and the Council on Chiropractic Guidelines and Practice Parameters. On the state level, Dr. McClelland is active with both the Virginia and Florida Chiropractic associations; and, locally, he is a member of the Rotary Club, the Chamber of Commerce, and his local country club.

Family

Dr. McClelland and his wife, Susan, live in Blacksburg, Virginia. He has two sons from a previous marriage. Todd, the eldest, has degrees from both Georgia Institute of Technology and Florida State University, and is currently a partner in a law firm in Atlanta. His younger son, Brett, served eight years in the Navy and is currently completing studies to become a middle-school teacher. Dr. McClelland says, "Susan and I basically live in an empty nest, with the exception of two very fuzzy Himalayan cats - Bella and Oliver."

In their spare time, the McClellands enjoy playing golf. Dr. McClelland notes, "We get great pleasure playing together, especially when we have the opportunity to travel and play." He also enjoys reading military history. He says, "My favorite is the Civil War, which is almost a necessity if you live in Virginia."

We welcome you, Dr. McClelland, and thank you for your leadership.

Colleen O'Neill, Acupuncturist and Instructor

Colleen O'Neill, L.Ac., recently became a full-time instructor in the Acupuncture and Oriental Medicine program. Based at the Depew Health Center, she treats patients and supervises acupuncture students at that location three days each week; she also spends two days at the Seneca Falls campus, where she supervises students at the Campus Health Center and teaches classes. Colleen has been the lead instructor for the advanced clinical elective as well as the assistant instructor for courses in meridians and points, clinical skills, diagnosis, and *tui na*. As an instructor, she makes every effort to remain current with acupuncture's latest research and developments.



Colleen O'Neill, L.Ac.

with Dean Marilee Murphy at NYCC, she was contacted and asked to submit a resume. Colleen began by assisting in various practical classes and soon joined the Depew Health Center as an independent contractor. In January of 2004 she became an adjunct instructor and by June of 2005 was a supervising clinician. Her role became full-time faculty clinician on May 1, 2006.

Born in Buffalo, Colleen loves the Finger Lakes region and is pleased to be back in the area. She is thrilled to share her passion for acupuncture with the community and will be presenting several seminars in the Depew area during the coming months on topics such as balance and harmony with acupuncture

Why She Chose Acupuncture

Although she had long been interested in medicine, Colleen knew she did not want to be a doctor or nurse. She entered the field of engineering and later became an emergency medical technician for the Geneseo N.Y., Volunteer Fire Department. Her interest in acupuncture developed after she began to suffer from severe migraine headaches and discovered that the pain medication made her feel ill. She gave acupuncture a try, was impressed with the results, and immediately felt she should learn more about it. Her acupuncturist allowed her to visit and shadow in clinic, and suggested some books for her to read. With the sense that she had finally found what she "wanted to be when she grew up," she decided on acupuncture as a career.

Education

Having earned bachelor's degrees in both psychology and industrial engineering at the University of Buffalo, Colleen completed her Master of Acupuncture degree in 2000 at the New England School of Acupuncture, where she received the prestigious Tsay Fellowship for Excellence in Acupuncture. She is a licensed acupuncturist in the state of New York and holds diplomate status with the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). Colleen has continued her studies under various masters of acupuncture in both the United States and Japan, and has completed clinical training at Zhejaing Provincial Hospital of Traditional Chinese Medicine in the Peoples Republic of China.

Why NYCC?

After graduating from the New England School of Acupuncture, Colleen became student affairs coordinator there, working as a teaching assistant. She also maintained a private practice in the area. When one of her clients – a soon-to-be NYCC acupuncture student – mentioned Colleen's name during her entrance interview

– de-stressing your life, women's health and wellness, and pain management.

For more information on acupuncture and the Depew Health Center or to make an appointment, please call (716) 685-9631.

touch listen
adjust
heal thrive

NEW YORK
CHIROPRACTIC
COLLEGE
ADVANCING THE SCIENCE OF WELLNESS

UNLEASH YOUR POTENTIAL AT NEW YORK CHIROPRACTIC COLLEGE.

Ask about our Master of Science degrees in:

- Applied Clinical Nutrition (Fall 2006)
- Acupuncture
- Acupuncture & Oriental Medicine

Become educated and empowered to be a successful Doctor of Chiropractic at NYCC. Leave with the diagnostic capabilities and technical skills you need to become an integral part of one of the most significant health care professions—in a traditional stand-alone practice, or as part of an integrated healthcare team.

Call 1.800.234.6922 (NYCC) today or visit www.nycc.edu to learn more.

New York Chiropractic College is accredited to award the Doctor of Chiropractic degree by the Commission on Accreditation of the Council on Chiropractic Education.



President's Council plays a vital role in the life and well-being of New York Chiropractic College. Its valued members play a pivotal role in allowing us to meet our goals by financially supporting the College's

President's Council

\$2,500 or more

Dr. & Mrs. Richard E. Carnival*
New York, NY

Dr. Glenn '94 and

Dr. Christine '94 Foss

Riverdale, NJ

Dr. & Mrs. Frank J. Nicchi '78

Seneca Falls, NY

Mrs. Kenneth Rogers

in Memory of Kenneth Rogers

Seneca Falls, NY

Dr. & Mrs. John P. Rosa '92*

Rockville, MD

\$1,500-\$2,499

Dr. & Mrs. Robert A. Crocker, Jr.*

North Babylon, NY

Drs. George & Teresa Ngo '72

Garfield, NJ

Dr. Charles R. Solano '67 &

Dr. Peggy Grabinski-Solano

Yonkers, NY

Wilson Press/Mailhouse

Seneca Falls, NY

\$1,000 to \$1,499

Dr. Donald S. Allen

Canandaigua, NY

Mr. & Mrs. Sean Anglim

Seneca Falls, NY

Dr. William Atherton '95

North Miami Beach, FL

Dr. Brett Axelrod '91

Elmsford, NY

Dr. Raymond Bartoli '95

Brooklyn, NY

Dr. Lewis J. '78 &

Dr. Olga Gazonas '83 Bazakos*

Valley Stream, NY &

Long Island City, NY

Mr. & Mrs. John E. Becker II

Waterloo, NY

Dr. Joan Benko '81

Palm Harbor, FL

Dr. & Mrs. G. Lansing Blackshaw*

Belfast, ME

Bond, Schoeneck & King, L.L.P.

Syracuse, NY

Dr. Susan Bradley '94

New York, NY

Mr. Eugene B. Bradshaw

Seneca Falls, NY

Dr. Barry Burak '78

Miami, FL

C. H. Insurance

Syracuse, NY

Dr. Louis Catapano '85

Rochester, NY

Cayuga Press of Ithaca

Ithaca, NY

Dale Surgical Professional Supply

(Joseph S. Ruggirello, President)

Bohemia, NY

Dr. Robert Daley*

New Hyde Park, NY

Dr. Gregory DeMaille '92 and

Dr. Susan DeMaille '96

Frederick, MD

Dr. & Mrs. Thomas DeVita '75*

Acton, MA

Dr. Mary DiDio '88*

Huntington Station, NY

Mrs. Diane C. Dixon

Syracuse, NY

Dr. Joseph S. Ferezy

West Des Moines, IA

Dr. & Mrs. Peter D. Ferguson*

N. Canton, OH

Dr. Margaret M. Finn '92

Geneva, NY

Foot Levelers, Inc.

Roanoke, VA

Dr. Lillian M. Ford '85

Geneva, NY

Dr. & Mrs. Arnold E. Forster '60

Great Neck, NY

Geneva Club Beverage Co., Inc.

Geneva, NY

Mr. & Mrs. David Hamblett

Johnson City, NY

Harlan Health Products

Pelham, NY

Dr. Sylvia Heyman '89* &

Mr. David Heyman

New York, NY

Dr. Joseph L. Hoffman, P.C. '78

Roswell, GA

Dr. & Mrs. Herbert R. Holden

Seneca Falls, NY

Dr. & Mrs. Robert A. Jarmain

New York, NY

Mr. & Mrs. Robert E. Kernan, Jr.*

Seneca Falls, NY

Mr. Peter & Mrs. Gretchen Koch

Seneca Falls, NY

LSV Management

Chicago, IL

Dr. & Mrs. Salvatore D.

LaRusso '78

Wellington, FL

Mr. & Mrs. H. Russel Lemcke

Falmouth, MA

Dr. Lester Levine '74

Longwood, FL

Dr. Frank S. Lizzio '80

Parkchester, NY

Dr. Joseph J. Lombino '84

Monroe, NY

Dr. Kevin Lynch '94

Hazlet, NJ

Dr. Ronald G. Manoni '81

Danbury, CT

Dr. Joseph A. Mascaro '84

Niantic, CT

Mason Selkowitz McDermott

Penfield, NY



Ms. Mary Jo Maydew*
South Hadley, MA
Dr. Robert Mastronardi*
Warrick, RI
Mr. & Mrs. Walter McCarthy*
Sandy Hook, CT
Dr. & Mrs. George B. McClelland*
Christiansburg, VA
Dr. & Mrs. J. Clay McDonald
Seneca Falls, NY
Dr. & Mrs. Tyran Mincey '98*
Montclair, NJ
Dr. & Mrs. William Murphy '78
Jupiter, FL
Dr. Serge Nerli '83*
Fresh Meadows, NY
Dr. & Mrs. Kenneth W. Padgett
Romulus, NY
Dr. Richard &
Dr. Maria Pashayan '82
Garden City, NY
Dr. & Mrs. Valerio A. Pasqua*
Larchmont, NY
Dr. Stephen A. Pokowicz '93
Hamlin, PA
Pricewaterhouse Coopers
Syracuse, NY
Prime, Buchholz & Associates, Inc.
Portsmouth, NH
Dr. Michael J. Rodriguez '78
Ormond Beach, FL
Mr. & Mrs. Brien Rogers
Romulus, NY
Dr. Rick Rosa '96 & Dr. Dina
Tagliareni-Rosa '97
Alexandria, VA
Dr. & Mrs. Robert A. Rowe '92
Annapolis, MD
Dr. Mark L. Sanna '87
Weston, FL
Dr. Philip T. Santiago '78
Lake Hiawatha, NJ
Seneca Meadows, Inc.
Waterloo, NY
Dr. & Mrs. Roy H. Siegel '77
New York, NY

Mr. George G.** & Mrs. Susan Souhan
Romulus, NY
Dr. & Mrs. Scott N. Surasky '81*
Great Neck, NY
Dr. Peter Szakacs '78
Wesley Chapel, FL
Mrs. Robert Tarnow
Naples, FL
Dr. & Mrs. Lee Van Dusen
Seneca Falls, NY
Dr. & Mrs. Thomas R. Ventimiglia '80
Woodhaven, NY
Dr. Andrew S. Wasserman '82
Coral Springs, FL
Dr. Wayne M. Winnick '81
New York, NY

*Board of Trustees Members
**Deceased

Corporate Support

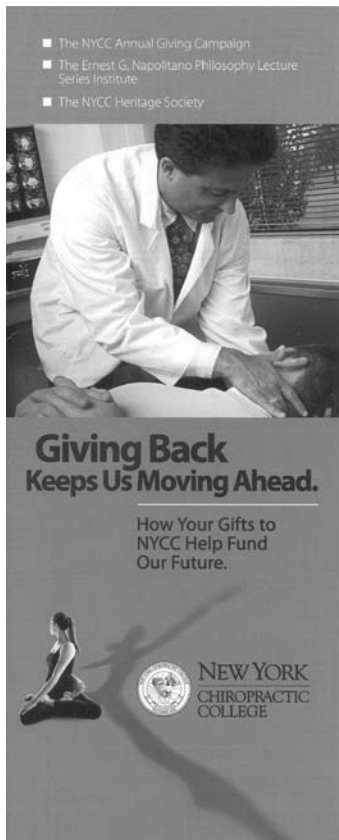
Platinum Sponsor
Anabolic Laboratories, Inc.
Ed-Invest
Foot Levelers
Gold Sponsor
NCMIC
Seneca Meadows - IESI
Performance Health/Biofreeze
Silver Sponsor
Lloyd Table Company
Scrip, Inc.

Giving Campaigns

\$5000.00 or more
Scholarships
Dr. Kenneth W. Padgett
funded by NYCC Alumni Association
Dr. Michael A. Hoyt '78
Dr. George '49 & Frances Koenig

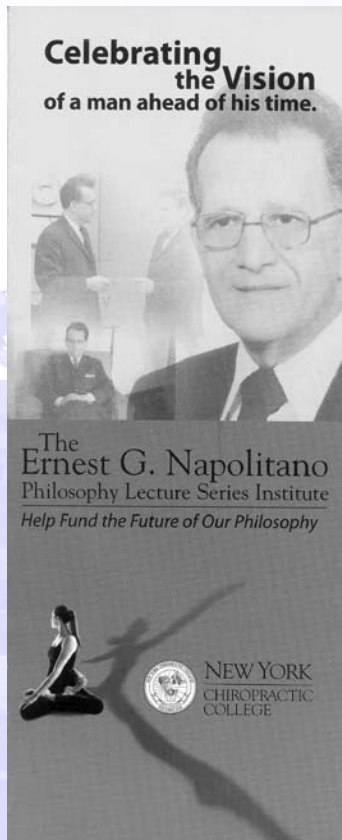
Memorial Scholarships
Dr. Jack DiBenedetto
Dr. William & Florence
Crowther
Dr. Wendy Fein '77
Dr. Arnold "Mickey" &
Lucille Goldschmidt
Dr. & Mrs. Herbert S. Law
Dr. Marvin B. Sosnik
Dr. Walter L. Vaughn
Heritage Society
Dr. Art Kellenberger '78
Dr. I. Richard '55 & Edna S.
Osder
Dr. Helene Rebenklau '39
Memorials
In memory of Dr. William Hynan
Mrs. William Hynan
Dr. & Mrs. Kenneth W. Padgett
Dr. & Mrs. Valerio A. Pasqua*
In memory of Dr. Frank Cartica '79
Dr. Robert A. Crocker, Jr.*
Dr. Sylvia Heyman '89* &
Mr. David Heyman
Dr. Serge Nerli '83*
Dr. & Mrs. Valerio A. Pasqua*
In memory of Marian Griffel
Dr. Ronald J. Wellikoff '76
In memory of Marie Pavlik Michael
Dr. Ronald J. Wellikoff '76
In memory of Ida G. Hyde
Dr. Ronald J. Wellikoff '76
Annual Fund (\$500 or more)
Dr. Stephen Eble '81
Dr. Kevin Lynch '94
Dr. Lee T. Masterson '83
Dr. Duane R. Sadula '88
Mrs. Robert Tarnow
Drs. Andrew '00 &
Andrea '00 Williamson
Ernest G. Napolitano Institute
(\$500 or more)
Dr. Craig B. August '83
Dr. Arnold Forster '60
Ms. Josephine Mingoia
Entries current through 6/2/06

The NYCC
Annual Giving Campaign



Give Back to the Future

The Ernest G. Napolitano
Philosophy Lecture Series Institute



I Want to Help Fund the Future
of Our Holistic Philosophy.

The NYCC Heritage Society
Create Your Legacy of Learning



Become a Legend

Shape history and create the future . . . of NYCC. Your membership in the NYCC Heritage Society ensures that your voice and values will be part of your legacy at NYCC.

Tell me more about making a planned gift to NYCC. My giving interests include (please check all that apply):

- Bequests
- Life Insurance
- Real Estate
- Stocks, Bonds and Mutual Funds
- Retirements Assets
- IRs, 402Ks, 403Bs and Annuities
- Charitable gift annuities

I CAN MAKE A DIFFERENCE - HERE'S MY GIFT TO NYCC

President's Council

- \$5,000
- \$2,500
- \$1,000

Annual Fund*

\$_____

Napolitano Campaign

\$_____

Heritage Society

- Please send me more information.
- I am a member.

*Annual Fund contributions of \$1,000 or more qualify you for President's Council membership.

Name _____ Date _____

Address _____

City/State/Zip _____ Phone No. _____

Method of payment: Check (payable to NYCC) VISA MasterCard Discover
Credit Card # _____ Expiration Date _____

Contributions of \$1,000 or more can be charged:

- Lump Sum
- Semi-Annually
- Quarterly
- Monthly



TO MAKE A GIFT BY PHONE/FAX OR
FOR MORE INFORMATION CALL:
1-800-234-6922 (Ext. 3151)
315-568-3153 (FAX)

TO MAKE A GIFT ONLINE
VISIT OUR WEB SITE:
[https://www.nycc.edu/
giving/give.html](https://www.nycc.edu/giving/give.html)

MAIL FORM/CHECKS TO:
New York Chiropractic College
Attention: Jill Henry
2360 State Route 89
Seneca Falls, NY 13148

NYCC Alum Makes Literary Debut

Douglas J. Taber, D.C. (NYCC '98), made his literary debut May 1 with his book, *The Back Pain Solution: Unlocking the Spinal Code*. In Dr. Taber's words, "Unlocking the Spinal Code' means understanding and appreciating that spinal dysfunction has increasingly been linked to pain and poor health. Research is consistently confirming what chiropractors have said for over 100 years – that spinal health, posture, diet and exercise are integral parts of a wellness lifestyle."



Dr. Douglas J. Taber



It was a strong belief in chiropractic's approach to wellness care that led Dr. Taber to the profession. "The longer I am in private practice," he says, "the more enthusiastic and inspired I become about what we do." He explains that the inspiration to write a book on this particular topic came from his patients: "As a society, we are inundated with advertising for prescription and over-the-counter medications, yet there is little, if any, exposure to the benefits of chiropractic treatment. Patients with back pain are often referred for physical therapy or prescribed medications because they are unaware of any other options." He believes that his interest in bridging the gap between research and the practical application of treatment put him in a unique position to write the book. He wanted, as he put it, "to share the message with a wide audience and to elevate the status of the chiropractic profession in the eyes of everyone who reads it."

Focus of the Book

The Back Pain Solution discusses the causes and treatment of back pain, neck pain, headaches and whiplash, and includes a section on integrated spine care as well as one on the diagnosis of back and neck pain. Another chapter is devoted to questions regarding chiropractic care. A special section speaks to nutrition and exercise, and

provides ten tips for a healthier lifestyle. The material is well-referenced, citing such highly regarded sources as *Spine, Journal of the Neuromusculoskeletal System, American Journal of Physical Medicine, Neurosurgical Focus*, and many others.

Spending the majority of their time treating patients does not allow chiropractors much opportunity to share what they have discovered about spine care. Dr. Taber hopes his book will increase public awareness of chiropractic's impressive clinical record, its remarkable safety record, and its important role in decreasing prescription drug use and unnecessary hospitalization. "Every chiropractic office should have a copy [of the book] in the reception room" to serve as an educational tool for patients and as a reference for his or her colleagues. The book is concise and, according to Taber, "makes information accessible and easily understood by anyone interested in understanding options available for pain relief and wellness care."

Background

Originally from Cato, N.Y., Dr. Taber possesses a Bachelor of Science from the State University of New York at Fredonia and a Doctor of Chiropractic degree from NYCC. While at NYCC he received the B.J. Palmer Award for literary contributions to the chiropractic profession for an article he authored on reflex sympathetic dystrophy. Currently serving as director of conservative care at the Binghamton Spine Care Center and as chiropractic services director at the Southern Tier Pain Management Program (both multidisciplinary environments), he

still finds time to maintain a private practice in Vestal, N.Y. Dr. Taber, who has worked as a personal trainer, is licensed in both New York and Pennsylvania. He has earned Diplomate status with such groups as the American Academy of Pain Management, the College of Physicians, and the American Association of Integrative Medicine, and was the first chiropractor to achieve Diplomate status with the American Association of Spine Physicians. He is a fellow of the American Academy of Integrative Medicine, the American Academy of Experts in Traumatic Stress, and the American Back Society.

Taber is married, and enjoys playing golf and working out. He actively practices what he preaches by being dedicated to a healthy lifestyle. A regular lecturer to healthcare providers regarding back pain and chiropractic, in 2001 Dr. Taber addressed the PGA about preventing golf injuries. Among his many accolades, he was recently nominated as International Health Professional of the Year 2006 by the International Biographical Center in Cambridge, England.

The Back Pain Solution: Unlocking the Spinal Code was released on May 1 by Center Path Publishing, and will be available on Amazon.com as well as at bookstores such as Barnes & Noble and Borders. Plans are also being made to have the book available at the NYCC bookstore. To learn more about Dr. Taber, his book or his practice, you can visit his Web site at www.chiropracticassociates.info, or you can email him directly at cast13850@aol.com.

Not Love, Just Oxytocin

Mary E. Balliett, D.C., Adjunct Assistant Professor



In 2000, Dr. Shelly Taylor at UCLA showed that oxytocin is secreted by women under prolonged stress. Dr. Candace Pert, author of *Molecules of Emotion*, hypothesized that biochemical molecules in the body have both a physiological and an emotional effect. Dr. Taylor found that the emotional effect of oxytocin is “tend and befriend,” which translates into “I like to clean and organize and talk to and spend time with my friends.” Intriguingly, she found that estrogen was needed for oxytocin to have its effect and that testosterone, the hormone that leads to secondary sexual characteristics of maleness, BLOCKED its effect. This means that women would produce oxytocin when they cleaned and talked, and that men would not be interested in either! In addition, in a 1998 study on monogamous Prairie Voles, oxytocin was found to be the hormone of monogamy or, as Dr. Taylor puts it, “adult-pair bonding.” Her finding in women showed that compared to men, who only make adrenalin under stress – with the accompanying drop in dopamine, which we know leads to addiction behaviors – women under stress switched to making oxytocin and would therefore “clean like a lunatic” (as my husband calls it) and would want to be on the phone while folding the laundry! Not surprisingly, the evolutionary cause of this development had to do with tending the nest; if danger approached, the women would gather up the children and take them to safety, since oxytocin is also the hormone of mother-child bonding.

Now it was all making sense. How often do husbands and boyfriends use the phrase

“you’re not my mother, you know”? Since oxytocin mediates both mother-child and adult-pair bonding, it is not surprising that we, as women and mothers, get confused.

But, what’s love got to do with it (as the song goes)? Let’s review how women make oxytocin other than under stress. Women produce oxytocin during childbirth; it is made throughout labor and results in birth. Additionally, it is secreted when the child begins to suckle at the mother’s breast and it “lets the milk down.” It does not cause lactating women to make milk; that is the function of the hormone *prolactin*. But in order for the milk to be let down in response to mechanical suckling, oxytocin is needed. This explains the mother-child bond. But where is the love?

Dr. Taylor found that oxytocin is secreted at five times the normal level in both men and women at orgasm, which I will call “that magic moment” (I went to Catholic school). In addition, it is released during relaxation massage and touch, warmth, and light pressure on all parts of the body (2002 *Medical Acupuncture*). As mentioned above, testosterone blocks oxytocin’s effect while estrogen is needed for it. This means that following being touched and certainly after that magic moment, a woman is likely to pair bond to a man. I use an example from “Seinfeld” for this. There is an episode in which Jerry and Elaine are watching TV. They take a long look at each other and Jerry says, “This is good, but that could be good,” as he uses his hands in a back and forth motion, first between Elaine and himself on the couch and then when pointing

to the bedroom. They then set up “rules of engagement,” such as not calling each other the next day. In the next episode, however, despite the rules, Elaine is calling Jerry pet names! Whether on TV or in real life, as some of my women friends have discovered without even knowing about oxytocin, the nature of a friendship is forever changed once that magic moment has occurred.

In the Principles of Biochemistry class that I teach, I explain this as part of the biochemical action of hormones. I then caution the students that while men may be fine with casual sex, women – no matter what they say – are biochemically less able to engage in it; they will most likely pair bond to the man and then want to spend time together “doing projects and talking about it.” At this point the man is thinking to himself, “How did this happen? I thought we had an agreement.” One trimester, during the break following this portion of the lecture, a 22-year-old male student approached me to ask a question: “She will only pair bond to me if she has that magic moment? So if she does not, she won’t pair bond, right?” I then asked him to hold out his hand. I smacked it and said, “That was so not the take-home message!” This illustrates the difference between men and women. It got me thinking, however, and after the break I asked all the married men to raise their hands. I then asked, “If you get home and your wife is cleaning like a lunatic and on the phone with her mother, sister or best friend, that won’t be your lucky

Continued on page 28

NYCC Teams Up With Hospice Center



Dr. Barry Wiese



Marnae Ergil



Aizhong Li

Thanks to a new affiliation with Lifetime Care – an organization that provides home care, hospice services, and support for caregivers – New York Chiropractic College student interns now get to practice chiropractic and acupuncture in yet another clinical setting. Lifetime Care recently created the Center for Compassion and Healing at its Rochester, N.Y., headquarters, where it offers complementary and alternative medicine to hospice patients, caregivers under stress, grieving family members, and members of the local community. In addition to the chiropractic and acupuncture therapies, the Center also offers wellness classes, support groups, art therapy, music therapy, and massage therapy. Dr. Barry Wiese, an NYCC assistant professor assigned to the Center, supervises the chiropractic services. Acupuncture services are supervised by Associate Professors Aizhong Li and Marnae Ergil.

The arrangement between Lifetime Care and NYCC offers a unique and effective blend of hospice services and complementary therapies. As Wiese explained, “From a chiropractic-care perspective, our College-affiliated hospice center program is like no other I am aware of in the United States. This is most likely the only center of this sort performing this type of care.” He comments that all of the practitioners work together, often cross-referring patients among the different therapies offered there.

Chiropractic services have been well-received by hospice patients; and acupuncture has been sought out by Lifetime Care employees, field nurses, and individuals from the community at large. Ergil said that so far, responses have been very good: “We are educating employees about our services so that they can educate their clients. Our

goals include working with Lifetime Care employees and nurses to relieve stress, and working with hospice patients and their families to help them to manage the grief and stress of bereavement.”

The benefits to patients and students alike are numerous. Chiropractic treatment is particularly helpful for those undergoing physical and emotional stressors associated with the grieving process. Grieving people are often depressed, which can wreak havoc with their normal lives due to changes in their daily activities. Wiese remarked, “The source of a grieving individual’s pain may be emotionally based, exacerbating already existing, mild physical symptoms.” He continued, “There are also increased physical demands that might contribute to a grieving person’s conditions, such as the physical demands of caring for a terminally ill person while maintaining a household, job, and other major responsibilities.”

Patients at the Center often present with low-back pain, neck pain and headaches. People are seeking acupuncture therapy for “everything from stopping smoking to sinusitis to fibromyalgia,” said Ergil. Many of the Center’s patients are dealing with end-of-life issues. Student interns receive special training in grief and bereavement. Wiese said of the clinical experience for the students, “The interns are able to see things

from a different perspective, making them well-rounded as healthcare professionals and as people.”

In addition to treating patients, Wiese attends bereavement support groups to see firsthand what patients and caregivers are going through. Doing so, he feels, makes him a better practitioner. According to Mercy Yule, NYCC’s clinical coordinator in the department of acupuncture and Oriental medicine, “The AOM faculty participate in community workshops such as those for addiction treatment to stop smoking, treatment of pain, and treatment of diabetes.” Ergil added, “We’ve also attended staff meetings at Lifetime Care and have been brought in to meet nurses who have visited the Center from Strong Memorial Hospital’s cancer center.”

Business at the Center is brisk. Beginning in May, hours for chiropractic will be expanded to four full days per week in order to accommodate increased patient demand. Acupuncture will continue to be offered twice a week. Ergil concluded, “We are very pleased with the development of this off-site clinical facility. Since the recent publication of an article in Rochester’s *Democrat and Chronicle*, our patient population has grown. We are excited to be at this site and look forward to serving Lifetime Care’s employees, clients and patients.”

“From a chiropractic-care perspective, our College-affiliated hospice center program is like no other I am aware of in the United States. This is most likely the only center of this sort performing this type of care.”

~ Series Introduction ~

NYCC Chiropractors Greet Military's "Evolving" Healthcare System

During the 18th century, American military medicine began to make its debut as an organized effort to stem the devastating ravages suffered by combatants. In addition to war-related injuries, diseases suffered by servicemen included fevers, venereal disease, dysentery, smallpox, influenza, and malaria. Limited medical resources heightened the challenge. Add to the mix periods of malnourishment, poor sanitation and exposure to harsh environments, and one can comprehend the critical role military medicine was called upon to play. After the smoke of battle cleared, military health practitioners' responsibilities expanded to include the inspection of servicemen's and settlers' living areas, water supplies, and public food preparation. The practitioners also oversaw the cemeteries and directed the posts' hospitals.

During the 19th century, an era in medical medicine that came to be known as "the age of amputation," bones splintered on the battlefield were often treated by removing the offending limb. It is no surprise that morphine addiction, called the "soldier's disease," became common.

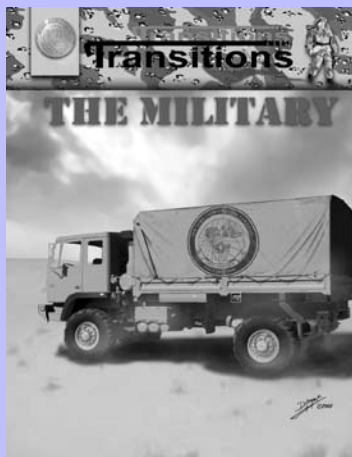
Following World War II, provision of care at the fronts was matched with the establishment of rather impressive medical institutions throughout the United States.

In 1950, with the advent of the Korean War, Congress passed a law known as the "Doctor Draft." Physicians who received notices that their draft numbers were about to come up were given an opportunity to accept a commission in the medical corps of their chosen service. Consequently, the total medical corps increased from 5,000 in 1950 to 18,500

in 1953, eliminating most medical-personnel shortages. The rise of modern military medicine in the 20th century continued through the close of the Vietnam War and into the current conflict in Iraq.

In 1989, the U.S. Department of Veterans Affairs (VA) was created to assume the responsibility of the Veterans Administration, an independent organization established in 1930. The Veterans Health Administration is the branch that manages medical centers, outpatient, communities, and outreach clinics throughout the country - providing a broad spectrum of medical, surgical, and rehabilitative services. When the Defense Authorization Act of 2001 was enacted to mandate chiropractic as a benefit in the VA, New York Chiropractic College was the first academic institution to collaborate, by initiating a program with the VA Western New York Healthcare System at Buffalo. The number of chiropractors within the VA continues to grow. According to the International Chiropractic Association, "As of December 2005, there are 31 doctors of chiropractic employed by the DVA at various facilities, with at least one in each of its 21 geographic divisions" (Veterans Integrated Service Networks, or VISNs).

NYCC assisted with chiropractic's introduction into and its continued presence within America's military, not only on through national networks such as the VA, but also through special placement in such sites as the National Naval Medical Center in Bethesda, Md., and the New York State Guard. Enjoy the following articles that highlight the role of our students, faculty and alumni in a variety of military settings.



Transitions surveys current literature and reports items bearing relevance to featured *Transitions* topics. Our staff makes every effort to relate the information in a relaxed and unencumbered style. We therefore, in many cases, dispense with citations that might otherwise detract from the magazine's overall readability. While we attempt to ensure that the information provided is accurate, timely and useful, we nevertheless acknowledge the possibility of human error and changes in medical sciences. The authors and New York Chiropractic College consequently cannot warrant that the information is in every respect accurate or complete, nor is the College responsible for any errors or omissions or for the results obtained from the use of such information. Rather, readers are encouraged to confirm the information with other sources. The information herein is for educational purposes only and is presented in summary form in order to impart general knowledge relating to certain clinical trials diseases, ailments, physical conditions and their treatments. The data should not be used for diagnosing or treating a health problem or a disease, nor is it a substitute for sound medical advice. Content herein does not replace the advice and care of a qualified health-care provider. Note also that rapid advances in the medical field may cause this information to become outdated, incomplete, or subject to debate. New York Chiropractic College does not recommend or endorse any specific tests, products, procedures, opinions, or other information that may be mentioned herein. Reliance on any such information provided is solely at your own risk. Finally, practitioners are encouraged to acquaint themselves with their states' rules and regulations relating to professional practice.

After Five Years: Clinical Chiropractic Education at National Naval Medical Center, Bethesda



by Matthew Coté, D.C., Assistant Professor

A number of New York Chiropractic College students have completed their internships at National Naval Medical Center, Bethesda, also known as “the president’s hospital.” NNMC is famous for treating the president of the United States, who reports there every year for his physical. It also serves the members of Congress and the Supreme Court, as well as foreign dignitaries and heads of state. NNMC has been very supportive of the chiropractic internship program, which has now completed its fifth year.

Until recently, chiropractic education had significant classroom work but little clinical exposure to disease, pathology or acute orthopedic injury. Hospital-based internships changed all that, exposing aspiring chiropractors to conditions that most had only read about.

The genesis of this milestone in chiropractic education began in the fall of 2000, when the U.S. Navy contracted NNMC chiropractors Terence Kearney and William Morgan. Wayne Carlson, an NYCC student intern at the time, was seeking a preceptorship site and called Drs. Kearney and Morgan. Dr. Lee Van Dusen and I then worked closely with Kearney and Morgan to make a Bethesda internship a reality. It was first necessary to work out details with the commanding officer of the hospital, Rear Adm. Kathleen Martin, who ultimately signed a memorandum of understanding. Carlson graduated before he could rotate through Bethesda; Dr. Gerald Stevens – a 10th-trimester student at the time and now a third-

year clinical fellow at the Depew Health Center – was selected to attend the first available “billet” in 2001.

Interns currently perform rotations through various specialties at the hospital and administer chiropractic treatment to the hospital’s patients. Stevens rotated through the dermatology, orthopedics, physical medicine, neurosurgery, neurology, radiology, neuroradiology and physical therapy clinics, and also watched several surgical procedures. Chiropractic interns’ rotations are structured - divided into daily routines in which

they might spend half the day observing surgery, and the other half examining and treating active-duty servicemen and -women in the chiropractic clinic under staff supervision.

This specially tailored internship program became the model for teaching hospitals at other Department of Defense sites, including Camp Lejeune, N.C. At the Buffalo VA Medical Center, Dr. Andrew Dunn and I proposed a similar program that was accepted due, in large part, to the success of NNMC’s program and the government’s mandate for chiropractic services for U.S. veterans. In 2004, the Buffalo VA Medical Center became the first in the nation to serve as a teaching facility for chiropractic interns.

Drs. Kearney and Morgan hope these types of training programs will set the standard at other military training and VA hospitals. NYCC has, once again, taken the lead in providing valuable clinical opportunities for its students.



“NYCC’s Fellowship program exceeded all of my expectations and provided extraordinary opportunities for personal and professional development.”



“I earned a Master’s of Science degree, was employed to teach at the nation’s premier chiropractic college, and now enjoy a one-of-its kind career within the Veterans Health Administration, all of which was made possible through the NYCC Fellowship program.”

“Thanks NYCC!”

Andy Dunn, D.C., M.Ed., M.S.



New York Chiropractic College ~ 2360 State Route 89 ~ Seneca Falls, NY 13148 ~ www.nycc.edu ~ 800-234-6922 (Ext. 3109)

Lt. Col. Delamere Discusses Chiropractic in the Military

by Paul Blackledge, Student Writer

When Dr. Patrick J. Delamere graduated from the Atlantic States Chiropractic Institute (NYCC's predecessor) in 1962, the healthcare system was far less hospitable toward chiropractic. In those days, as he explains it, "chiropractors were only allowed to sit in the back of the bus." Insurance reimbursement for spinal manipulation was a highly unlikely proposition, and research designed to examine chiropractic's benefits was all but nonexistent. It would be another year before New York State formally even authorized the practice of chiropractic.

Since then, the profession made tremendous strides and Dr. Delamere has kept pace. As a lieutenant colonel in the New York State Guard, he was recently appointed to serve as commander of the 244th Medical Clinic, Latham Dispensary, Camp Smith, Cortland Manor, N.Y. He remains chief of chiropractic services for the Guard and oversees the work of other chiropractors, medical doctors, dentists, pharmacists, podiatrists, nurses, emergency medical technicians, and enlisted medical staff.

Beginnings

Dr. Delamere originally began practice in the Bronx and 1974 opened a new office in Mahopac, NY. In 1995, both his daughter, Siovhan Delamere Fitzpatrick, and her husband, Jim Fitzpatrick, graduated from NYCC. It was only after they took over his Mahopac practice in 1998 that Dr. Delamere considered a career in the New York State Guard. President Bill Clinton had signed legislation introducing chiropractic into the military, but it took another few years before it was significantly realized. He explains that the events of September 11, 2001, stretched the resources of the state guard: "Soldiers were exhausted and needed chiropractic care to get them back to work." Since then, referrals to the chiropractic clinic have increased dramatically. The New York State Guard now has 20 chiropractors on staff.

Chiropractic's Fit in the Military

Chiropractic, he says, "gets soldiers back to duty." Performance enhancement is a common benefit of chiropractic care.

Chiropractors also conduct physical exams on soldiers, both pre- and post-deployment. Lt. Col. Delamere points out that 75 percent of injuries suffered in Iraq are back injuries and that soldiers suffering spinal ailments now have chiropractic spinal manipulation as a rehabilitation option. Even just 10 years ago this would not have happened, he explained, since back injuries would have been managed exclusively with conventional medication or surgery.

Acceptance

According to Dr. Delamere, the medical doctors themselves frequently seek chiropractic treatment at the clinic. One obstetrician on staff chose chiropractic over physical therapy and the other options to treat her knee pain. Another medical physician referred a patient who suffered from high blood pressure to the chiropractic clinic for therapy that included cervical spine manipulation, and medical doctors routinely refer soldiers to the clinic.

Military chiropractic is not an entirely new concept. The Israeli Air Force has had

chiropractors on staff for 10 years; pilots and their crews are mandated to receive chiropractic care at least twice a month. The success of that program is impressive. Here in the United States, the Air Force recently opened a number of chiropractic offices, and the Air Force Academy in Colorado Springs has a chiropractor on staff.

What to Do

Lt. Col. Delamere advises students interested in pursuing a military career to get involved with a reserve unit. Basic training lasts nine weeks, however, and is not exactly "a walk in the park." Opportunities exist for those who are serious about working within a military environment and who are comfortable honoring a strictly enforced rank system. He also noted that state guard units are less likely to deploy overseas; as a result, chiropractic services are more likely to be offered locally.

Chiropractic will continue to integrate increasingly into government-funded health programs. The Veterans Administration now employs doctors of chiropractic, and most insurance plans for federal employees currently cover spinal manipulation. Lt. Col. Delamere is confident that the future for chiropractic in military healthcare looks good. "Make yourself valuable," he urges interested students and alumni. "We will continue to grow like wildfire and the best is yet to come!"

Interested students may contact Dr. Delamere via e-mail at DrDelamere@aol.com or visit his Web site at www.drdelamere.org.



Pictured in Dr. Nicchi's office in the fall of 2004 are (L to R) Capt. Enrique Rodriguez, DC, MD; Lt. Col. Patrick J. Delamere, DC (NYCC '62); NYCC President Frank J., Nicchi, DC, MS (NYCC '78); Capt. Kristina Petrocco, BS, DC (NYCC '03), NYCC fellow; Capt. Ali Jaffari, DC; and Capt. Jason Napuli, BA, DC (NYCC '03), NYCC fellow.

The Bethesda Experience

by Drs. Marc Cesari and Todd Sullivan

This past fall recent NYCC graduates Drs. Marc Cesari and Todd Sullivan served as interns during their 10th trimester at the National Naval Medical Center (NNMC) in Bethesda, Maryland. The program, under the auspices of the United States Navy, takes place at one of the 42 Department of Defense (DoD) demonstration project sites.

Selection Process

We submitted our applications and were told that the selection committee was looking for interns who are extremely personable, could represent the chiropractic profession and NYCC, and would likely earn the respect of the military. Chiropractic practice in the hospital is strictly musculoskeletal - a kind of intern mentality that is encouraged when working at NNMC. Familiarity with the hospital setting and a completion of 75% of the graduation requirements were strongly encouraged. We recommend that students who are interested in this kind of program participate in numerous activities, including seminars, health fairs, presentations, and service projects.

Case Load

Our patients ranged in age from 17 to 90 and were primarily active military personnel, although we also treated retired, high-ranking officers. The majority of the patients were administrators and hospital staff from either NNMC or other bases in the greater Washington metropolitan area. We also treated patients who had recently returned home from the war. We saw primarily neuromusculoskeletal cases, such as carpal tunnel syndrome, thoracic outlet syndrome, meralgia paresthetica, myelopathies, radiculopathies, low-back and neck pain, herniations, plantar fasciitis, and peripheral nerve entrapments.

One aspect of care at NNMC that we came to truly appreciate was the use of digital patient records. We had access to all of our patients' X-rays and MRIs on computer, digitally. We are spoiled with this aspect of treatment, since patient information is not usually readily available in the "civilian treatment world."



NYCC Interns at Bethesda's Naval Medical Center: (L to R) Drs. Todd Sullivan (NYCC '05), Terence Kearney and Marc Cesari (NYCC '05)

How Treating Military Personnel Differs From Treating Non-Military Personnel

The military population is a well-disciplined group who follow treatment plans and who are very prompt. Patients respond to chiropractic treatments better because they are willing to do their part in the treatment process, including rehabilitation and preventative exercise programs. In general, this population is more healthy, athletic and active. We even noticed that our attitudes changed as a result of treating these patients, becoming more respectful and courteous to both military and civilians. Being around it every day makes you appreciate it. It rubs off on you!

Reception by Other Healthcare Professionals

The medical profession accepted us very well and often worked with us to co-treat patients. A majority of our patients came as referrals from family practice, orthopedic, neurology and neurosurgery departments. We very much appreciate Dr. William Morgan and Dr. Terence Kearney, the program's administrators, for their persistence in educating the hospital staff throughout the departments about the benefits of chiropractic and our role in the medical profession. We found that the medical students who

came to NNMC for rotations were not particularly familiar with chiropractic, and we worked to educate them about how we can work together.

Program's Benefits to Interns

The one-on-one clinical experience with a well-seasoned chiropractor was extremely beneficial. We both felt very confident that we were ready to hit the ground running upon graduation. We saw a variety of challenging cases that we would not normally see at the NYCC clinics, and we learned what to look for and how to deal with it. The rotations in the other specialties at NNMC exposed us to various cases and treatment options that we would never see in our office. The volume of patients at NNMC has given us the confidence to perform a thorough examination expeditiously and to see 15 to 20 patients per day. We both feel that this internship emphasized the benefits of being involved in a multidisciplinary setting and has proven that chiropractors are the best conservative option for treating neuromusculoskeletal conditions. Chiropractic experience in a hospital is a once-in-a-lifetime opportunity that can open many doors for us in the future.

A Current Look at Chiropractic's Place in the Military

by Jason G. Napuli, D.C., Clinical Fellow, Campus Health Center, CPT NYG 244th Medical Unit

Chiropractors currently serve the military in a variety of ways. Since congressional passage of the Defense Authorization Act of 2001, mandating that chiropractors be included within military treatment facilities (MTFs) throughout the world, military-related opportunities for chiropractic professionals have flourished. Currently, 42 bases staff doctors of chiropractic. In January 2006, the United States Air Force announced it would add 11 more bases to this list, raising the total to 53. While this comprises but a small fraction of the entire military healthcare system, the number of facilities offering chiropractic care undoubtedly will continue to increase rapidly.

In 1992, the office of the judge advocate general added the following wording to Chapter 513 of the Title 10 United States Code: "Chiropractors who are qualified under regulations prescribed by the Secretary of the Navy may be appointed as commissioned officers in the Medical Service Corps of the Navy." Similar wording can be found for both the Army and Air Force. To date, these federal branches have not commissioned any officers; at the state level, however, chiropractors have been commissioned as military officers and medical specialists.

New York State has taken a lead in this military integration process. In June 2001, the Division of Military and Naval Affairs of New York State (part of the Department of Homeland Security) recognized chiropractors as medical specialists and began commissioning them at the 244th Medical Clinic at Camp Smith, in Corlandt Manor, N.Y. The clinic, under the command of Lt. Col. Patrick Delamere, D.C. (NYCC '62), has provided chiropractic services to personnel of the Army National Guard, Air National Guard, Army Reserve, and New York Guard. Chiropractors have traditionally assisted medical physicians in the performance of physicals and the processing of soldiers traveling overseas. In addition, they have treated many active-duty soldiers suffering from common musculoskeletal complaints, including those of the back, knee, hip, and shoulder. Five of the unit's chiropractors – Capts. Coté, Amy and Aquisto (NYCC alumni); and Capts. Jafarri and Rodriguez – are located in Buffalo as part of the 65th Brigade, offering services within both the Masten Avenue and Connecticut Street armories.

In Rochester, Capt. Kristina L. Petrocco-Napuli - who interned at the Camp LeJeune Marine Base in North Carolina - and I (both NYCC '03) provide services within the Culver Street and Weidner Road armories. We are required to drill one weekend each month, attend administration nights on alternate Tuesdays, and report for training once a year. The service is voluntary, unless activated by the state. During 9/11, for example, the New York Guard Chiropractic



Dr. Jason G. Napuli

Unit was activated for six months to provide chiropractic services to the military personnel in New York City, in and around ground zero. This was the first time in history that chiropractors were activated by the military to provide treatment for fellow soldiers.

Lt. Col. Delamere traveled to numerous states in order to establish state-level chiropractic services within the military, using the New York Guard as a pilot program. Both the Department of Defense and its Chiropractic Oversight Advisory Committee have supported the operations of the New York Guard Chiropractic Services Unit.

Current trends in military medicine include the hiring of independent contractors for healthcare services throughout the country. In fact, due to the costs associated with

training, military hospitals are more inclined to employ healthcare professionals as independent contractors than to commission them as officers. An independent contract normally runs for a period of about three years. Current federal law mandates the inclusion of doctors of chiropractic for practice within the country's military treatment facilities.



Pay Homage to a
"Visionary Leader
for NYCC"

*The Kenneth W. Padgett
Administration Building
Dedication Ceremony*

September 29, 2006

"Publish Your Greetings" to appear in
Transitions Magazine
and

The Padgett Dedication Journal

Inquiries (315) 568-3151 or pvantyle@nycc.edu

Kestenbaum Retires as Guard's Highest Ranking Chiropractor

After a long and successful career in the military, Dr. Stanley M. Kestenbaum has retired as the highest ranking chiropractor in the New York Guard. Dr. Kestenbaum joined the U.S. Marine Corps Reserves in 1958, upon graduation from Columbia Institute of Chiropractic (now NYCC). He opened a practice in New York City in 1960, following an active tour of duty, and concluded his service in the Reserves in 1963. In 1986, at the request of a good friend, Dr. Kestenbaum was recruited for the New York Guard, where he was commissioned as a major. Three years later he was promoted to lieutenant colonel, and in 1995 he achieved the rank of full colonel. He retired after 25 years of federal and state service.



Col. Stanley M. Kestenbaum, D.C., New York Guard

Working Within a Labyrinthine Military

Dr. Kestenbaum explained how the New York State Militia is comprised of the New York Guard, the New York Army National Guard, the New York Air National Guard, and the New York Naval Military Forces - all under the supervision of the Division of Military and Naval Affairs. The New York Guard assists the Army National Guard, which in turn supports the U.S. Army. Dr. Kestenbaum entered the New York Guard as a medical education officer, since at the time the military had no occupational specialty for chiropractors. Initially, he was assigned to the Professional and Technical Attachment - a group of lawyers, judges, accountants and other high-ranking professionals. He was reassigned to the Military and Naval Attachment, which then became the 7th Regiment Civil Affairs Unit.

Over the years, Dr. Kestenbaum provided medical education, assisted with physical fitness tests, and supported mobilization exercises by helping local units prepare to set up hospitals in the field. "While I didn't practice chiropractic per se (although I did give an occasional adjustment), everyone respected me as a professional." Dr. Kestenbaum said. He went on to explain, "That was the beginning. There were no criteria for setting up chiropractic in the military. Gradually chiropractic became involved in the national military, and when that started to happen, the New York Guard accepted it as well. In a small way, my presence had a positive influence; it reminded the other members that I was a chiropractor and that chiropractic does exist and that eventually it would take its rightful place in the military." Dr. Kestenbaum is reluctant to take

credit; however, in a small way, his presence helped pave the way for chiropractic in the New York Guard. Chiropractors now serve in the 244th Medical Unit, providing chiropractic care to enlisted men and women. "To my knowledge, this is the only state chiropractic corps in the nation," he remarked.

Dr. Kestenbaum has received numerous citations and awards. The most coveted was an official commendation by the Department of the Army in May of 1996, which he received for assisting the mobilization of

the 344th general hospital unit.

Tireless Service and Still Another Career

While serving in the Guard, Dr. Kestenbaum continued to maintain his practice in New York City. During his early years he pursued additional education, earning a bachelor's degree in physical therapy at the City University in New York and completing course work for a master's in nutrition at the C.W. Post campus of Long Island University. He also remained active in the profession - serving as the first chiropractic examiner for the State Insurance Fund, teaching classes at NYCC, and sitting on the New York State Board of Chiropractic Examiners as an auxiliary examiner. In 1970, Dr. Kestenbaum was appointed by the president of the United States to serve on the Selective Service System.

Two years ago, after 45 years in practice, Dr. Kestenbaum retired. Now he and Joan, his wife of 29 years and a retired school teacher, enjoy living in New York City and on Long Island, and traveling throughout the United States and the world. In addition to an enthusiasm for deep-sea fishing, Dr. Kestenbaum enjoys gardening and tennis. His gardening passion is evolving into a new career as he begins classes in landscape design at the New York Botanical Garden.

Dr. Kestenbaum is happy to take calls (212-473-5527) from anyone interested in serving in the New York Guard. Those in other states who would like to participate in a similar organization are urged to contact their state militia. The American Chiropractic Association's Military Affairs Committee also has information regarding federal service.

We congratulate you, Dr. Kestenbaum, on your long, distinguished service in the military and your remarkable contribution to the chiropractic profession.

Meyer – Your Partner In Chiropractic Supplies

For your convenience, our family-owned business offers the following:

- 60 years of experience in the chiropractic industry
- Competitive pricing
- More than 20,000 products in stock, including leading brands such as **Biofreeze***, **Core**, **Chiroflow***, **Thera-Band***, **BodySport*** and **ReliaMed™**
- 24-hour ordering at www.meyerdist.com
- Two distribution centers, located in Ohio and California, providing same-day shipping on orders placed before 7:30 p.m. EST (4:30 p.m. PST)
- Knowledgeable customer service representatives to take your orders from 8:30 a.m. – 8:00 p.m. EST
- Dedicated account managers to assist with new products, innovative ideas on how to retail to your patients and custom marketing opportunities



phone **1.800.472.4221**
web **www.meyerdist.com**

Referral Code: CANY060601 ©2006 Meyer Distributing Company*



LLOYD TABLE: AMERICAN MADE WITH WORLD CLASS FEATURES

Practitioners agree . . .
Lloyd tables provide
unparalleled patient
comfort.



*Put a new Lloyd table
to work for you.*

Call Toll Free: 1-800-553-7297
Phone: (319) 455-2110 - Fax: (319) 455-2166

E-Mail: sales@lloydtable.com
102-122 West Main Street - Lisbon, Iowa 52253-0899

Total Peace of Mind Why I am a Scrip Customer

"Scrip has proven to me that I can trust them. When I order from Scrip I have nothing to worry about. I can trust I am getting the best prices and the best service. And I also feel Scrip is part of chiropractic. They aren't just a company trying to sell products; they are a part of the chiropractic family. That is why I support them."

Dr. Joseph Mannella



Practice Profile

Doctor: Dr. Joseph Mannella
Practice: Family Chiropractic
Location: Richmond, MI
Education: Logan Chiropractic College, St. Louis, MO
Practice type: Family wellness subluxation based, life-time care
Number of practices opened: seven
Practices currently being run: Two

Drawn to chiropractic: With chronic back pain as a child, sought chiropractor at the age of 11 after mainstream medicine had not helped his condition.

For fun: Snow boarding, water sports (Motor sail, Wakeboard boat), cycling, training.

Workout regime: High intensity weight training and cardio (running, biking), advanced work on exercise ball and core training.

Favorite team: Detroit Red Wings

Practice Philosophies:

Dr. Mannella believes in helping the patient discover the truth about their wellness. "I try to help the patient self determine their truth. In the report of findings make sure you report true findings of their conditions." Mannella also feels you don't need to stress on those relationships that don't work. "You can't be perfect for all patients. There will always be some patients that it won't work out for. Do your best, but some will appreciate you and some won't. Just keep putting out who you are, just have good intentions and trust yourself."



"The
Friendly
Choice"™

- ✓ 90 Day, 110%, Low Price Guarantee
- ✓ Biggest and Best Selection
- ✓ Friendliest Service
- ✓ No Hassle Return Policy

800.747.3488 • www.scrip-inc.com

It pays to do your homework.

There is only one way to shop for malpractice insurance. You need to do your homework. By getting quotes from different companies and actually comparing "apples-to-apples", you'll see the differences in price and services. At National Chiropractic Council we have the lowest rates with quality services. We have the resources to help you get your homework done. We'll give you straightforward information and provide you with a first year practitioner discounted quote for quality malpractice insurance that represents a significant savings. Call us at 800-622-6869 today!



800-622-6869

www.chiropracticcouncil.com

CHIROPRACTIC IN THE MILITARY



Andrew S. Dunn, D.C., M.Ed., M.S.



Ret. Col. Stanley M. Kestenbaum, D.C.



Capt. Kristina L. Petrocco-Napuli, B.S., D.C.



Capt. Jason G. Napuli, B.A., D.C.



Capt. Matthew C. Coté, D.C., DABCO, FACO



Lt. Col. Patrick J. Delamere, D.C.

NYCC Interns Take Part in VA Health Care System Rotations

by Andrew Dunn, D.C., M.Ed., M.S.

In September of 2004, select New York Chiropractic College student interns began taking part in rotations with the VA of Western New York Health Care System at Buffalo. Today, there are 28 VA Medical Centers (VAMCs) or Community Based Outpatient Clinics nationwide, with on-site chiropractic available to veterans on a referral basis. The addition of chiropractic as a benefit at VAMCs represents the first healthcare discipline added to the Department of Veterans Affairs in 25 years. Chiropractic implementation follows decades of lobbying efforts and chiropractic's introduction into Department of Defense military treatment facilities for active-duty personnel. The Buffalo VAMC was not only the first in the country to appoint a doctor of chiropractic to provide chiropractic services to veterans, but also represented the first academic affiliation between the Department of Veterans Affairs and a chiropractic institution. The internship program and chiropractic clinic now provide chiropractic care for veterans along the western corridor of New York state. To date, 20 NYCC student interns have taken part in what are now 10-week, supervised rotations involving direct patient care, interdisciplinary involvement and re-

lated research opportunities within the Buffalo VAMC. Three former student interns have contributed to an original manuscript accepted for publication with the *Journal of Manipulative and Physiological Therapeutics*. The VA chiropractic internship provides students with an appreciation for a unique patient population while working together with other healthcare practitioners within the fields of orthopedics and chronic pain management. The hospital setting teaches interns how to better utilize outcome measures and computerized patient-record systems. Feedback from student interns at the Buffalo VAMC has been positive. Intern Steve Passmore offered the following with regard to his VA internship experience,

It [the Buffalo VAMC] is a setting where a student can observe the most complicated of chiropractic cases in an environment that is state-of-the-art in terms of diagnostic, treatment, and documentation resources. Other healthcare providers can learn about the scope, role, effectiveness, and limitations of chiropractic treatment through co-management, and referral of patients within the same facility. At the same time the ex-



Dr. Andrew Dunn

perience is reciprocated in that the chiropractic student sees, firsthand, the role played by other practitioners. The Veterans Affairs Medical Center in Buffalo is the place where the intricacies of my NYCC didactic education have come to life!

The VA chiropractic internship is available through competitive application by students completing the clinical phase of their education within the Depew Health Center. Similar opportunities are available with Dr. Paul Dougherty at the Rochester Community Based Outpatient Clinic and for University of Bridgeport students with Dr. Anthony Lisi. Other training programs within VAMCs are in various stages of development nationwide. With VAMCs providing training for so many physicians and allied health practitioners, it is realistic to anticipate a time when the majority of chiropractic college students will complete a portion of their clinical training with the VA Health Care System.

About the Author

Credentials:

- Bachelor's in Biology 1994; Master's in Education Promotion Wellness Management 1996 at Springfield College.
- NYCC Student of the Year 1998, graduated top of his class in 1999.
- Among first graduating class of NYCC fellows, completed clinical fellowship at the Depew Health Center 2005
- Master of Science in Health Services Administration from D'Youville College, 2005.

He lists the benefits of NYCC Fellowships:

- Motivated fellows contribute to NYCC's educational program, research, health centers or remote internships.
- Students work with fellows and experience

new thoughts and ideas that come from each one's specific degree program.

- Fellows are compensated, cultivate their knowledge and skills, and receive an advanced degree.
- Fellowships can facilitate significant changes in government, public health, education, politics, and research.
- Course work completed in health services administration had relevance for his projects at the Depew Health Center and the VA of Western New York Health Care System.
- Skills and knowledge gained enhanced his ability to favorably impact students and the profession.
- He now processes a better understanding

of research and is better able to deal with difficult decisions.

Employment and Affiliations:

- Employed at the VA Medical Center of Western New York since 2005, providing chiropractic care to veterans.
- Designed, implemented and operates the clinic there.
- Recently presented at the ACC-RAC Conference, Washington, DC.
- Contributed to a military briefing and addressed SACA at NCLC this year.

Family: Dr. Andrew Dunn lives in Niagara Falls with wife Bethany, and 3 year old son, Connor.

Have You Consolidated Your Student Loans Yet?

**Reduce your monthly payment by up to 50%
and
Choose a benefit option that fits your needs**



4.0% principal balance reduction!

or

1.0% interest rate reduction after as little as 24 payments!

and... with each option receive a 0.5% interest rate discount using auto-debit!

Ed-Invest's Health Professions Consolidation Center (HPCC)
can determine if consolidation is right for you. Ed-Invest's staff have assisted New York Chiropractic College students and graduates for more than a decade. In partnership with the Association of Chiropractic Colleges (ACC), Ed-Invest is also the provider of the ACC Student Loan Program.

**Call an HPCC counselor at (800) 243-7414
to help determine if loan consolidation is right for you, or visit our website at:**

www.healthypayment.com

Health Professions Center
Consolidation

Ed-Invest

Considering your own brand of supplements?

Discover

DAVINCI[®] LABORATORIES OF VERMONT

Unlock the power of your practice with DaVinci Laboratories private label supplements. When you order from us, you get 35 years of nutritional knowledge and manufacturing expertise. Over 200 quality products including many trademarked and patented nutrients – custom formulas also available. Low minimums, fast turnarounds and custom label designs. Plus all the responsiveness and reliability you expect from a world-class supplement supplier. For details, call 1-800-325-1776. And discover why thousands of healthcare professionals have powered up their practice with us.

DaVinci Laboratories products are:

- Formulated from premium ingredients to rigorous standards - USP, FCC, AOACI, NIST
- Manufactured in accordance with FDA and NNFA GMP standards
- Independently assayed by 3rd party approved analytical laboratories
- Available in a range of configurations - capsules, chewables, softgels, effervescent, tablets, liquids or powders
- From a family-owned and managed company, with guaranteed purity, product quality and truth in labeling

DAVINCI[®] LABORATORIES
OF VERMONT

1-800-325-1776

www.davincilabs.com



The
Discovery
Company[™]

"DaVinci" is a Reg. TM and "The Discovery Company" is a TM of FoodScience Corporation. ©FSC, 2006. All Rights Reserved.

"My husband and I ride Harleys and BIOFREEZE® sets us free!"



*Making
BIOFREEZE®
available to
your patients
to manage
their conditions
between visits is...
POWERFUL
healthcare
EFFECTIVE
patient care
PROFITABLE
practice building*

BIOFREEZE® is honored to be endorsed by:



Proud participant of:



BIOFREEZE® is A
Supporting Member

Dear Mr. Cox,

What follows is how I feel about the use of your product.

BIOFREEZE SETS ME FREE:

My husband is 47 and I am 51 and we lead extremely active lives. We both now find the use of Biofreeze the key toward "just moving" on some days. In 1972, I took a fall in Karate and had to have a disk removed in my lower back. Since that time, I have never really been pain-less, or awakened minus stiffness. In addition, I am a writer with several columns, feature work and a magazine to edit. Sitting for hours at the computer tightens my shoulder muscles. What follows is a horrible, painful headache that ultimately affects my vision and concentration.

Exercise is usually the key for people with my kind of "computeritis." But it takes time to work out the kinks before productive exercise can begin. One small application of Biofreeze goes to work immediately. It relieves the pain, which in turn allows me to exercise enough to release the tight muscles - which releases the headache - which makes me feel ready to roll. (Whew!) The vicious cycle is broken.

But, that's not all. I now suffer degenerating arthritis in 3 neck disks. Not so bad by itself, but my husband and I ride Harley-Davidson motorcycles. It's a new adventure for me and I hate to miss a day on my Sportster. However, at the end of a 500 mile trip, I hit the bed with all of the above pains and worry over how I'll make it home the next day. On my last ride through the Blue Ridge Mountains, I carried my Biofreeze. The next morning, I used it before "suiting" up. And even though the day was a miserable arthritic's hell (wet, cold), I felt fine.

Just wanted to share with you the reason I can't live without Biofreeze.

Sincerely,

Pam Mann

Steve and Pam Mann

*Performance Health does not sell
BIOFREEZE® to retail stores.*

For more information about BIOFREEZE® and our **Complimentary Patient Education Program**, please give us a call at: **1-800-BIOFREEZE (1-800-246-3733)**

Mention Code: NYCC

PerformanceHealth™

HEALTH & WELLNESS PRODUCTS

Performance Health Inc., 1017 Boyd Rd., Export, PA 15632
1-800-BIOFREEZE (1-800-246-3733) • health@biofreeze.com • www.biofreeze.com
International inquiries call 1-724-733-9500 or export@biofreeze.com



Women's Health Symposium

by Valerie D'Ottavio, Student Writer



Dr. Shari Lieberman



NYCC held its fifth Women's Health Symposium on March 25. "Feel Great, Look Great...and Lose Weight" was the topic for the day, and a packed Delavan Theater was proof enough that this was an important subject that needed to be addressed. The keynote speaker was Dr. Shari Lieberman, founding dean of NYCC's Master of Science program in Applied Clinical Nutrition.

About the Keynote

Dr. Lieberman earned her Ph.D. in Clinical Nutrition and Exercise Physiology from the Union Institute, in Cincinnati, Ohio, and her M.S. degree in Nutrition, Food Science and Dietetics from New York University. She is a Certified Nutrition Specialist and a Fellow of the American College of Nutrition. Some of her other accomplishments include receiving the National Nutritional Foods Association 2003 Clinician of the Year Award and membership on the nutrition team for the New York Marathon. Among the extensive list of books she has authored, Dr. Lieberman's best-selling book *The Real Vitamin and Mineral Book* is now in its third edition. Her next book – *Was It Something I Ate?* – is due out in October.

At the Symposium

For those of you who have tried dieting in the past and had positive results only in the short term, don't fret. In the words of Dr. Lieberman, "You didn't fail the diets, the diets failed you!" What it all

boils down to is the majority, if not all of fad diets advertised today – Zone, Atkins, Weight Watchers, and others – can cause you to lose muscle mass. What stems from the loss of muscle mass is a greater likelihood of developing osteoporosis as well as a subsequent decrease in metabolism. Even if your metabolism has only slowed 10-15 percent, it is likely that all of the weight you lost – and maybe even more! – will be gained back after stopping a diet program.

So, is there a solution to this problem that can work for everyone? According to Dr. Lieberman, a diet that consists primarily of foods low on the Glycemic Index (GI) is the best solution. At this point you may be wondering what the GI is. It

is a list of foods rated according to how quickly they raise your blood sugar levels. The lower the GI, the more slowly blood sugar levels rise. If you are consuming large amounts of high-glycemic foods, you are spiking your blood sugar too quickly and probably feeling the "crash-and-burn" effect soon after. Eating a low-GI diet can help prevent heart attacks, heart disease, diabetes and hypertension. Dr. Lieberman suggested that any foods with a score of 55 or less on the GI are the best to eat. For a comprehensive list of the GI, visit www.mendosa.com.

Following Dr. Lieberman's talk, participants were invited to the North Dining Hall for refreshments and gift drawings.



Recent Alumna: Dr. Joanne Cancro

Joanne Cancro, D.C., D.Ay. (NYCC '96), chose to attend NYCC because, simply stated, she felt it was the best school. She recalls how, on her first visit to campus, Maria Thomadaki – now an assistant professor in the Basic Sciences Department who, at that time, was a student at NYCC – gave her a tour of the anatomy laboratory. She also remembers the exceptional service provided by the Admissions office. All told, Dr. Cancro feels that NYCC prepared her well as a doctor: “I was very well-educated. NYCC’s program is fantastic!”

Following her graduation from NYCC in 1996, Dr. Cancro opened her own practice – Cancro Chiropractic, in Newton Highlands, Mass. Her practice is family-oriented, and she continues to treat everyone from infants to senior citizens. Dr. Cancro thoroughly enjoys owning her own practice as it encourages excellence, an attribute that she has come to expect her staff to deliver daily. “As a result, our patients walk out feeling better, which is very gratifying,” she commented.

Dr. Cancro brings a number of skills to bear in the treatment of her patients. In

addition to chiropractic, she has earned a diploma from the New England Institute of Ayurvedic Medicine and incorporates ayurvedic medicine into her practice through nutritional counseling. She says, “Ayurvedic is about a healthy mind, body and soul. It helps people be more balanced.”

Before attending NYCC, Dr. Cancro earned a bachelor’s degree in marketing from Boston College and then worked at such well-known businesses as Bristol Myers Products, Revlon, Inc., and Van Den Bergh Foods. After ten years she decided she wanted more – to get up every day excited about what she would accomplish at her employment, to be of service to her community, and to be her own boss. Inspired by her chiropractor and friend, Dr. Ronald Safko (NYCC '81), today they co-treat patients and refer patients to one another. Her previous training came in handy as she marketed her practice.

Dr. Cancro has an optimistic outlook for chiropractic’s future, noting that while there is still a lack of awareness of the profession, great strides have been



Dr. Joanne Cancro

made over the past decade. She urges alumni to become involved in their community: “By getting your name out and maintaining a level of excellence, patients will come back.” Some of the best advice she has received was from a chiropractor who reminded her that chiropractic is a practice. He encouraged her to view each situation as a learning opportunity and to consider different points of view when a patient doesn’t respond to treatment as expected. A strong believer in integrated healthcare, Dr. Cancro works closely with orthopedic surgeons, neurosurgeons, massage and physical therapists, physiatrists, and acupuncturists. “Learn who the good people are in your community and establish a relationship with them,” she advises. “People will get better faster, which makes for happier patients.”

Thank you, Dr. Cancro!



Mark Your Calendar

**Celebrate With Us
Unity Day & Homecoming Weekend
July 14-16, 2006**

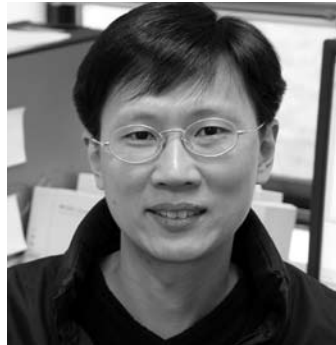
news briefs

Welcome, Dr. Koo!

Kwok Keung “Terry” Koo is an assistant professor in both the Research and Basic Sciences departments. Dr. Koo is from Hong Kong and graduated from The Hong Kong Polytechnic University, where he earned a Bachelor of Engineering in Manufacturing Engineering (with first-class honors), a Master of Philosophy in Rehabilitation Engineering, and a Ph.D. in Biomedical Engineering. The title of his doctoral thesis was “Neuromusculoskeletal modeling of the elbow joint in subjects with and without spasticity.” He then spent a year and a half as a postdoctoral fellow at Johns Hopkins University, where he worked on computer-aided fracture reduction, and continued working on that project as part of a collaboration between Johns Hopkins and his alma mater.

Dr. Koo was attracted to NYCC for two major reasons. First, he says, “Throughout the interview process I had a very good feeling about the people – very friendly. I felt I could work together with all the faculty here.” Second, “NYCC has a very good research facility – gait and biodynamics lab.” It already has most of the equipment needed for his research and will allow him to carry on very efficiently. Dr. Koo also appreciates the fact that his position at NYCC is accompanied by faculty rank.

In the Research Department, Dr. Koo is in charge of the bio-



Kwok Keung “Terry” Koo

mechanics lab and is interested in EMG-driven musculoskeletal modeling, simulation of reflex responses, quantification of spasticity and weakness, computer-aided fracture reduction, knee osteotomy, limb lengthening, gait analysis, and stroke rehabilitation, to name a few. In the Basic Sciences Department, he is assisting in the Gross Anatomy II lab. He hopes eventually to develop

elective courses in musculoskeletal biomechanics and human locomotion analysis.

Dr. Koo has settled in Seneca Falls. His wife and young son are still in Hong Kong, until his son finishes his first year in school. What helps bridge the miles is the ability to see each other live by computer. In Dr. Koo’s spare time, he enjoys racket sports, basketball, bowling, and billiards.

Welcome, Dr. Forbes!

Dr. Audrey Forbes is a fellow in the Basic Sciences Department, where she is assisting in the Gross Anatomy labs, Neuroscience I, Principles of Physiopathology, and Systems Physiology. In addition, she is pursuing an M.S. in Instructional Design, Development and Evaluation at Syracuse University. Originally from Ottawa, Canada, Dr. Forbes earned a Bachelor of Science in Life Sciences at Queens University in Kingston, Ontario, and graduated from NYCC in July 2004. Prior to joining NYCC as a fellow, she practiced chiropractic as an associate in Rhode Island. When asked what attracted her to the fellowship program, Dr. Forbes replied, “As much as I loved practice, I missed being involved in teaching, and it was this love of teaching that brought me back to NYCC.” Dr. Forbes is currently living in Seneca Falls and has been enjoying getting reacquainted with the area.



Dr. Audrey Forbes

Dr. Hecht Speaks at Orientation



Dr. Gary S. Hecht

Incoming chiropractic students were treated to a buffet luncheon and passionate speech by Dr. Gary S. Hecht at their orientation on May 2. A 1995 graduate of NYCC, Dr. Hecht owns Hecht Family Chiropractic Care in Springfield, N.J. During his speech, he encouraged students by sharing “golden nuggets of information” about how he’s found his success. Following Dr. Hecht’s talk, NYCC President Frank J. Nicchi presented him with a certificate of appreciation and a gift of thanks.

Microlight President Donates Laser to NYCC



Michael M. Barbour, president and founder of Microlight Corporation of America, presented an ML 830™ laser to Dr. Wendy Maneri for NYCC's Campus Health Center during his visit to the Seneca Falls campus on May 16. Over a pizza lunch provided by Scrip Chiropractic Supply, Mr. Barbour, who patented the ML 830™, gave a presentation on the hand-held, low-energy laser to the Campus Health Center's clinicians and student interns.

The ML 830™ laser promotes the process of photobiostimulation without tissue damage and has demonstrated effectiveness in treating carpal tunnel syndrome and wounds.

NYCC Participates at ACC-RAC

NYCC was well-represented at the 13th annual conference of the Association of Chiropractic Colleges' Research Agenda Conference held March 16-18 in Vienna, Va. This year's conference theme was "Improving Collaboration Inside and Outside of the Chiropractic Profession." The following NYCC personnel presented papers and posters, and/or participated in panel discussions:

Dr. Karen Bobak
 Dr. Jeanmarie Burke
 Dr. Brian Cunningham
 Dr. Paul Dougherty
 Dr. Andrew Dunn
 Dr. Dennis Homack
 Ms. Elizabeth Larzelere
 Dr. J. Clay McDonald



(L to R) Dr. Karen Bobak, Debbie Homack, Dr. Dennis Homack, Dr. Kristina Petrocco-Napuli and Dr. Jason Napuli at the Lincoln Memorial

Ms. Patricia Merkle
 Dr. Kristina Petrocco-Napuli
 Dr. Julie Plezbert
 Dr. Judy Silvestrone
 Dr. Lee Van Dusen

DALE PROFESSIONAL SUPPLY

*Serving Chiropractors
with Tables,
Equipment,
and Supplies
for Over 25 Years*

MEMBER OF N.Y.C.C.
PRESIDENTS COUNCIL

LONG ISLAND
SHOWROOM AND WAREHOUSE

TABLES • THERAPY • REHAB
SUPPLIES • SERVICE

800-962-5551 • 631-244-3600

Not Love, Just Oxytocin

Continued from page 10

night, will it?" They all sadly shook their heads and nodded affirmatively. I then remarked, "They have already made their oxytocin; they don't need you!" We all had a good, loud laugh, but the truth came out: As women, the afterglow of a freshly cleaned house, folded laundry and a heartfelt chat with our best friend can be equal to that magic moment! At this point, one of my favorite married male students said he was going to go home and do the dishes to get his wife into the mood.

In closing, one of my very bright young women students remarked that a better title for this article would be "How to Have a Cleaner House, and More Sex." She thinks that could get me on "Oprah."

For more information about New York Chiropractic College's Applied Clinical Nutrition program, contact the office of Admissions at 1-800-234-6922, visit the College at 2360 State Route 89 in Seneca Falls, N.Y., or log on to www.nycc.edu.

ZERO ZIP ZILCH

That's the number of times NCMIC will force anyone to settle.

Protecting your name and reputation are top priority with NCMIC ... That's why NCMIC Doctors of Chiropractic are never forced to settle.

Thanks to NCMIC's outstanding malpractice coverage and its unwavering "**Consent to Settle**" benefit, no case will ever be settled without your approval.

Some companies *say* they have consent to settle but read their fine print. You'll see buried clauses and hidden terms that force you to face an



If you want to take your malpractice case to court and fight for your reputation, NCMIC will back you all the way.

arbitrator if the insurance company thinks you're being "**unreasonable!**"

You can count on NCMIC to do what's right for our policyholders, not what's quickest and most economical. When we say, "*no case will ever be settled without your approval,*" we stand by our word – no strings attached. You can be certain that your

good name will be protected unconditionally with malpractice coverage from NCMIC because "We Take Care of Our Own®."

For a free information kit and rate quote about NCMIC's Malpractice Protection return the coupon or call toll free

1-800-769-2000, ext. 6137.

 **NCMIC**
Chiropractic Solutions®
www.ncmic.com

NCMIC Chiropractic Solutions is a registered service mark of NCMIC Group, Inc. Policy terms may vary based on state law. Consent to Settle not allowed by Florida, Kansas or Maryland. Insurance offered through NCMIC Insurance Company. © 2006 NCMIC

YES!

I want to safeguard my future career and income. Tell me more about NCMIC's Malpractice Protection. Rush me a free information kit and rate quote. Mail coupon to: NCMIC, P.O. Box 9118, Des Moines, IA 50306-9118.

Name _____

Address _____

City _____ County _____ State _____ ZIP _____

Daytime Phone (_____) _____ FAX (_____) _____

E-mail Address _____

Your e-mail address will never be shared or sold. It will be used to send you important notices.

Do you currently have malpractice coverage? Yes No

If "yes," when does your coverage renew? Month _____ Year _____

Name of company _____

6137-Transitions

Unity Day & Homecoming Weekend

July 14-16, 2006

D.C. 12-Credit Educational Package - \$159
Non-Credit Educational Package – Free Of Charge
Single Session 3-Credit Price - \$50
Friday Evening Dinner Dance - \$25

[Make Your Hotel Reservations Now!](#)

For special room rates reservations must be made on or before Tuesday, June 14, 2006.

Waterloo Holiday Inn (315) 539-5011

Route 414 North, Waterloo, New York 13165

Ramada Geneva Lakefront (315) 789-0400

41 Lakefront Drive, Geneva, New York 14456

Microtel Inn & Suites (315) 539-8438 – Block identified by code “NYCC Reunion”

1966 Route 5 and 20, Seneca Falls, New York 13148

Friday, July 14, 2006

<i>Noon-4:30 PM</i>	<i>Unity Day Celebration Western Style</i>	<i>Unity Day Field</i>
<i>Noon-3:00 PM</i>	<i>Alumni Welcome</i>	<i>Unity Day Field</i>
<i>Noon-1:00 PM</i>	<i>D.C. Session Registration</i>	<i>Academic 3 Lobby</i>
<i>1:00 PM-4:00 PM</i>	<i>Adjusting Protocols for the Lower Extremity (3 Credits)</i> <i>Dr. Mark Charrette</i>	<i>Academic 3 Rm 110</i>
<i>6:30 PM</i>	<i>Dinner Dance at Canandaigua Inn on the Lake</i> <i>770 South Main Street, Canandaigua</i>	

Saturday, July 15, 2006

<i>7:30 AM-9:00 AM</i>	<i>Registration</i> <i>Continental Breakfast</i>	<i>Academic 3 Lobby</i>
<i>8:00 AM-5:30PM</i>	<i>Exhibitor Fair</i>	<i>Academic 3 Lobby</i>
<i>9:00 AM-Noon</i>	<i>Ethics and Boundaries: The Total Package Pt. 1</i> <i>Dr. Salvatore LaRusso</i> <i>Pt. 1 & 2 must be taken to earn 6 Credits</i> <i>(Can Be Applied Toward Ethics, Documentation, Record Keeping & Patient Communications Mandatory Category)</i>	<i>Academic 3 Rm 110</i>

Unity Day & Homecoming Weekend

July 14-16, 2006

Saturday, July 15, 2006

(Continued)

9:00 AM-Noon	<i>Natural Intervention For Autoimmune Disease (3 Credits) Dr. Shari Lieberman</i>	<i>Academic 3 Rm 111</i>
9:00 AM-Noon	<i>How to Attract More Lifetime Wellness, Cash Paying Patients Presentation (Non-Credit)</i>	<i>Delavan Theater Dr. David Singer</i>
Noon-2:00 PM	<i>Lunch</i>	
1:30 PM-5:30 PM	<i>Bus to Outlet Shopping & Local Wineries</i>	<i>Administration Bldg</i>
2:00 PM-5:00 PM	<i>Ethics and Boundaries: The Total Package Pt. 2 Dr. Salvatore LaRusso Parts 1 & 2 must be taken to earn 6 Credits (Can Be Applied Toward Ethics, Documentation, Record Keeping & Patient Communications Mandatory Category)</i>	<i>Academic 3 Rm 110</i>
2:00 PM-5:00 PM	<i>Nutritional Adjustment Update: Fibromyalgia (3 Credits) Dr. David R. Seaman</i>	<i>Academic 3 Rm 111</i>
2:00 PM-5:00 PM	<i>NYCC Graduate Panel (Non-Credit)</i>	<i>Delavan Theater</i>
5:00 PM-7:00 PM	<i>Student-Alumni Mixer</i>	<i>North Dining Hall</i>

Sunday, July 16, 2006

8:00 AM-9:00 AM	<i>Continental Breakfast</i>	<i>Academic 3 Lobby</i>
8:00 AM-Noon	<i>Exhibitor Fair</i>	<i>Academic 3 Lobby</i>
9:00 AM-Noon	<i>The Big Three - CPT Coding, Documentation and Medical Necessity (3 Credits in New York only) Dr. Ronald Wellikoff</i>	<i>Academic 3 Rm 110</i>
9:00 AM-Noon	<i>Overview: Diagnosis & Treatment of Tunnel Syndromes and Peripheral Nerve Entrapments (3 Credits) Dr. Dennis Homack</i>	<i>Academic 3 Rm 111</i>

scholarships

Brent Moyer Awarded FootLevelers Scholarship



Brent Moyer, 8th trimester, photographed with NYCC President Dr. Frank J. Nicchi, was awarded the FootLevelers Scholarship in the amount of \$1,000 for his essay on the significant role that communication between patients and doctors plays in overall health

Andrew Hancock Awarded Padgett Scholarship



Andrew Hancock, 8th trimester, was awarded the Kenneth W. Padgett Alumni Scholarship by NYCC President Dr. Frank J. Nicchi, in the amount of \$1,000 for his essay that discussed how he might effectively promote and support NYCC as a leading educational institution of chiropractic.

Personal Training Certification **SEMINARS**

Learn through our weekend certification how to develop a diet and training program that can further support the health and wellness of your patients, while broadening your own skills by becoming a part of the 33 Billion dollar fitness industry through one of its leading certifying institutions.



Dr. Jack Barnathan created the annual Chiropractic Sports seminar with Arnold Schwarzenegger. A

lifelong strength athlete and IFBB Gold Medal honoree, Dr. Barnathan serves as Chiropractor and Sports Performance consultant to some of the world's top Pro and Olympic champions and was awarded the United States Presidential Certificate of Merit for his work on behalf of the President's Council on Physical Fitness & Sports.



Take your practice to the next level and **Earn up to 24 CEUs with NYCC.**



New York Chiropractic College

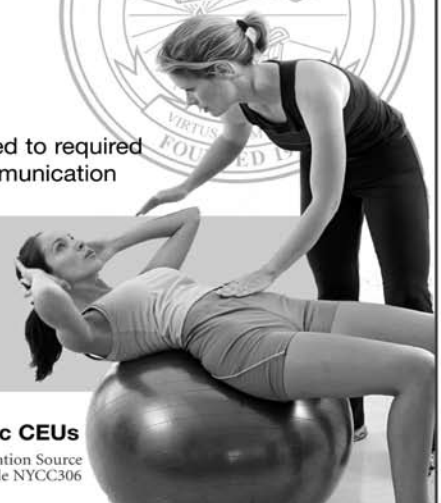
The ISSA, in conjunction with New York Chiropractic College (NYCC), is offering a special two part program worth a total of 24 continuing education credits for the Doctor of Chiropractic. Following successful completion of the home study portion, the program can be completed in one weekend. The course is organized into two phases:

- I. The home study** (text completion) worth 12 CEU's (required to attend the seminar)
- II. The weekend seminar** worth 12 CEU'S

Out of the 12 seminar CEU's, 3 hours will be applied to required credits in: Ethics, Documentation and Patient Communication

June 3-4 Seneca Falls, NY 10-11 Boston, MA	June continued 24-25 NYC, NY	August 5-6 NYC, NY
		September 9-10 NYC, NY

call today **1.800.892.4772** and ask about **Chiropractic CEUs**
or visit **www.FitnessEducation.com** Mention Source Code NYCC306



Class of '76

Louis E. Bisogni, D.C., was appointed, as of April 1, 2006, to be a staff member with all rights and privileges at Northern Westchester Hospital Center in Mount Kisco, N.Y. His address is 12 Old Mamaroneck Road, White Plains, NY 10605 and his phone number is 914-276-4200.

Class of '85

Peter Morgan, D.C., has begun his service as New York Chiropractic Council's president following his fall 2005 election.

Neal (Nisan) Blaxberg, D.C., is proud to announce the birth of his seventh son, Yissachar Shalom (no girls yet!) as well as the start of his 21st year of chiropractic practice. Dr. Blaxberg is owner and sole proprietor of The Blaxberg Family Chiropractic Office, 7 Church Lane, Baltimore, Md. He can be reached by e-mail at Inn8doc@aol.com. He welcomes former classmates letters and invites dialog on achieving True Purpose.

Class of '86

Ivo F. Waerlop, D.C., DABCN, announces the publication of his latest book, Pedographs and Gait Analysis: Clinical Pearls and Case Studies with co-author Shawn Allen, D.C., DABCO. The book focuses on understanding lower extremity biomechanics and how they impact the entire kinetic chain. The book is available through Trafford Publishing and Amazon.com. Dr. Waerlop's new office address is Summit Chiropractic & Rehabilitation, PC, 302 Dillon Tech Center, Dillon, CO 80435. His e-mail address is drive@netzer.com.

Class of '89

Desi Menendez, D.C., announces the graduation of her daughter, Andrea, from the George Washington University School of Law in May 2006. She is also a graduate of Penn State University. Her brother, Michael, is a Towson University and Stony Brook University graduate. He teaches high school social studies and coaches boys j.v. soccer. Her address is 20 Gilbert Avenue, Suite 203, Smithtown, NY

11787. Her e-mail address is dmdc2@optonline.net and her phone number is 631-265-8915.

Class of '97

John P. Pedersen, D.C., is certified with the American Veterinary Chiropractic Association to adjust animals and concentrates his practice in the realm of Equine Chiropractic throughout N.J., Penn. and N.Y. He mostly adjusts horses and dogs but also treats their owners. He is owner and trainer of thoroughbred race horses. He and his wife, Tania Graetz-Pedersen, D.C., ('97) live in N.J. with their three children, Kalista 6, Vincent 3 and Alec 1. They can be contacted by e-mail at jntchiro@aol.com or by phone at 732-687-5637.

Louis J. Cavallo, D.C., started a new practice at 1930 N. Main Street, Suite B, Longmont, CO 80501. His phone number is 303-678-8555 and his e-mail address is drcavallo@gmail.com.

Class of '03

Kim Koski, D.C., and her husband

announce the birth of their first baby, Garrett O'Brien, on July 18, 2005. Dr. Koski opened her second practice, Koski Chiropractic in Chelmsford, Ontario shortly after. Her e-mail address is koskichiropractic@sympatico.ca and her phone number is 705-693-0723.

Class of '04

David Bennett, D.C., and his wife, L. Kimberly Law Bennett, announce the birth of their son, Ryan David, on March 3, 2006. He weighed 7 lbs. 14 1/2 oz. and was 22 inches long. Dr. Bennett's office is located at 18 North York Road, Willow Grove, PA 19090. His telephone number is 215-659-0475 and his e-mail address is Dr.Bennett@att.net.

Class of '05

C. Robert Luckey, D.C., and William Ferris, D.C., opened in October 2005 Victor Advanced Chiropractic, Victor, N.Y., a family-based, wellness practice unique to the area. They welcome visits from NYCC staff and students. Their e-mail address is luckeychiro@msn.com and their phone number is 585-398-1201.



What's News?

Your fellow alumni want to know! Share your personal and professional successes with us—marriages, births, awards, achievements and professional advancement. Mail the form below to: Executive Director of Institutional Advancement, NYCC, P.O. Box 800, Seneca Falls, NY 13148-0800; fax: 315-568-3153; call: 315-568-3146; or e-mail: pvantyle@nycc.edu.

Name _____
Name while at NYCC _____
Phone No. (Office) _____ Month/Year Graduation _____
Address (Office) _____
E-Mail Address _____
My News _____

CENTER FOR POSTGRADUATE AND CONTINUING EDUCATION

Summer 2006

NYCC Sponsored Classroom Programs

- Program Information:** 3 hrs - \$70; 6 hrs - \$140; 12 hrs - \$260; free to NYCC students and NYCC faculty (limited seating; certain restrictions apply); 10% NYCC alumni discount.
- Locations:** Programs are offered via classroom or Interactive video teleconferenced (IVTC) broadcasts. Unless otherwise noted, IVTC courses are available at three locations: Depew, Levittown and Seneca Falls, NY. **Telephone Seminar is a new format in select courses. Ask us about it when registering.** Host site indicated for each program transmits to two other locations. All other classroom programs are in hotels.
- Additional Information:** Contact T. Ventimiglia, DC at 800-434-3955 x121, or the Postgraduate Dept 800-434-3955 x133, or visit the NYCC website: www.nycc.edu.

3 CE Credit Courses

Offered: Thursdays 2:00 pm – 5:00 pm

Diagnosis & Treatment of Headaches

Instr: Charles Hemsey, DC

June 22 – IVTC – host site Levittown, NY

The Bad Guys Never Get Away With It...NYS Board for Chiropractic Professional Disciplinary Case Histories

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)

Instr: Charles Keller, DC

July 6 – IVTC – host site Levittown, NY

Integrative Healthcare: an Emerging Model

Instr: Thomas Ventimiglia, DC

July 20 – IVTC – host site Levittown, NY

(Ask us about the Telephone-Seminar for this class)

Neurofascial Therapy

Instr: Ronald Lavine, DC

August 3 - Levittown, NY

Anti-Kickbacks, Fee Splitting & Stark Legislation: Turning Rocky Shoals into "Safe Harbors"

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)

Instr: Peter Van Tyle, Esq.

August 17 – IVTC – Seneca Falls, NY

Evidence-Based Case Management of the Patient with Cervicogenic Vertigo

Instr: Marc Lamantia, DC

August 31 – IVTC – host site Levittown, NY

Introduction to Health and Wellness Principles in Private Practice

Instr: Gerald P. Stevens, DC

September 14 – IVTC – host site Depew, NY

Documenting for Medical Necessity

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)

Instr: Wendy Maneri, DC

Sept 28 – IVTC – host site Seneca Falls, NY

6 CE Credit Courses

Offered: Saturdays 1:00 pm – 7:00 pm

Diagnosis & Treatment of Acute and Chronic Low Back & Lower Extremity Pain

Instr: Scott Surasky, DC

June 17 – IVTC host site - Levittown, NY

Documentation, Patient Consents & Interaction

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)

Instr: Benjamin Bartolotto, BS, DC

June 17 – Albany, NY

Risk Management

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)

Instr: Stephen Perle, DC

July 22 – Levittown, NY

Evidence-Based Practice – "Building a Community of Chiropractic Scholars"

Instr: Anthony D'Antoni, DC

July 29 – Levittown, NY

Call 1-800-434-3955 or visit our Web site at www.nycc.edu for details.

Documentation, Standards and Guidelines

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)
Instr: Vincent Loia, DC
August 12 – Levittown, NY

Contemporary Ethical Issues for the Practicing Chiropractor

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)
Instr: Christopher Good, DC
August 26 – IVTC – host site – TBA

Outcomes Based Practice

Instr: Stephen Perle, DC
September 30 – IVTC – host site - Levittown, NY

2 Day - 12 CE Credit Courses

Offered: Sat. 1:00 pm – 7:00 pm and
Sun. 9:00 am – 3:00 pm

Cervical Spine: An Evidence-Based Approach

Instr: James Demetrious, DC, FACO
July 8-9 – Levittown, NY

Fundamentals of Herbal Therapeutics & Their Applications in Clinical Practice

Instr: Jeanne D'Brant, DC, DACBN, CCN, ND
July 22-23 – Session 1 - IVTC host site – Levittown, NY

Solving Clinical Challenges Through Ergonomics: Understanding Entrapment Syndromes

Instr: Dennis Homack, DC
August 19-20 – IVTC host site – Seneca Falls, NY

Musculoskeletal MRI for the Chiropractor - Essentials of MRI - colon, spine, brain & extremity

Instr: Vinton Albers, DC
September 9-10 - Levittown, NY

Ethics & Boundaries: The Total Package

(Can be applied towards NYS "Ethics, Documentation, Record Keeping and Patient Communications" mandatory category 1)
Instrs: Salvatore LaRusso, DC & Ronald Wellikoff, DC
September 16-17 – IVTC – host site - Levittown, NY (Sat. 1-7 pm, Sun 8-2 pm)

Co-Sponsored Classroom Programs:

*To register or for additional information, please contact our co-sponsors at the numbers listed below. Contact NYCC to register only when indicated (**)*

Active Release Techniques

Lower Extremity (24 CE credits) June 15-18 – San Diego, CA; July 13-16 – Montreal, CAN; July 27-30 – Teaneck, NJ;
Spine (21 CE credits) June 29-July 2 – Minneapolis, MN; August 10-13- Portland, OR; Aug 31-Sept 3 – Chicago, IL; **Upper Extremity** (24 CE credits) – Sept 14-17 – Vancouver, CAN; Sept 28-Oct 1 – Toronto, ON;
To register call ART at (888) 396-2727, or visit www.activerelapse.com

Acupuncture Certification

(15 CE credits each) June 24-25 – Arlington, VA; June 17-18 – Hartford, CT; Some sessions available through distance learning - To register or for further information, call IAMA at (800) 327-1113, or visit www.iama.edu

Certified Chiropractic Sports Physician **

(10 sessions, 12 CE credits each) Session 1 begins Oct 21-22 - Levittown, NY; Sponsored by NY Sports Chiropractic; To register call NYCC at (800) 434-3955

Diplomate in Neurology **

(24 CE credits) Sept 15-17 – Des Moines, IA; Sept 29-Oct 1 – Levittown, NY; Call for next program dates; Sponsored by Event Management Services
To register call NYCC at (800) 434-3955, for additional information visit www.iacn.com

Electrodiagnosis Certificate Program **

(15 CE credits ea of 10 Sessions) July 8-9, Aug 5-6, Sept 9-10 – Levittown, NY; Call for next program dates; Sponsored by Neurodiagnostic Institute
To register call NYCC at (800) 434-3955, for additional information visit www.ndxinstitute.com

Functional Reactivation: Benchmarking Chiropractic in the Musculoskeletal Field

(12 CE credits) Aug 12-13 – Seneca Falls, NY
To register call So. Calif. Univ of Health Sciences (562) 902-3379 or visit www.scus.edu

Call 1-800-434-3955 or visit our Web site at www.nycc.edu for details.

Graston Technique

MI & MII – Sept 23-24 – Newark, NJ; **Soft Tissue Evaluation & Treatment Emphasizing Graston Technique** – Sept 23-24 – Newark, NJ

To register, call Graston Technique at (866) 926-2828, or visit www.grastontechnique.com

Integrating Chiropractic and Posture Rehab Exercise

(12 CE credits) June 24-25 – Levittown, NY;

To register, call Body Zone at (866) 443-8966, or visit www.bodyzone.com

ISSA Certified Fitness Trainer

(12 CE credits, 3 CE credits NYS mandatory category 1)

June 24-25 – New York, NY; Aug 5-6 – Levittown, LI, NY; Sept 9-10 – New York City, NY; Sept 16-17 – Atlanta, GA; Sept 23-24 – Chicago, IL; Sept 30 – Oct 1 – Seneca Falls, NY; To register, call ISSA at (800) 892-4772, or visit www.fitnesseducation.com

Medicare Made Simple ... Really

(6 CE credits) June 24 – Richmond, VA;

To register, call VA Chiropractic Assn at (540) 932-3100, or visit www.viriniachiropractic.org

Neuromechanical Innovations: 21st Century Chiropractic Training

(12 CE credits) Sept 16-17 – Chicago, IL; Sept 23-24 – Mystic, CT; Sept 30-Oct 1 – Pittsburgh, PA; To register, call Neuromechanical at (480) 785-8442, or visit www.neuromechanical.com

Tenth Annual International Congress of BioEnergetic Medicine

Aug 11-13 – Orlando, FL

Call Institute for Quantum and Molecular Medicine at (800) 476-6149

Yoga and Chiropractic

Sept 22-24 – Rhinebeck, NY

Call **Chiro Yoga** at (941) 993-8443, for additional information visit www.chiroyoga.com

On-Going Co-Sponsored

On-Line Programs:

Applied Pharmacology for the Chiropractor

A series of 8 on-line lectures. (2 CE credits each) For details visit <http://www.brightcourse.com>

International Sports Sciences Association (ISSA) Seminars - (2, 3, 4, or 12 CE credit courses) including Body Composition Assessment: Essential Tools for Building Healthy;

Eating Disorders 101; Hormones and Exercise; Interval Training for Fitness and Endurance Performance: Theory and Practice; ISSA Certified Fitness Trainer; Physiology of Resistance; call ISSA at (800) 892-ISSA ext. 169 www.fitnesseducation.com

Risk Management of Sexual Harassment in the Office and on Campus - (1 CE credit)

Visit <http://www.brightcourse.com> for details and module description – (Can be applied towards NYS “Ethics, Documentation, Record Keeping and Patient Communications” mandatory category 1)

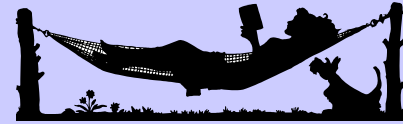
For online programs, register with our co-sponsors at their websites.



**Ernest G. Napolitano Postgraduate Center
Levittown Health Center**

NOW AVAILABLE !!! Earn CE Credits . . .

AT HOME!!!



*“Continuing
the
Tradition
of
Excellence
in
Chiropractic
Education”*



www.nycc.edu

“Online” & Home Study/Correspondence Continuing Education Courses

- **“Avoiding Ethical Landmines and Criminality in Your Healthcare Employment Contract,”** - Instructor/facilitator Peter Van Tyle, Esq., 3 CE credits (Can be applied towards NYS mandatory Category 1 “Ethics, Documentation, Record Keeping and Patient Communications”)
- **“Botanical Therapies in Chiropractic Practice,”** Instructor/facilitator Jeanne D’Brant, DC, 3 CE credits
- **“Cervical Radiculopathy,”** Instructor/facilitator Donald Murphy, DC, 2 CE credits
- **“Documentation, Standards and Guidelines,”** Instructor/facilitator Vincent F. Loia, DC, 3 CE credits, (Can be applied towards NYS mandatory category, “Ethics, Documentation, Record Keeping and Patient Communications”)
- **“Documentation, Patient Consents and Interaction,”** Instructor/facilitator Benjamin Bartolotto, BS, DC, 3 CE credits, (Can be applied towards NYS mandatory category, “Ethics, Documentation, Record Keeping and Patient Communications”)
- **“E-spine Volume I, II & III,”** Instructor/facilitator Scott Banks, DC, 2 to 4 CE credits
- **“Ergonomics: Human Computer Interface,”** Instructor/facilitator Dennis Homack, DC, 2 CE credits (online only)
- **“Ergonomics/Human Factors - Standing, Lifting, Backpacks,”** Instructor/facilitator Dennis Homack, DC, 2 CE credits (online only)
- **“Fee Splitting, Self Referrals and Kickbacks: The Latest Word of Prohibited Healthcare Arrangements,”** Instructor/facilitator Peter Van Tyle, Esq., 3 CE credits (Can be applied towards NYS mandatory category, “Ethics, Documentation, Record Keeping and Patient Communications”)
- **“Fibromyalgia,”** Instructor/facilitator Virginia Norris-Schafer, DC, MD, MBA, 3 CE credits
- **“Integrative Health Care: An Emerging Model,”** Instructor/facilitator Thomas R. Ventimiglia, DC, FACC, 3 CE credits
- **“Pathophysiology, Evaluation, and Management of Headaches,”** Modules I through VI, Instructor/facilitator Scott Banks, DC, 2 to 4 CE credits
- **“Spinal Trauma: The Rest of the Story,”** Instructor/facilitator Charles Masarsky, DC, BS, 3 CE credits
- **“Systemic Effects of the Vertebral Subluxation Complex,”** Instructor/facilitator Charles Masarsky, DC, BS, 3 CE credits
- **“Treating the Female Patient - Post Partum and Beyond, Managing Back Pain,”** - Instructor/facilitator Diane Benizzi DiMarco, DC, BS, 2 CE credits
- **“Treating the Female Patient: The Menstrual Cycle,”** Instructor/facilitator Diane Benizzi DiMarco, DC, BS, 3 CE credits
- **“Treating the Female Patient: The Pregnant Female,”** Instructor/facilitator Diane Benizzi DiMarco, DC, BS, 3 CE credits (online only)

NEW YORK CHIROPRACTIC COLLEGE
Department of Postgraduate and Continuing Education
Call 1-800-434-3955 or visit our Web site at www.nycc.edu for details

Commencement

April 1, 2006

by Eoin Gregory, Student Writer & Photographer



Valedictorian Dr. Carin Castro delivered an inspiring class address.



The new graduates recite the Chiropractic Oath led by Dr. Michael Mestan, dean of chiropractic.



Salutatorian Dr. Melissa Scalzi O'Loughlin was recognized for her accomplishments.



The newest ACC Fellows, Dr. Margaret "Maggie" Finn (NYCC '92) and Dr. Rick McMichael, pose with NYCC President Dr. Frank J. Nicchi (center). Dr. Scott Surasky (NYCC '81) - not present at the ceremony - was also inducted into the ACC.



"Give back to your community," was the important message Dr. Lee Masterson (NYCC '83) urged in his commencement address.



NYCC President Dr. Frank J. Nicchi welcomes the graduates, their families and friends, NYCC Board of Trustees, and the NYCC faculty and staff.

All New
Formula!

Pro-Enz[®]

SUPPORTS SOFT TISSUE HEALING
& INFLAMMATION MANAGEMENT

Anabolic Laboratories introduces a reformulation of Pro-Enz[®]. This updated formula was designed to give your patients extended nutritional support for moderate to low-grade inflammation.

Pro-Enz[®] features the following ingredients:

- Boswelia
- Bromelain
- Ginger Rhizome
- Lemon Bioflavonoid
- Rosemary
- Turmeric



Dr. Mitch Mally, D.C.

"The new Pro-Enz[®] is an excellent formula for short or long-term support for inflammation."

For more information on Anabolic's quality line of products and a free catalog call:

(800) 445-6849

or email us at
customerservice@anabolicclabs.com

www.anabolicclabs.com

Anabolic Laboratories has been a leading manufacturer of nutritional supplements for health care professionals for over 75 years. We offer a comprehensive line of quality supplements and specialty formulas.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any diseases.



**ANABOLIC
LABORATORIES**



Transitions Magazine
PO Box 800
Seneca Falls, NY 13148-0800
Address Service Requested

Non-Profit Org.
US Postage
Paid
SENECA FALLS, NY
PERMIT NO. 80



**Giving Back
To The
Community
Is Part Of
Who We Are!**

