



Publication of New York Chiropractic College

May/June 2012

# *Transitions*

NYCC EVOLVES WITH  
CHIROPRACTIC



PAST · PRESENT · FUTURE

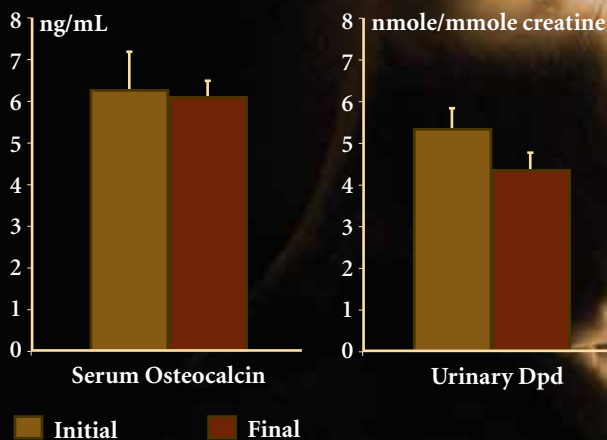
# New Research in Bone Regrowth

Calcifood<sup>®</sup>, Ostrophin PMG<sup>®</sup>, and Cataplex<sup>®</sup> D, used together, were found to decrease urinary deoxypyridinoline (Dpd), while maintaining osteocalcin levels (see chart).

These bone health supplements are unique because they provide readily absorbed nutrients from bone tissues to support the process of rebuilding and maintaining bone.\*

To find out more about these and other Standard Process products, call 800-558-8740 and ask for our Bone Health Literature Packet (L6213) or visit [standardprocess.com](http://standardprocess.com).

During a three-month trial, patients with osteopenia were given Calcifood<sup>®</sup>, Ostrophin PMG<sup>®</sup>, and Cataplex<sup>®</sup> D at the regular dosage. Osteocalcin was unchanged while urinary Dpd, a marker used to assess relative rates of bone loss secretion, decreased 18%. Decreased Dpd suggests that less bone was lost over the three months. No change in osteocalcin further suggests a positive environment for bone formation.



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Whole Food Supplements  
[www.standardprocess.com](http://www.standardprocess.com)





# Transitions

May/June 2012

New York Chiropractic College  
Institutional Advancement  
2360 State Route 89  
Seneca Falls, NY 13148  
(315) 568-3146  
pvantyle@nycc.edu  
www.nycc.edu

**Editor/Vice President of  
Institutional Advancement**

Peter Van Tyle

**Advisor/Designer**

Peggy Van Kirk

**Cover**

Amanda Van Tassel

**Illustrations**

Dennis Homack, DC '97

**Advertising**

Jill Henry

**Alumni Relations**

Diane Zink

**Writers**

Vicki Baroody

Kathryn Hadley

Amanda Van Tassel

Benjamin Carlow

Jason Wood

**Photography**

Vicki Baroody

Kathryn Hadley

Nicole Lynk

**Research Assistant**

Carol Simolo

## Inside This Issue

<i>Chairman's Message</i> .....	4
<i>President's Council</i> .....	6-7
<i>Corporate Sponsors/Annual Fund Donors</i> .....	7-8
<i>Series Articles</i> .....	10-19
<i>Annual Fund Gift Options</i> .....	20
<i>Student Spotlight</i> .....	21
<i>News Briefs</i> .....	22-31
<i>What's News</i> .....	36

TRANSITIONS is a publication of New York Chiropractic College and is distributed to more than 7,000 professionals, State Boards, Associations, State Publications, all NYCC students and other interested parties.

TRANSITIONS and New York Chiropractic College shall not be responsible for lost copy or printing errors.

*Transitions* surveys current literature and reports items bearing relevance to featured *Transitions* topics. Our staff makes every effort to relate the information in a relaxed and unencumbered style. We therefore, in many cases, dispense with citations that might otherwise detract from the magazine's overall readability. While we attempt to ensure that the information provided is accurate, timely and useful, we nevertheless acknowledge the possibility of human error and changes in medical sciences. The authors and New York Chiropractic College consequently cannot warrant that the information is in every respect accurate or complete, nor is the College responsible for any errors or omissions or for the results obtained from the use of such information. Rather, readers are encouraged to confirm the information with other sources. The information herein is for educational purposes only and is presented in summary form in order to impart general knowledge relating to certain clinical trials diseases, ailments, physical conditions and their treatments. The data should not be used for diagnosing or treating a health problem or a disease, nor is it a substitute for sound medical advice. Content herein does not replace the advice and care of a qualified health-care provider. Note also that rapid advances in the medical field may cause this information to become outdated, incomplete, or subject to debate. New York Chiropractic College does not recommend or endorse any specific tests, products, procedures, opinions, or other information that may be mentioned herein. Reliance on any such information provided is solely at your own risk. Finally, practitioners are encouraged to acquaint themselves with their states' rules and regulations relating to professional practice.

# Chairman's Message

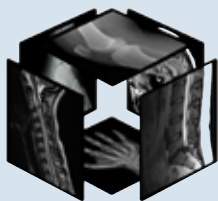
## Chiropractic Past, Present & Future

I'm pleased to see that *Transitions* magazine is addressing the topic, "Chiropractic - Past, Present, and Future" - tracing the road we've traveled and taking stock of just how far we've come. New York Chiropractic College, much to its credit, has prepared more than its share of great doctors and groomed a good many eminent leaders within the profession.

I also want to applaud the College's many friends and loyal alumni who made it a point to attend this year's Homecoming weekend. What a wonderful opportunity it was to relax in upstate New York's lovely Finger Lakes, to catch up with old friends, and to attend classes taught by highly esteemed continuing education instructors!



Walter McCarthy, BBA, MBA  
Chairman of the Board of Trustees



**NYCC DIAGNOSTIC IMAGING**  
QUALITY PATIENT CARE THROUGH IMAGING EXCELLENCE



*Specializing in Diagnostic Imaging Interpretation of Neuromusculoskeletal Conditions*

- Digital radiographic examinations at any of our three locations.
- Clinically relevant, professional interpretation of X-Ray, CT, and MRI studies.
- Teleradiology services. We can read studies directly sent from your office or imaging center.
- Most studies are read within 24 hours. We offer a 48-hour guaranteed turnaround.



- Personal phone consultations available.
- All studies are reviewed by two diagnostic imaging professionals, including at least one board-certified chiropractic radiologist.
- Digitization of imaging studies.
- Problem-solving quality assessment of radiographic studies.
- Expert witness testimony in issues related to diagnostic imaging.

### Radiologists:

**Nic Poirier, DC, DACBR, CCSP and Chad Warshel, DC, DACBR**

[www.nyccrad.com](http://www.nyccrad.com)

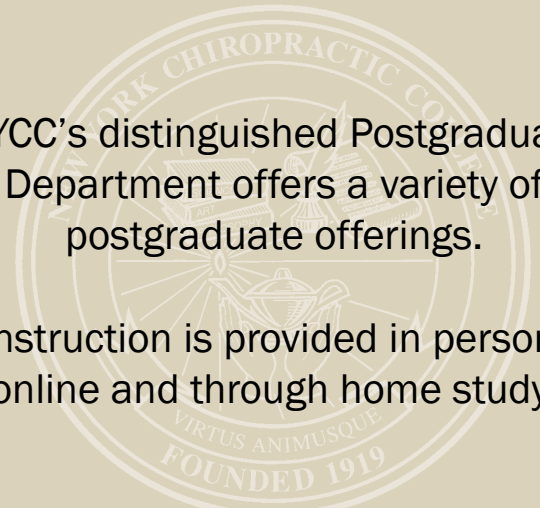
# Not all Postgraduate Departments are Created Equal

There's a **very good** reason why the **very best** instructors choose New York Chiropractic College and why the **very best** students do as well!



NYCC's distinguished Postgraduate Department offers a variety of postgraduate offerings.

Instruction is provided in person, online and through home study.



Visit our Web site at: [http://www.nycc.edu/PostGrad\\_home.htm](http://www.nycc.edu/PostGrad_home.htm) or call 1-800-434-3955 for a complete listing of classroom, online, home study and teleseminars.

Dynatronics • Hausmann • MedFit Systems • ErgoStyle Tables • Sciffit

Chattanooga • Landice • Hill Tables • Multi Radiance Medical • Sciffit • Quantum • J-Tech

**All The Products You Need... & The Personal Service You Deserve!**

Ask For Details About Our 6 Month No Payment Financing

Laser Therapy • Vibration Therapy • Electric Stimulation • Ultrasound Therapy • Units • TENS Tables • Traction • Rehabilitation Equipment Evaluation Equipment • Supplies • Electrodes Pillows • Lumbar Supports • Low Back Cushions • Cervical Collars • Paper Products • Lotions Gels • Kinesio Tape • Theraband • Hot Packs Cold Packs • Orthogel... and Much More!

Call Today For Our Fabulous Trade-in Promotion!

**HP** Harlan Health Products, Inc.  
PO Box 8421, Pelham, NY 10803  
[www.HarlanHealth.com](http://www.HarlanHealth.com)  
(800) 345-1124

Dynatronics • Hausmann • MedFit Systems • ErgoStyle Tables • Sciffit

## Anatomical Gift Program

Play an important role in natural healthcare education and research.

Make an anatomical gift to New York Chiropractic College.

Call the New York Chiropractic College Anatomy Center to obtain donor forms: (315) 568-3196.

(Must be 18 years of age or older)



NEW YORK  
CHIROPRACTIC  
COLLEGE

Finger Lakes School of Acupuncture & Oriental Medicine  
School of Applied Clinical Nutrition

## President's Council

President's Council is vital to the life and well-being of New York Chiropractic College. Its valued members play a pivotal role in allowing us to meet our goals by financially supporting the College's mission.

### PRESIDENT'S COUNCIL

#### Lifetime Membership Society

\$25,000 or more

**Dr. Edwin M. & Mrs. Sharon Kenrick**  
South Sutton, NH

### PRESIDENT'S COUNCIL

\$10,000

**Drs. Marc & Emily Persson '04**  
Swarthmore, PA

\$5,000 to \$7,500

**Dr. Frank '78\* & Carol Nicchi**  
Seneca Falls, NY

**Dr. & Mrs. Philip T. Santiago '78**  
Lake Hiawatha, NJ

\$2,500 to \$4,999

**Dr. Glenn '94 &**

**Dr. Christine '94 Foss**  
Riverdale, NJ

**Dr. & Mrs. James P. Powell\***  
Canton, OH

**Dr. & Mrs. John P. Rosa '92\***  
Rockville, MD

\$1,500 to \$2,499

**Dr. & Mrs. G. Lansing Blackshaw\***  
Belfast, ME

**Drs. Andrew '00 & Silvia '01 Choi**  
Gaithersburg, MD

**Dr. Michael J. Cindrach '80 &  
Dr. Deborah Kleinman-Cindrach '82**  
New York, NY

**Dr. & Mrs. Robert A. Crocker, Jr.**  
North Babylon, NY

**Dr. & Mrs. Thomas DeVita '75\***  
Acton, MA

**Mrs. Diane C. Dixon**  
Syracuse, NY

**Dr. Karen Erickson '88\***  
New York, NY

**Dr. Susan Blair Fries '05**  
Vero Beach, FL

**Dr. Joseph R. Gambino '04**  
Freeport, NY

**Dr. Sylvie Heyman '89\* &**

**Mr. David Heyman**  
New York, NY

**Mr. & Mrs. Robert E. Kernan, Jr.\***  
Seneca Falls, NY

**Dr. Frank S. Lizzio '80\***  
Parkchester, NY

**Mr. & Mrs. Walter McCarthy\***  
Sandy Hook, CT

**Dr. & Mrs. George B. McClelland\***  
Christiansburg, VA

**Mr. and Mrs. John Palmucci\***  
Timonium, MD

**Ms. Catherine Richardson\***  
Syracuse, NY

**Dr. and Mrs. Andrew M. Rodgers '74**  
Fort Lee, NJ

**Dr. & Mrs. Roy H. Siegel '77**  
New York, NY

\$1,000 to \$1,499

**Dr. Donald S. Allen**  
Canandaigua, NY

**Mr. Sean Anglim**  
Webster, NY

**Dr. William Atherton '95**  
North Miami Beach, FL

**Dr. Yusef Barnes '97\***  
Bradenton, FL

**Dr. Raymond Bartoli '95**  
Brooklyn, NY

**Dr. Lewis J. '78\* &**

**Dr. Olga Gazonas '83 Bazakos**  
Valley Stream, NY &  
Long Island City, NY

**Bond, Schoeneck & King, PLLC**  
Syracuse, NY

**Dr. Susan Bradley '94**  
New York, NY

**Mr. Eugene B. Bradshaw**  
Seneca Falls, NY

**C. H. Insurance**  
Syracuse, NY

**Dr. Christopher J. Colloca**  
Chandler, AZ

**Dr. Robert Daley**  
New Hyde Park, NY

**Dr. & Mrs. John DeCicco '82**  
Seneca Falls, NY

**Mr. & Mrs. Louis P. DiLorenzo**  
Romulus, NY

**Dr. C. Kevin Donovan '81**  
Middletown, RI

**Dr. & Mrs. Stephen T. Eble '81**  
Mount Kisco, NY

**Dr. Mark Feldman '84**  
Morphett Vale, SA Australia

**Dr. Margaret M. Finn '92**  
Rochester, NY

**Foot Levelers, Inc.**  
Roanoke, VA

**Dr. Lillian M. Ford '85**  
Canandaigua, NY

**Drs. Bruce L. '82 & Barbara '83 Friedman**  
Jericho, NY

**Dr. Lawrence Goodstein '98**  
Seakonk, MA

**Harlan Health Products**  
Pelham, NY

**Drs. Charles & Faith Hemsey**  
Montville, NJ

**Dr. Vincent A. Justino '98**  
New York, NY

**Dr. Joseph J. Lombino '84**  
Monroe, NY

**Dr. Wendy Maneri & Family '99**  
Auburn, NY

**Dr. Ronald G. Manoni '81**  
Danbury, CT

**Dr. Joseph A. Mascaro '84**  
Niantic, CT

**Dr. Michael Mestan & Family**  
Seneca Falls, NY

**Dr. & Mrs. Tyran Mincey '98\***  
Montclair, NJ

**Dr. Jason G. Napuli '03 &**

**Dr. Kristina L. Petrocco-Napuli '03**  
Canandaigua, NY

**Dr. Serge Nerli '83\***  
Fresh Meadows, NY

**Neurodiagnostics Institute, LLC**  
Daytona Beach Shores, FL

**Drs. George & Teresa Ngo '72**  
Garfield, NJ

**Dr. Vincent Notabartolo '94**  
Staten Island, NY

**Dr. & Mrs. David Odiorne**  
Seneca Falls, NY

**Dr. & Mrs. Kenneth W. Padgett**  
Romulus, NY

**Dr. Richard &**

**Dr. Maria Pashayan '82**  
Garden City, NY

**Dr. & Mrs. Valerio Pasqua**  
Placida, FL

**Dr. Julie Plezbert**  
Ithaca, NY

**Prime, Buchholz & Associates, Inc.**  
Portsmouth, NH

**Mrs. Karen Quest**  
Auburn, NY

**Relp Benefits Advisors**  
Pittsford, NY

**Dr. Michael J. Rodriguez '78**  
Ormond Beach, FL

**Dr. Rick Rosa '96 & Dr. Dina  
Tagliareni-Rosa '97**

Alexandria, VA

**Mr. Gary Ryan**  
Syracuse, NY

**Seneca Meadows, Inc.**  
Waterloo, NY

**Ms. Elizabeth Shiah\***  
New York, NY

**Sodexo Services**  
Greensburg, PA

**Dr. Charles R. Solano '67 &**

**Dr. Peggy Grabinski-Solano**  
Yonkers, NY

**Mr. George G.\*\* & Mrs. Susan Souhan**  
Romulus, NY

**Dr. Frederick '99 & Leslie Sylvester**  
Pottstown, PA

**Mrs. Robert Tarnow**  
Naples, FL

**Mr. Peter Van Tyle**  
Seneca Falls, NY

**Dr. & Mrs. Thomas R. Ventimiglia '80**  
Woodhaven, NY

**Dr. Andrew S. Wasserman '82**  
Coral Springs, FL

**Drs. Andrew & Andrea Williamson '00**  
Mount Airy, MD

**Wilson Press/Mailhouse**  
Seneca Falls, NY

**Dr. Wayne M. Winnick '81**  
New York, NY

**Mr. & Mrs. Richard B. Worden**  
Seneca Falls, NY

### **CORPORATE SPONSORS**

#### **Platinum**

Standard Process  
Douglas Laboratories  
Foot Levelers, Inc.  
Future Health  
Multi Radiance Medical  
NCMIC

#### **Gold**

Hygenic Performance Health  
Seneca Meadows, Inc.

#### **Silver**

Blue Poppy Enterprises, Inc.  
Harlan Health Products  
Lloyd Table Company

### **ANNUAL FUND**

#### **Gifts in Kind**

**\$5,000 and above**

Dr. Drew DeMann '86

#### **The Delavan Theater Seat**

(Purchases to date)

**\$500 to \$999**

Dr. Gil Allen

Dr. Lewis J. '78\* &

Dr. Olga Gazonas '83 Bazakos  
Dr. & Mrs. G. Lansing Blackshaw\*

Dr. Matthew Coté '80

Dr. Steven J. Lavitan '76

Dr. & Mrs. Frank S. Lizzio '80\*

Ms. Mary Jo Maydew

Dr. Michael Mestan

Mrs. Patti Mestan

Dr. Ron Mestan

Dr. Frank\* '78 & Carol Nicchi

Dr. Marc Persson '04

Dr. & Mrs. John P. Rosa '92\*

Dr. David Seaman '86

Dr. & Mrs. Gilbert Trad '62

#### **Walkway of Honor Brick**

(Purchases to date)

**\$100**

Mr. Candido Adorno

Dr. Gil Allen

Mr. Sean Anglim

Dr. & Mrs. J. H. Atland

Dr. Ellen Bialo '83

Dr. James Bianco '98

Dr. & Mrs. G. Lansing Blackshaw\*

Dr. Justin Calhoun '97

Dr. Richard E.\*\* & Mrs. Marjorie Carnival

Dr. Rosemarie Cartagine '88

Class of 2008, DC

Class of July 2011, DC

Mr. Norman G. Cohen

Dr. Lawrence Connors '76

Dr. Susan D. Marchese Corwith '80

Dr. Matthew Coté '80

Dr. Robert A. Crocker

Dr. Annamarie Dauterman DC '05 & ADM '06

Dr. Marisa D'Andrea '89

Dr. Adam J. Del Torto '84

Dr. John DeMaio '90

Dr. & Mrs. Thomas DeVita '75\*

Dr. Robert F. DuBois '78

Ms. Darlene Easton

Dr. Jonathon Egan '06

Eisenhower College Alumni Association, Inc.

Dr. Margaret M. Finn '92 &

Ms. Joy Collins

Dr. Charles Flood '05

Mr. & Mrs. Joseph M. Franchino

Dr. Denise Franzese '91

Dr. Lynn Friedman '89

Dr. Maria Giacalone '96

Drs. Isaac '02 & Laura '03 Greeley

Dr. Robert A.D. Gregory '54

Dr. Kyle Grice '97

Dr. Brian Goldberg '98

Dr. Allan & Joan Grossman

Dr. Aaron J. Haydu '00

Dr. Sylvia Heyman '89\* & Mr. David Heyman

Dr. Jason A. Hockenberry '99

Dr. & Mrs. Daniel Holland

Dr. Dennis M. J. Homack '97

Dr. Dean Insana '96

Mr. Daniel Kanaley

Dr. Tamara S. Kennard '01

Dr. Thomas M. Klapp

Dr. Barbara Ladagona '78

Bill & Liz Larzelere

Dr. Steven J. Lavitan '76

Dr. Aizhong Li

Dr. Donald Littlejohn '85

Dr. & Mrs. Frank S. Lizzio '80\*

Dr. Ernie Lombardi '00

Greg & Joan Lynch

*(Continued on next page)*

## ANNUAL FUND

### Walkway of Honor Brick

(Purchases to date)

#### \$100

Dr. Vincent Malba '00  
Dr. Victoria Malchar '81  
Dr. Carol Ann Malizia '89  
Dr. Michael McKeown '06  
Ms. Patricia Merkle  
Dr. Michael Mestan & Family  
Dr. Ron & Patti Mestan  
Dr. Laura B. Murphy '90  
Dr. Serge Nerli '83\*  
Dr. Frank\* & Carol Nicchi  
Dr. & Mrs. David Odiorne  
Dr. Jay A. Okin '63  
Dr. & Mrs. Kenneth W. Padgett  
Dr. Marc Persson '04  
Susan & Wesley Pittenger  
Dr. Stephen A. Pokowicz  
Dr. & Mrs. James Powers  
Ms. Karen Quest  
Donald & Laurie Reynolds  
Ms. Catherine Richardson\*  
Dr. Steven Riess '82  
Dr. Brian Ruggiero '01  
Mr. Sumner M. Saeks  
Dr. Jay H. Schwartz '81  
Dr. David Seaman '86  
Ms. Elizabeth Shiah\*  
Dr. Mark A. Shulman '83  
Dr. Susan A. Sirianni '97  
Dr. Chris Sparke '04  
Dr. Ryan E. Springer '10  
Dr. Gregory Triandafilou '83  
Dr. Irene Trzybinski '04  
Dr. Connie Unetich '97  
Mr. Peter Van Tyle  
Dr. Marissa Wallie '00  
Mr. & Mrs. William J. Wayne  
Ms. Colleen Weaver  
Dr. & Mrs. Brad Weiss  
Drs. Andrew '00 & Andrea '00 Williamson  
Mr. Richard Worden  
Ms. Hungyu Wu

#### Benefactors

#### \$500 or more

Mrs. Patricia C. Tarnow  
Dr. Stephen A. Pokowicz '93  
Dr. G. Lansing Blackshaw

Dr. Joseph R. Gambino '04  
Dr. Sylvie G. Heyman '89 & Mr. David Heyman  
Peter & Gretchen Koch  
Ms. Mary Jo Maydew  
Dr. Marc & Emily Persson '04  
Dr. Julie Plezbert  
Dr. Ronald Saffko '81

#### \$100-\$499

Dr. Samuel J. Amari '77  
Dr. Yusef C. Barnes '97  
Dr. Lewis '78 & Olga Gazonas '83 Bazakos  
Dr. Ellen Bialo '83  
Dr. James F. Bianco '98  
Dr. G. Lansing Blackshaw  
Dr. Stacy Scott Cohen '84  
Dr. Frank Coppola '83  
Dr. Robert Daley  
Dr. John V. DeMaio '90  
Dr. Thomas R. Devita '75  
Dr. Marc A. Dupuis '03  
Dr. Jonathon Todd Egan '06  
Eisenhower College Alumni Association Inc.  
Dr. Karen L. Erickson '88  
Dr. Sloane Eusebio '99  
Drs. Adam '87 & Irene '86 Fidel  
Forte Holdings, Inc.  
Dr. Charles Goshorn '88  
Dr. Carl J. Heusler '94  
Dr. Sylvie G. Heyman '89 & Mr. David Heyman  
Dr. Steven Jonas '77  
Mr. Robert Kernan  
Dr. Gregory Krumholz '96  
Dr. Alan N. Lander '80\*\*  
Dr. Steven Lavitan '76  
Dr. Cheryl Ann Lee-Pow '06  
Dr. Scott H. Leist '88  
Dr. Frank S. Lizzio '80  
Ms. Joan Lynch  
Dr. Christopher A. Marchese '93  
Ms. Mary Jo Maydew  
Mr. Walter McCarthy  
Dr. George B. McClelland  
Ms. Patricia R. Merkle  
Dr. Tyrann G. Mincey '98  
Dr. Renee M. Mooney '97  
Dr. Serge Nerli '83  
Dr. Frank J. Nicchi '78  
Dr. Sachin B. Patel '04  
Dr. Michele L. Pavelski '00  
Dr. James Powell

Ms. Karen Quest  
Dr. Brian M. Rebori '05  
Dr. Rodney Rishel '00  
Dr. Marcia C. Sasso '83  
Dr. Erik R. Schmidt '95  
Dr. Robert S. Schwartz '78  
Dr. Raymond Semente '83  
Dr. Jeffrey Shebovsky '91  
Dr. Alan Sherr '80  
Dr. Elizabeth Shiah  
Dr. Scott N. Surasky '81  
Dr. Brad M. Todaro '04  
Dr. Gregory Triandafilou '83  
Toughman Inc.  
Dr. Shawn Williams '04

#### HERITAGE SOCIETY

Dr. Gil Allen  
Dr. Sylvie Heyman '89  
Dr. Art Kellenberger '78  
Dr. I. Richard\*\* '55 & Edna\*\* S. Osder  
Dr. Marc Persson '04  
Dr. Helene Rebenklau '39  
Dr. & Mrs. Lee VanDusen  
Dr. Lawrence F. Wozniak '67

#### SCHOLARSHIPS

Don & Kay Allen International Scholarship Fund  
Dr. Kenneth W. Padgett funded by  
NYCC Alumni Association  
Dr. Michael A. Hoyt '78  
Dr. George '49 & Frances Koenig  
Dr. Marc Persson Merit Scholarship

#### MEMORIAL SCHOLARSHIPS

Dr. Jack DiBenedetto  
Dr. William & Florence Crowther  
Dr. Wendy Fein '77  
Dr. Arnold "Mickey" &  
Mrs. Lucille Goldschmidt  
Dr. & Mrs. Herbert S. Law  
Dr. Marvin B. Sosnik  
Dr. Walter L. Vaughn

\*Board of Trustees Members

\*\*Deceased

**Thank you for  
giving back!**

Donor's name appears on the Abbott and Miriam Wellikoff Giving Wall.

“After 20 Years it’s Time to Give Back!”

*Dr. John Rosa*

# 20-20 Vision

*20 Years - 20 Leaders - Raise 20,000 dollars for student scholarships*



*Michael Jordan*



*Kara DioGuardi*



*Mike Piazza*



*Leon Panetta*

“Over the years I have seen the power that giving to a good cause can have. I’ve worked with world-famous celebrities including Mike Piazza, Michael Jordan, Kara DioGuardi and Leon Panetta. They know the importance of volunteering and giving back.

Class of 1992 – I now reach out to you. Join me in helping students get the best education possible! I know we have at least 20 classmates who have the vision, foresight and compassion.

Together, let’s create a lasting legacy recognizing our special class - The Class of 1992.”

Dr. John Rosa  
NYCC Class of 1992  
Current NYCC Trustee

**20**  
*Years*  
**Leaders**  
*Raise 20,000 dollars*

*Donors’ names will appear on the scholarship award and be publicly acknowledged.*

# 20-20 Vision

*20 Years - 20 Leaders - Raise 20,000 dollars for student scholarships*

**Please accept my gift (check one):**

\$1,000    \$500    \$100    Other \$ \_\_\_\_\_

**Method of payment (check one):**

Check (Payable to NYCC)    VISA    Master Card    Discover    American Express

Name on Credit Card \_\_\_\_\_ Date \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiration date \_\_\_\_\_ 3 digit code \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone Number \_\_\_\_\_

**Return form to:**

New York Chiropractic College (Attn: Jill Henry)  
Institutional Advancement Office  
2360 State Route 89, Seneca Falls, NY 13148

FAX: 315-568-3153 ~ E-mail: [jhenry@nycc.edu](mailto:jhenry@nycc.edu) ~ Phone: 800-234-6922 (Ext. 3151)



# Chiropractic and NYCC Evolving Together



1895 ~ 2012



*Kenneth W. Padgett, DC  
Chancellor*

**N**YCC Chancellor *Kenneth W. Padgett, DC*; Trustee *Thomas DeVita, DC* (NYCC '75); Director of Accreditation *Beth Donohue, DC*; Associate Professor *Lillian M. Ford, DC* (NYCC '85); Associate Professor *David S. Aberant, MS*; and Associate Professor *John L. DeCicco, DC* (NYCC '82), share their recollections.

## **Taking Stock**

How did we get here? Currently, under President Dr. Frank Nicchi's watch, and largely due to his efforts, NYCC is highly regarded for a multi-programmatic curriculum that offers students dual-degree opportunities, for consistently achieving top placement in national boards, for integrating chiropractic into professional settings previously only dreamed of, and for receiving recognition, time and again, for nurturing a rewarding work environment that employees crow about. As Board Chair Walter McCarthy expressed in his Chairman's Message, there are times to trace the road one travels and to take stock of just how far one has come.

## **In the Beginning...**

Spinal manipulation dates back to the days of the ancient Chinese and Greeks. In fact, Hippocrates, often alluded to as the "father of medicine," performed manipulative techniques.

Relatively recently, in 1895, Daniel David (D.D.) Palmer carried out the first chiropractic adjustment on Harvey Lillard of Davenport, Iowa, who had suffered from hearing loss for 17 years. Over the course of his receiving a series of chiropractic adjustments administered by Palmer, Lillard's hearing returned. Soon thereafter, in 1898, D.D. started teaching chiropractic at his new Palmer School of Chiropractic. His son (and student), Bartlett Joshua (B.J.) Palmer, took over the school in 1906 and began employing X-rays in chiropractic care four years later.

## **A Difficult Road**

By the 1930s, chiropractic had become the largest alternative healing profession in the United States. Its path, though, hadn't been an easy one. The profession withstood considerable opposition over the years from the medical mainstream, and some chiropractors were jailed for "practicing medicine without a license." In 1906, D.D. Palmer, too, was convicted of practicing medicine without a license and served 23 days behind bars. By 1972, however, legislation had been passed enabling Medicare patients to receive chiropractic care, and in 1987 the landmark *Wilk, et al v. AMA, et al* decision held that the AMA had engaged in unreasonable restraint of trade and that their boycott of chiropractic was illegal and must cease.



*Beth Donohue, DC  
Director of Accreditation*



NYCC Chancellor Dr. Kenneth Padgett recalls what it was like practicing chiropractic in New York State prior to state licensure: “It [administering chiropractic adjustments] wasn’t illegal in New York; anybody could, but telling someone to take a glass of water or taking someone’s blood pressure could result in an arrest for practicing medicine without a license.” Though Dr. Padgett was never arrested, he knew several chiropractors who had been. He and his colleagues would notify one another whenever undercover state inspectors would unwittingly tip their hand by requesting that their blood pressure be taken.

Former NYCC faculty member Dr. Lloyd Henby was one of the unfortunate chiropractors to have been arrested. Practicing from his home, he emerged one afternoon to grab some lunch only to be met by the chief of police walking alongside an agent from the State Education Department: “Are you Mr. Henby?” When Henby said “yes” he was placed under arrest for practicing medicine without a license and taken to jail in Watkins Glen. It turned out that both the chief of police and the presiding judge were Henby’s patients. Later that afternoon Henby was back in his office treating patients. In 1963 licensing legislation was approved in New York.

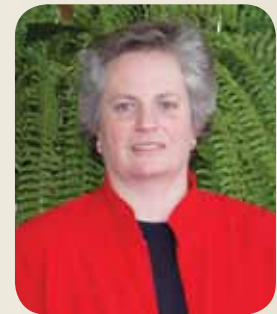
Adversity only seemed to strengthen resolve among members of the profession. They also received help from various quarters. The Universal Chiropractic Association (now the American Chiropractic Association) was organized in 1906 and provided legal services to the new class of “criminals.” The association helped the fledgling profession carve out its own professional niche. Chiropractors also launched political initiatives to support licensing statutes. Ultimately, all 50 states passed chiropractic licensing legislation - beginning with North Dakota and Kansas in 1915 and ending with Louisiana in 1974.

**Education and Involvement**

Though New York licensure was passed in 1963, Dr. Padgett was still on the receiving end of disparaging epithets. Accordingly, he entered the race for county coroner. Following his election, every medical doctor involved in any unattended death was required to work with him. They found him to be knowledgeable about a variety of medical topics. Little by little, relations between members of the two professions improved. Padgett also helped promote chiropractic-friendly legislation in Washington related to Medicare and to Veterans Affairs.

**Supportive Infrastructure**

Burgeoning political, educational and organizational structures helped to bolster the



*Lillian M. Ford, DC  
Associate Professor*



*John L. DeCicco, DC  
Associate Professor*



*David S. Aberant, MS  
Associate Professor*

*Continued on next page*



# Chiropractic and NYCC Evolving Together



1895 ~ 2012

profession. For example, the National Council of Chiropractic Examining Boards was established in 1926 (later renamed the Federation of Chiropractic Licensing Boards). The National Board of Chiropractic Examiners formed in 1961. As mentioned, in 1963 New York State passed legislation licensing chiropractic - the same year that the National Board of Chiropractic Educators was chartered to administer its qualifying examinations. The Association of Chiropractic Colleges arose in 1970, and in 1974 the U.S. Department of Education selected the Council on Chiropractic Education to be the accrediting agency for chiropractic education.

## Academia

By 1922 there were more than 80 chiropractic schools operating throughout the United States. Columbia Institute of Chiropractic (New York Chiropractic College's predecessor) made its entry in 1919. The B.J. Palmer Research Clinic at the Palmer College of Chiropractic subjected chiropractic theories to scientific rigor from 1935 until B.J.'s death in 1961. The Foundation for Chiropractic Education and Research (FCER) was founded in 1944 and was a respected chiropractic research-funding institution that provided grants, fellowships, and residencies totaling nearly \$10 million during the period 1980 until its termination in 2009. In March 1978, the *Journal of Manipulative & Physiological Therapeutics*, the first peer-reviewed chiropractic publication, published its first issue. Two years later, an Association for the History of Chiropractic was established. A peer reviewed publication for chiropractic education, the *Journal of Chiropractic Education*, was initiated in the mid-1980s when chiropractic faculty member Grace Jacobs, DC recognized the need for chiropractic education to "mature." The *Journal's* management was thereafter assumed by the Association of Chiropractic Colleges and Dr. Jacobs continued on as editor for several years, followed by Reed Phillips, DC, PhD, and current editor, Bart Green, DC, MEd, DACBSP. The publication is included in such major indexing systems as CINAHL, ICL, MANTIS, and the National Library of Medicine's PubMed

Chiropractic busily developed a more robust and sophisticated curriculum. An example may be seen when NYCC replaced the dissection of monkeys with human cadavers. Associate Professor David S. Aberant, MS, who, in 1974, began when the College moved from Manhattan to Old Brookville on Long Island and was called Columbia Institute of Chiropractic (CIC), can still recall instructing anatomy with the monkeys and pithing frogs for neurophysiology lab. CIC had limited facilities. Lecture halls and laboratory space were rented from New York Institute of Technology. Basic sciences faculty were hired by NYIT and assigned to teach chiropractic classes. NYCC also enjoyed the distinction of being one of the first chiropractic colleges to seek and obtain regional accreditation back in 1985, in





addition to its programmatic CCE status, according to Beth Donohue, DC, MS, NYCC's director of accreditation.

### **NYCC – The Early Days**

Some faculty members who enjoy a longstanding history with the College happily call up their early years with the school. Associate Professor John L. DeCicco, DC (NYCC '82), for example, has been with the College for almost 30 years. He was introduced to chiropractic through a series of back injuries suffered at age 24 that, he was told, would require surgery. Dr. Dan Nicoletti (NYCC '65), who had treated him successfully, encouraged DeCicco to pursue a career in chiropractic. The college varied from the one now located upstate. There was no on-campus housing, almost all students came from the New York metropolitan area, and there were far more “second career” students. Classes were held on the NYIT campus for several years while new NYCC buildings were constructed. Already a family man, DeCicco recalls bringing his daughter's Girl Scout cookie order form to the Levittown clinic. Classmate Michael Small appointed himself as unofficial sales manager and sold some 60 cases of cookies to students and faculty. DeCicco's daughter won a prize that year.

Then there's Associate Professor Lillian M. Ford, DC (NYCC '85). Raised in a family of chiropractic patients and inspired by their family doctor, CINY graduate Dr. Kenneth Ahlgren, Ford declared at the age of eight that she would one day become a chiropractor. Dr. Ford chose NYCC for its excellent reputation. She favorably recollects the strong bonds among the students and her working closely with the faculty and students as unofficial teaching assistant and graduate fellow in anatomy.

Aberant remembers the early Unity Days, an event created to encourage various factions on campus to meet and mingle. “The first few Unity Days were from 8:00 a.m. until midnight, with a cross-country race and a dunking booth,” said Aberant. “Many people smoked in class – yes, even future chiropractors.” He also recalled great beach parties at Jones Beach and at Robert Moses Beach.

NYCC Trustee Thomas DeVita, DC (NYCC '75), was inspired to become a chiropractor after his mother, bedridden with severe disc problems, was told she needed surgery. Within three visits to the chiropractor she was up walking and has successfully avoided the surgery for the remainder of her 84 years. DeVita's neck injuries that began while wrestling in college improved significantly with chiropractic treatment. He attended CIC when it was located on West 71<sup>st</sup> Street in Manhattan and had very little in the way of its own facilities. “It was exciting because we came in as one of the largest classes,” he said. “The momentum was



*Continued on next page*



# Chiropractic and NYCC Evolving Together



1895 ~ 2012

building as people gained interest in chiropractic.” He was a member of the second-to-last class to graduate from the Manhattan campus.

In 1996, while he was Chairman of the Massachusetts State Board of Chiropractic Examiners, DeVita made his first trip to NYCC’s Seneca Falls campus. “I was impressed and couldn’t believe the difference from when I had gone to school.” He finished his service to the Board of Examiners in April, 2004, and joined NYCC’s board of trustees during its October meeting that year.

## Move to Seneca Falls

Following the unexpected passing of NYCC President Dr. Ernest G. Napolitano in 1985, it wasn’t immediately known who would assume NYCC’s presidency. The College was financially healthy and had accrued an impressive endowment. The Council on Chiropractic Education recommended the College develop and hire more full-time faculty and create its own laboratories. Dr. Padgett, who headed NYCC’s Facilities Committee, knew that significant funds were expended in unsuccessful attempts to secure variances from the town of Old Brookville for facility expansion on the Old Brookville campus. He was also aware that the Eisenhower College campus in Seneca Falls had lain dormant for eight years and felt it unfortunate the buildings weren’t used for any constructive purpose. Dr. Keith Asplin, president from 1987-89, contacted Dr. Padgett and asked him to tour the Eisenhower College campus with NYCC Board Chairman Ben Lopez.

The Board ultimately voted to purchase the Seneca Falls campus. Padgett was to be its president. The move upstate and preparations for classes turned out to be quite an undertaking – one that involved moving property and personnel from Old Brookville to Seneca Falls. Many of the faculty didn’t want to relocate and several students, upset about the move, considered transferring to other schools. Attractive concessions were offered to staff and faculty that included moving allowances and bonuses. All told, over \$20 million was spent preparing for the move and refurbishing the facilities.

Dr. DeCicco wasn’t sure if he’d be staying with the College when the move from Old Brookville to Seneca Falls was announced. In May 1991, while on a trip to pick up his son from SUNY Binghamton, he checked out the Seneca Falls campus and decided to make the transition. “For the first two years I commuted back and forth to Long Island every week until my daughter graduated from high school, teaching from Tuesday through Thursday and returning to practice on Friday, Saturday and Monday.” Dr. Donohue, hired in 1988, had only worked for the College for six weeks when she was informed of the move. She assisted with the logistics of the move and recalls it as a challenge that was successfully met.

DeCicco lauds the College’s strong infrastructure and the traditions that have developed





throughout the 21 years it has been in Seneca Falls – Convocation, the Seventh Trimester Transition Ceremony, Homecoming, the Learning Center (now AAESS), the first new buildings constructed on the campus (the Research Building and Academic 3), the Athletic Center and its facilities, and the fact that NYCC draws students throughout the country and globally. Aberant recalls the opening of the first lecture hall, anatomy lab, and the differing opinions regarding what should be taught, and how it should be taught.

Dr. Ford witnessed a number of significant events at the College. She was among the first students to experience cadaveric anatomy. She witnessed the opening and subsequent closing of the neurological diagnostic center, the Middle States accreditation for the school, and the Kentuckian fundraisers (one of which resulted in the single largest donation ever made to the facility).

### Inspirational Leaders

Many prominent leaders in the chiropractic profession have passed through NYCC's doors. Dr. DeCicco recalls truly gifted teachers whose training, mentoring skills and experience were extremely valuable. Among them were Drs. Frank DeGiacomo, Phil Striano, Libero Violini, Mary Miksic, Edward Alcamo, and Roger Walter. Dr. Miksic invited DeCicco to return to NYCC in 1983 to teach with Dr. Valerie Loehr in her neurophysiology labs one day each week. Dr. Lillian Ford then called DeCicco in 1988 to inquire whether he'd be interested in coming back to teach in the technique department.

DeCicco found Dr. Napolitano to be a significant presence on campus. He addressed students in gathered groups and *en masse*. His impact was profound, DeCicco recollects. "On Unity Day he would make a grand entrance several hours into the festivities, usually with an entourage, park himself on a lawn chair under a shady tree and hold court until late afternoon." Dr. Ford also counts herself lucky to have known and chatted with Dr. Napolitano about chiropractic. She found his storytelling to be a real treat. According to her, he played a vital role in developing NYCC into the leading institution it is today. DeVita agrees that Napolitano had a "big vision" for NYCC. "On our first day of school, he welcomed us and spoke about how the school would someday have a beautiful campus and would be fully accredited by both the State of New York and the United States Department of Education. It was a dream he had that eventually came true."

DeVita also singled out two gentlemen who currently serve the College through the Board of Trustees: Dr. Frank J. Nicchi, who he feels is a great example of a leader in the profession and who has "taken the school to another level"; and Lewis Bazakos, DC (NYCC



*Continued on next page*



# Chiropractic and NYCC Evolving Together



1895 ~ 2012

'78), former chair of the ACA and Summit leader.

Ford lists leaders who helped shape both the College and the profession and their contributions: Dr. Frank Dean, founder and the man responsible for the College's commitment to strong science and diversity in technique; Dr. Neil Stern, CCE expert and active in the clinical competencies movement; Dr. Donald Murphy, the "consummate clinician-scientist"; Drs. Scott Surasky and Frank Cartica representing the new wave of faculty at the College in the early 1980s who helped usher in contemporary clinical science methods; Dr. Richard Carnival, instrumental in securing chiropractic licensure in New York State; Dr. Kenneth Padgett, the driving force behind the move from Long Island to Seneca Falls; and Dr. Frank J. Nicchi, the first NYCC alumnus to become president of NYCC and whose career has been inspirational to many through his respect for the past and commitment to the future. He helped change the face of alumni relations at the College.

## Growing and Evolving

Chiropractic, now an established profession in more than 70 countries throughout the world, boasts numbers in the United States between 58,000 and 79,600. The profession includes over 20 named techniques specific to chiropractic and administers a broad range of healthcare modalities. In recent decades chiropractic has become increasingly popular with baby boomer and geriatric patients alike. As few as 30 years ago Dr. George Goodheart was the first chiropractor to be included on the medical staff for the Olympic Games. Currently, chiropractors find themselves treating people both on the field and within the Olympic clinical facility. Twenty years ago, a legislative door opened that enabled military personnel and their families to benefit from chiropractic care, and now chiropractors join forces with their medical counterparts in caring for veterans in VA medical centers.

DeCicco feels the College has been the driving force in the advancement of the profession statewide, not the least of which was the role Dr. Nicchi played in bringing a continuing education requirement to New York. He appreciates the rich heritage of accomplishment, of overcoming divisiveness, and of growth. "At any given point in time, we have a tremendous wealth of talent right here in our midst," said Dr. DeCicco. Dr. Donohue feels the profession is poised to play an increasingly vital role in the military, the Department of Defense, Veterans Administration, geriatric care, and in nursing homes as well as other venues.

Dr. DeVita is pleased with the considerable changes and upgrades that have been made over the years. Having practiced in Acton, Mass., since 1975, he has witnessed many transformations within the profession. He first opened his doors only nine years after chiropractic gained licensure. There were only a handful of chiropractors – one other in his area. Eventually he was the only one in a 10- to 12-town area. He feels that the chiropractors





who forged ahead to gain licensure and who were arrested for practicing without a license were the “real heroes” of the profession.

DeVita has paid witness to NYCC becoming what, in his opinion, is “one of the premier schools in the profession – offering an outstanding education. The students coming out are very well qualified, knowledgeable, and have the tools to practice and be successful.” He recalls that the chiropractors were successful largely because they were very passionate about being chiropractors. He commends current efforts at integrating with other health-care professionals. “When I got out of school, communication with other professionals was very limited. NYCC has been great at creating opportunities such as collaboration with the VA system, outreach programs with other colleges, relationships with the University of Rochester – it is quite impressive.”

### **High Hopes for the Future**

Dr. Padgett sees hopeful signs for chiropractic and feels the profession is stronger due, in large part, to the increasing quality of educational standards. He also warns that with other professions distinguish themselves from chiropractic in that their members don't feel professional identity is threatened by specialization. Medical doctors are gynecologists, cardiologists, neurologists, dermatologists – all medical doctors. With lawyers there are divorce lawyers, real estate attorneys, patent specialists – all attorneys. Dentists - some do braces, others root canals - all dentists. Why then can't chiropractors all be chiropractors - some practicing mixed, others performing DeJarnette, while still others do Gonstead: all chiropractors?

Padgett encourages graduates to get involved in their professional organizations: “The chiropractic profession should make every effort to become stronger politically.” More collaboration is required among chiropractors, and the infighting needs to stop. He also feels chiropractic hasn't yet been fully discovered - that its future is unlimited. Greater utilization of chiropractic by the public is the goal. Everyone should pull in one direction. He encourages the younger generation to fight hard to keep what they've got and never to take it for granted - great advice from someone who helped pave the way for subsequent generations of chiropractors.

Dr. DeVita feels NYCC's involvement with the VA and the Department of Defense has made a big difference. He'd like to see NYCC's robust research continue with additional grant funding. “We've come a long way and changes have been significant. We don't want to rest on our achievements.” He said that to have a passion is very important. “Go out and meet other professionals, talk to them, educate them on what you do, and explain how you can work together to help patients.”



# The Chiropractor's Toolbox

*Carpenters relish a well-stocked toolbox, keeping an array of tools on hand for a variety of jobs. Likewise, chiropractors (who also happen to make a living with their hands) rely heavily upon their unique "tools."*

*The chiropractor's trademark tool remains a skilled set of hands paired with a well-trained mind.*



**C**arpenters relish a well-stocked toolbox, keeping an array of tools on hand for a variety of jobs. Likewise, chiropractors (who also happen to make a living with their hands) rely heavily upon their unique "tools."

The chiropractor's trademark tool remains a skilled set of hands paired with a well-trained mind.

Treatment options include knowledge of sound techniques and some chiropractors have significant training in the use

of instrument assisted techniques such as spring-loaded instruments that deliver precise adjustments and soft tissue instrument assisted techniques that break down scar tissue and other restrictions associated with trauma to the soft tissue. The Active Release employs soft-tissue massage that treats muscles, tendons, ligaments and nerves. Gonstead uses a specific method of analysis including spinal X-rays in order to provide precise adjustments. Nimmo is a valuable soft-

tissue technique that provides trigger-point therapy. Thompson technique relies on a chiropractic drop table; sections of the table drop down and are especially beneficial for some patients including many pregnant patients and those with limited mobility.

**Electric Stimulation, Ultrasound, Lasers, X-ray ...**

Increasing numbers of chiropractors combine techniques and adjunct therapies

# An educated patient is the best patient.

in both the diagnosis and treatment of musculoskeletal problems. Electric-stimulation therapy delivers small amounts of current to enhance physiological processes. Ice and electric stimulation can be useful for muscle spasms and acute pain. Heat and electric stimulation may be combined for chronic pain. The word *ultrasound* may conjure up images of an expectant mother viewing her baby for the first time. Ultrasound employed by chiropractors is a therapeutic procedure using high-frequency sound waves that vibrate and provide a micro-massage for treating injuries in soft tissue, muscles, or joints. Both thermal and non-thermal forms can reduce muscle spasm, increase blood flow, and reduce pain and inflammation in the affected area.

Therapeutic lasers are also used increasingly in chiropractic care – at times combining deep heat with low-powered laser. Heat increases blood flow to the area, increasing the availability of oxygen and other nutrients as well as facilitating the removal of waste products. Lasers operate at low output levels and are used to treat a variety of neural and soft-tissue conditions. Cells can also convert the light energy into useable energy that helps enable them to facilitate more rapid healing.

Digital X-ray is a popular diagnostic tool that enables chiropractors suspecting

a fracture or other internal conditions to better view the patient and identify causes of injury. Many chiropractors use X-rays to rule out pathology or to aid in determining where best to adjust the spine.

## **An Educated Patient is the Best Patient**

Adjust the spine as you adjust the patient's understanding of chiropractic. Educating patients and helping them better comprehend the body's healing mechanisms helps with recovery and encourages patients to function optimally.

Inform the patient about potential health problems, their causes and ultimate resolution. Conversations might include recommendations for regular exercises, stretches, relaxation/stress reduction, and self-care strategies. Informed patients tend to be more satisfied with the care they receive and the results they achieve and will help spread favorable word about chiropractic in their effort to assist others in finding solutions to their health problems.

## **Nutrition**

A healthy lifestyle includes an optimal balance of all food groups, and in the right quantities. Many diseases are rooted in nutritional deficiency. Proper nutrition can avoid heart disease, type 2 diabetes, and even some types of cancer. Even the

freshest foods can be nutritionally poor due to soil depletion and chemical pesticides. More and more chiropractic offices are incorporating nutritional counseling to help their patients achieve and maintain good health. Supplementation through healthy food selections and specifically designed dietary supplements can help return the body to a healthy state.

## **Teamwork**

Chiropractors work in collaboration with other healthcare professionals including acupuncturists, massage therapists, and osteopaths to name a few. Where chiropractic care fails to achieve the desired results, enlisting the talents of other professionals may get better results. Teamwork often aids diagnosis and can result in a multifaceted treatment plan.

## **Sharpen Your Tools and Hone Your Skills**

One's tools are to be well-maintained. Likewise, staying abreast of the latest break-throughs in chiropractic research and in treatment techniques will bring out the very best in any chiropractor. Attend seminars, enroll in specialized certification programs, and obtain continuing-education credits (available through NYCC among other sources). These are all great ways to continue learning and sharpening your skills.

ultrasound  
seminars

x-ray  
laser

adjustment  
nutrition

# Make a Difference - Support New York Chiropractic College Today!

## Annual Fund Gift Options:

◆ \$1,000 or more  
President's Council \*



The President's Council plays a vital role in the life and well-being of New York Chiropractic College. Valued President's Council members fundamentally support the mission of the College and make significant contributions to the College that help enhance education, research and the advancement of healthcare. The Council consists of individuals and couples who contribute \$1,000 or more during the calendar year. Installments may be paid monthly, quarterly, semi-annually, or annually. President's Council gifts are publicly recognized on NYCC's Wellikoff Wall of Appreciation, proudly displayed on the NYCC campus.

◆ \$500 or more  
The Delavan Theater Gift \*



Memorialize your affiliation with New York Chiropractic College. Purchase your engraved name plate for a seat in the Delavan Theater with a gift of \$500! The 350-seat Delavan Theater, located in the Kenneth W. Padgett Administration Building hosts many of NYCC's special events including orientation for new students, convocation, memorial services, and lectures. In addition, the theater houses many community activities, including many productions of the Seneca Community Players, and various dance, theatrical, and musical presentations.

◆ \$100 or more  
Walkway of Honor Gift \*



Become a part of the campus with your purchase of an engraved brick on the Walkway of Honor with a gift of \$100! The Memorial Garden at New York Chiropractic College was created in 1996 to provide a place where classes, family members, and others could establish a permanent presence on campus or honor their loved ones. The nearby Chinese Medicinal Herb Garden provides students and community members with a deeper connection to the properties, personality and characteristics of herbs in the Chinese materia medica. Both gardens are a source of peace and quietude on NYCC's campus.

## I CAN MAKE A DIFFERENCE - PLEASE ACCEPT MY GIFT

\$1,000 or more - President's Council

\$500 or more - The Delavan Theater Gift  
(1 or 2 lines, up to 18 characters each, including spaces)

\$100 or more - Walkway of Honor Gift  
(1-3 lines, up to 14 characters each, including spaces)

Name as it will appear on seat: \_\_\_\_\_  
\_\_\_\_\_

Name as it will appear on brick: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name on credit card \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ Phone No. \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Method of payment:  Check (made payable to NYCC)  VISA  Master Card  Discover  American Express  
Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_



TO MAKE A GIFT BY PHONE/FAX  
OR FOR MORE INFORMATION:  
1-800-234-6922 (Ext. 3151)  
315-568-3153 (FAX)

TO MAKE A GIFT ONLINE  
VISIT OUR WEB SITE:  
[https://www.nycc.edu/  
giveBack.htm](https://www.nycc.edu/giveBack.htm)

MAIL FORM/CHECKS TO:  
NYCC - Attn: Jill Henry  
2360 State Route 89  
Seneca Falls, NY 13148

# Student Spotlight

## Student Spotlight: Christine Torres (3rd Trimester MSAOM)

**W**ith four kids – ages 1, 2½, 4 and 17 – plus a daily commute from Rochester, third-trimester MSAOM student Christine Torres says she’s grateful if she gets to brush her teeth before going to bed at night. And despite an overwhelmingly demanding schedule, this intrepid young woman somehow managed to carve out time to apply for scholarships and recently received a Career Development Grant in the amount of \$12,000 – the highest award possible – from the American Association of University Women.

### The Scholarship

Inspired by her “obsession” with natural health and medicine, Torres entered the Finger Lakes School of Acupuncture and Oriental Medicine last September, after 10 years as a counselor in the Rochester City School District. The Career Development Grant – which requires answering short essay questions and providing letters of recommendation – covers tuition, books, travel, and other education-related expenses for women who are changing careers. (The organization also offers scholarships for women who are advancing their careers.) Strong applicants have demonstrated substantial service to women or girls. Torres’s chances of winning were bolstered by years of advocating for women’s policy issues through involvement in Metro Justice, where she served on task forces for economic justice, women’s rights, progressive taxation, day-care subsidies for single mothers, medical coverage for same-sex partners, and other issues. She has also been involved in local political campaigns and successfully managed



*Christine Torres*

the campaign of a female candidate in Rochester in a contested primary and general election. The process for the Career Development Grant, which she found on the Nazareth College financial aid web page, took about four months. The first installment of \$6,000 will arrive in September, and the remaining \$6,000 in January.

Torres earned both a bachelor’s in psychology and a master’s in counseling from the University of Rochester. Not everyone would relish the idea of working in an inner-city school with full-time police assigned to it; but Torres says, “I grew up in the city school system, so it was natural for me to want to work there.” The counseling job in Rochester was a good fit; she likes to help people and it allowed her to have the same schedule as her eldest daughter, Emily, who was born when Christine was 19 and in college. A single mom, she was dedicated to her daughter and her work.

When Emily was 10, the two spent the summer living with a family in Mexico and attending a Spanish language school, where Christine earned credits toward her counseling certification and gained language skills that would enable her to help a wider population of students and their families. Not bad for someone who failed high-school Spanish!

### A Growing Family and a New Career

During a trip to Metro Justice’s sister city in Nicaragua to learn about the country’s political history, one of Christine’s newfound friends invited her to return for a visit. The following summer, she took her up on the invitation and ended up meeting Harold Torres, a professional bass player who was to become her husband after several years of friendship and correspondence. As their family grew, Christine’s interest in natural health was spawned by her love of nature and burning desire to find treatments for herself and her family that would be “more consistent with how our bodies want to work.” At the top of her list was a treatment for her father’s severe schizophrenia. She says the medications are worse than the disease, and there are numerous acupuncture points for treating mental illness.

### The Future

Following graduation in 2014, the Torres family – including Christine’s parents and sister – just might pack up and move to Florida, where she would seek to open a practice. Thanks to Christine’s perseverance, Harold’s devotion, and the Career Development Grant, the Torres family will be that much farther ahead.

# News Briefs

## An Inspirational Woman – NYCC’s Dr. Laurie Rocco (NYCC ’05)

Laurie Rocco, DC, NYCC ’05, was recently featured in the May 2012 issue of *Rochester Woman* as one of the most inspirational woman in Rochester, N.Y. Having known from a very young age that she wanted to be a doctor, Rocco realized her desire for one-on-one contact with patients that significantly impacted their health and, consequently, attended New York Chiropractic College. Owner of Rocco Chiropractic, PLLC in Webster, N.Y, she also volunteers as a Squadron Commander at the local Civil Air Patrol program. Explaining how she balances her busy life she says she reminds herself, “The pain of discipline is less than the pain of regret.”



## “Like” Our Page on Facebook Today!

Stay connected to NYCC through Facebook! Check out our new page for the latest NYCC scoop - on campus, in the news, and with students and alums.

[www.facebook.com/  
NewYorkChiropracticCollege](http://www.facebook.com/NewYorkChiropracticCollege)

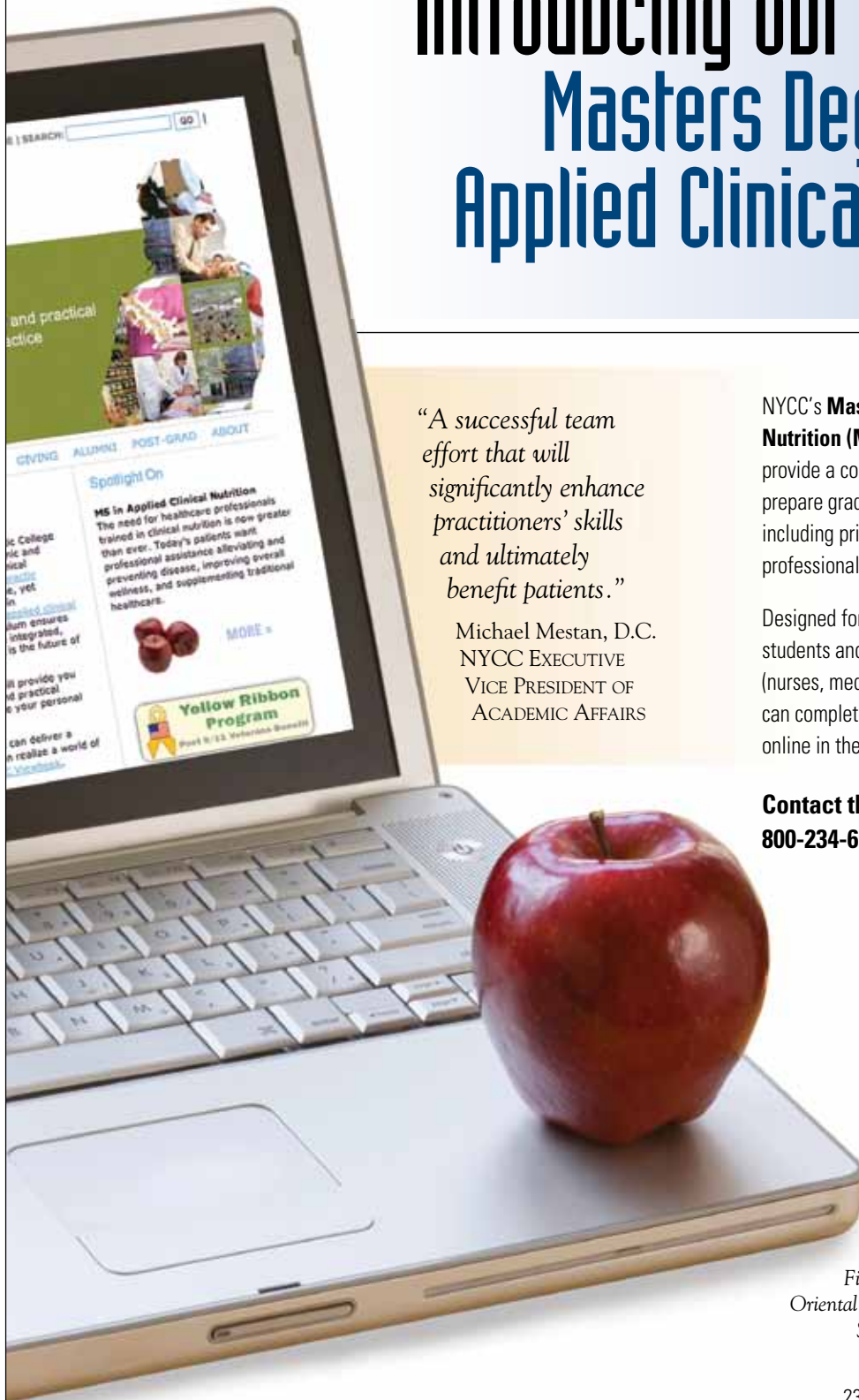


**NEW YORK  
CHIROPRACTIC  
COLLEGE**

Finger Lakes School of Acupuncture & Oriental Medicine  
School of Applied Clinical Nutrition



# Introducing our new online Masters Degree in Applied Clinical Nutrition



*“A successful team effort that will significantly enhance practitioners’ skills and ultimately benefit patients.”*

Michael Mestan, D.C.  
NYCC EXECUTIVE  
VICE PRESIDENT OF  
ACADEMIC AFFAIRS

NYCC’s **Master of Science in Applied Clinical Nutrition (MSACN)** program is uniquely structured to provide a comprehensive professional education that will prepare graduates for employment in a variety of settings including private practice, integrative practice with other professionals, research, and industry consulting.

Designed for practicing chiropractors, current chiropractic students and all other qualified health care professionals (nurses, medical physicians, dentists, etc.), matriculants can complete this Masters level program completely online in the comfort of their homes.

**Contact the Admissions Office at  
800-234-6922 or visit us at [www.nycc.edu](http://www.nycc.edu).**



**NEW YORK  
CHIROPRACTIC  
COLLEGE**

*Finger Lakes School of Acupuncture &  
Oriental Medicine of New York Chiropractic College  
School of Applied Clinical Nutrition*

2360 Route 89 • Seneca Falls, NY 13148

# News Briefs

## Bringing Chiropractic to Micronesia - John Marelli, DC (NYCC '78)

In 2010, Dr. John Marelli offered his cumulative thirty years of chiropractic skill and experience to the people of Micronesia, and Micronesia's Minister of Health accepted the offer. The 607-island nation is located just north of the equator in the western Pacific, approximately 2,000 miles southwest of Hawaii and 2,000 miles north east of Australia.

The first chiropractor to serve in Micronesia, Marelli embarked to spend the month of August 2011 on the island of Pohnpei and reach out to some of the outer islands. He first adjusted the mayor of Pingelap. He then spoke to local groups about the philosophy of chiropractic and treated nearly 200 people his first day on the island. His schedule was thereafter announced on the radio driving dozens of people his way, typically 60 in the morning and 50 in the afternoon.

### Island Life

Marelli spent four days on the Island



*Dr. John Marelli (center) with Dr. Elizabeth Keller (left), the Minister of Health, and her husband, Malik Keller (right), the Mayor of Pingelap. The first two chiropractic adjustments in Micronesia were given to the Kellers.*

of Pingelap. The 160 inhabitants had no fresh water or electricity. "I slept and worked out of the island's clinic. Solar power provided lights, a fan at night, and wi-fi for the villagers to skype their rela-

tives." Drinking water was replaced by coconut milk and showers and sanitary needs were supplied by captured rain water driven by solar powered pumps. The island provided coconut, mangos, fish, bananas, breadfruit, chickens and pigs. The warm, crystal clear waters of the Pacific served as backdrop for the clinic. "I was living in paradise," he recalled. Patients were bringing gifts to express their gratitude.

### Goals for the Future

Thrilled to be a pioneer for chiropractic and to lay groundwork for future visits, he intends to advance chiropractic's presence on the islands of Yap, Chuuk, and Kosrea." He says the trip has helped him to "rediscover" himself and encourages others to similarly volunteer their services to others.





Considering  
EHR/practice  
management  
software...

## Is it really possible for EHR software to be both *easy and affordable*? Yes! *See it for yourself!*

➤ **Join a webinar today to see a Future Health eConnect demo.** It's the only EHR/practice management software for DCs that's built using the latest technology. What does that mean for you?

- **Pay only for the functionality you want**  
Customize with smartphone-like Apps
- **Lower hardware expense**  
No server or IT person required
- **Access records virtually anywhere**  
In the office, at home & in the field
- **Familiar Microsoft look & feel**  
Intuitive & easy to use

**Microsoft**  
CERTIFIED  
Partner

...customizable with  
affordable Apps

*guaranteed*  
EHR/ARRA  
Certification  
App

All the basics <sup>FREE</sup> ...



- **Free services**  
Free upgrades, free support & free training
- **Plans as low as \$24.95 a month**  
Includes data storage, security & backup

**OFFICIAL  
ACA PARTNER**  
Ask us about  
member  
discounts

More than 25 Apps now available!

The easiest and fastest-growing EHR/practice  
management software for DCs

**Important ARRA  
Deadline Approaching**  
Act NOW to avoid  
surrendering up  
to \$18,000 in  
2011 incentives  
(up to \$44,000 total)

**Future Health eConnect—  
*See it for yourself!***

Join us for a no-obligation eConnect demo.

Register at [www.FutureHealthSoftware.com/webinar](http://www.FutureHealthSoftware.com/webinar).

You'll see ...

- How new technology makes eConnect easy to use
- How to create a Compliant Note in 30 seconds or less
- How the ARRA incentive works ... and if it's worth it for you
- How eConnect can help intuitively manage your clinic workflow

[www.FutureHealthSoftware.com/webinar](http://www.FutureHealthSoftware.com/webinar)



**Smartphone  
users**—Scan  
code so you  
can sign up  
for a demo.

**Future  
Health**<sup>TM</sup>

Toll Free 1-888-434-7347 • [www.FHeConnect.com/1019](http://www.FHeConnect.com/1019)

©2011 Future Health

# News Briefs

## Carol Ann Malizia, DC (NYCC '89)

**D**r. Carol Ann Malizia wowed New York Chiropractic College students, staff and faculty discussing chiropractic's significant impact on patients and on healthcare generally. She urged her audience to, "Love what you do, and do what you love; it fulfills and ultimately makes you successful. Develop a vision for yourself that will attract opportunities," she said.

She urged the men in the room to learn what women want from their healthcare providers since they make 80 percent of the healthcare decisions for their families. Committed to providing chiropractic care to our veterans, she commended NYCC for its efforts to increase veterans' access to chiropractic services and observed that centenarians and veterans were the fastest growing segment of our population.

Malizia said students' current actions will lay the foundation for their futures. "There are three things that guide every human: think, eat, move," she said, and recommended the students make it a point to educate others about the many benefits of chiropractic. She introduced chiropractic to Rebecca Halstead, retired U.S. brigadier general and the first female



*Dr. Carol Ann Malizia*

graduate of West Point to achieve the rank of general officer. General Halstead had been suffering from the chronic-pain illness fibromyalgia and was taking 15 different medications. (Chiropractic wasn't included in her military healthcare offerings.) After Dr. Malizia treated the general with chiropractic and nutritional care the general's nervous system was restored.

She now no longer takes any medications for pain and sleep. According to Dr. Malizia, "When you marry chiropractic with whole-food nutrition, your body does something amazing: it works."

*Born and raised at the U.S. Military Academy at West Point, Dr. Malizia attended the College of Mount St. Vincent and Manhattan College, completed her Doctor of Chiropractic degree at NYCC, and is a certified chiropractic sports practitioner. A motivational lecturer, author, health editor of "Chiropractic Wellness & Fitness" magazine, and co-founder of GGG (Girls Gals Gurus) which deals with women's health issues, Dr. Malizia spent 20 years running a very successful practice.*

---

**Committed to providing chiropractic care to our veterans, she commended NYCC for its efforts to increase veterans' access to chiropractic services and observed that centenarians and veterans were the fastest growing segment of our population.**

---

# News Briefs

## NYCC Welcomes Back Canadian Alumni for Panel Discussion

NYCC broke out a hearty welcome to five of its Canadian alumni during this spring's Canadian Grad Panel. Insights and experiences provided by Drs. Rubina Tahir ('05), Pat Maddalena ('05), Natalie McDonald ('02), Todd Patterson ('02), and Maria Commisso ('10) enabled students to better understand how one builds and operates a practice in Canada. Common factors among the group members were a desire to settle close to family and the value of local support.

Panelists urged students to become involved within their respective communities and to support organizations that advocate chiropractic. Each highlighted the benefits of a variety of resources including financial advisors, and pointed out that networking through family and friends significantly helps to grow a practice. Educate the community and tell people about all that chiropractic can do. They also explained that a key to success involves having clear goals. To a panelist, each one felt that the education s/he received at NYCC was unparalleled.



*Drs. Maria Commisso ('10), Natalie McDonald ('02), Todd Patterson ('02), Patrick Maddalena ('05) and Rubina Tahir ('05)*

## Relieved Patients "Give Back"

New York Chiropractic College . . .  
*Making a Difference in the Natural Healthcare Profession*

Patients who benefit from your care may want to show their appreciation.

Suggest a donation to New York Chiropractic College to ensure that natural healthcare professions continue to grow.



*All gifts are recognized  
and greatly appreciated!*



Call 800-234-6922 (Ext. 3151) for more information.

# News Briefs

## Anthony Lafferty, DC (NYCC '95) and ART

Committed to assisting students and burgeoning doctors, Dr. Anthony Lafferty of Lafferty Family Practice in Berlin Township, New Jersey, has permitted a number of them to shadow him as he treats patients. He also teaches anatomy at The University of Medicine and Dentistry of New Jersey. Along with Dr. Julia Stelluto (NYCC '01), Dr. Lafferty provides active muscle therapy treatments through the administration of Active Release Technique (ART).

Certified in ART since 1999, Lafferty works with Olympic and professional athletes, as well as with others who suffer from back and neck pain and conditions associated with injury and over-used muscles. Highly regarded for his treatment of sports injuries, Dr. Lafferty has been a consultant for the Philadelphia Flyers for more than four years and chiropractor for the Philadelphia Phantoms.



(l to r) Terry Rubin, 6th trimester DC student at NYCC, and Dr. Anthony Lafferty



### PERSONAL TRAINING Seminars

ISSA's personal training seminar teaches you how to develop a diet and training program that can further support the health and wellness of your patients. Tap into the 33-billion-dollar fitness industry while improving your practice.



Seminar instructor Dr. Jack Barnathan, DC created the annual Chiropractic Sports seminar with Arnold Schwarzenegger. A life-long strength athlete and IFBB Gold Medal

honoree, Dr. Barnathan serves as Chiropractor and Sports Performance consultant to some of the world's top Pro and Olympic champions and was awarded the United States Presidential Certificate of Merit for his work on behalf of the President's Council on Physical Fitness & Sports.

*Seating is limited. Call today!*

## to the next level. TAKE CHIROPRACTIC

International Sports Sciences Association • 1015 Mark Avenue • Carpinteria, CA 93013

*Earn up to 24 NYCC CEUs with a personal training certification from ISSA.*

### New York Chiropractic College

ISSA, in conjunction with New York Chiropractic College (NYCC), offers a two-part personal training certification program worth a total of 24 continuing education credits for the Doctor of Chiropractic. Following successful completion of the home study portion, the program can be completed in one weekend. The course is organized into two phases:

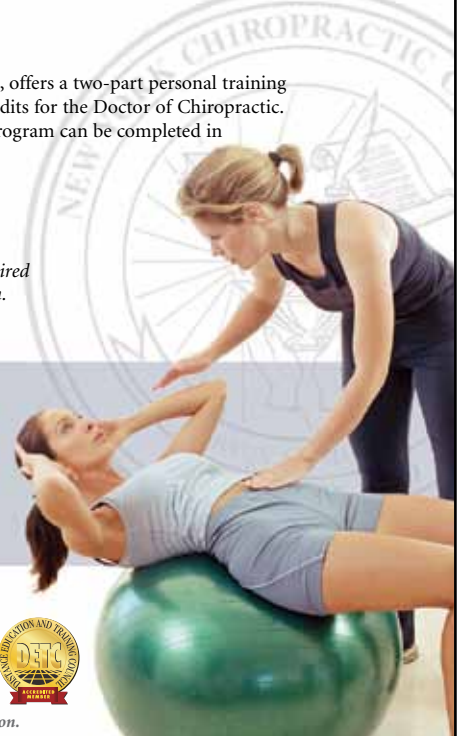
- I. Home study** (text completion) worth 12 CEUs  
(required to attend the seminar)
- II. Weekend seminar** worth 12 CEUs  
*Out of the 12 seminar CEUs, 3 hours will be applied to required credits in ethics, documentation and patient communication.*

### Join us in New York and many other states, nationwide!

Visit [ISSAonline.edu/fitness-seminars/](http://ISSAonline.edu/fitness-seminars/) or call 800.892.4772 for NYCC-approved seminars near you!

Call **800.892.4772** and ask about Chiropractic CEUs or visit **ISSAtransitions.com** today. Mention trn1111

*Seminar dates subject to change. Visit [ISSAonline.edu](http://ISSAonline.edu) for current information.*



# **LLOYD TABLE:**

## **AMERICAN MADE**

### **WITH WORLD CLASS FEATURES**

Practitioners agree . . .  
Lloyd tables provide  
unparalleled patient  
comfort.



Put a new Lloyd table to work for you.

Call Toll Free: 1-800-553-7297  
Phone: (319) 455-2110 - Fax: (319) 455-2166

E-Mail: [sales@lloydtable.com](mailto:sales@lloydtable.com)  
102-122 West Main Street - Lisbon, Iowa 52253-0899

# News Briefs

## Spring 2012 DC Orientation – Erica Callahan, DC, MS, Welcomes New Students



A new group of students determined to successfully navigate NYCC's challenging chiropractic curriculum gathered for their spring 2012 orientation. NYCC President Dr. Frank J. Nicchi offered a hearty welcome and introduced the day's keynote speaker, Dr. Erica Callahan (NYCC '07, '10) who, in turn, encouraged her audience to fully explore the abundant learning opportunities they would encounter throughout their matriculation. Callahan lauded the College for the excellent preparation she received as a student and, alluding to all she had learned as a student at NYCC, that five years into practice she's "just now beginning to scratch the surface." She extended best wishes to the new class and urged them, "Today starts the inauguration of a lifetime of learning!"

## AOM Transformation Celebration



*Students and faculty of the Finger Lakes School of Acupuncture and Oriental Medicine enjoyed the AOM Transformation Celebration on March 30.*



## In a Class by Itself

MR4 LaserStim™\* helps clinicians quickly locate areas needing treatment and automatically gives the proper dose of **Super Pulsed Laser Therapy**.

How smart is that?

**For information or in-clinic demo, call (800) 373-0955.**

\*LaserStim has 25,000 mW of power offering the highest photon density with the lowest thermal effect



info@MultiRadiance.com  
www.MultiRadiance.com



**Super Pulsed Laser Therapy**

PROUD  
PLATINUM  
SPONSOR  
OF NYCC

 **Multi Radiance  
Medical**

# Wobenzym® PS

A Professional Strength Dietary Supplement

## The Power of Professional Strength



at your finger tips!

Highly Active Enzyme Formula for Balanced Immune Function



**Wobenzym® PS** is exclusively available to healthcare professionals.

Wobenzym® PS provides a highly active enzyme formula in enteric coated tablets. Clinically backed to support a healthy immune system, Wobenzym® PS supplies specific enzymes to the body to support immune function, joint, muscle and tendon structure, as well as normal wound healing.†

Contact us today: at 1-888-DOUGLAB  
(1-888-368-4522) or 1-800-245-4440.  
[www.douglaslabs.com](http://www.douglaslabs.com)

600 Boyce Road • Pittsburgh, PA 15205, U.S.A.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Douglas Laboratories®**

*Raising the Standard for Nutrition and Wellness.™*



[www.wobenzym-usa.com](http://www.wobenzym-usa.com)

See all the technical data and clinical trials at...  
[www.douglaslabs.com/wobenzymps](http://www.douglaslabs.com/wobenzymps)

NEW

# BEST. BIOFREEZE®. EVER.

NEW, PREFERRED FORMULA

NOW AVAILABLE IN COLORLESS



The #1 clinical pain reliever now has an enhanced formulation in original and new colorless options.

Our two-plus years of testing and development confirm it is the best Biofreeze ever.

#### MORE PREFERRED

- applies easier and penetrates quickly
- effective skin conditioners
- 4 out of 5 users prefer the new formulation\*

#### MORE NATURAL

- botanical blend of ilex, arnica, aloe, boswellia, calendula, green tea, burdock root, and lemon balm
- 100% paraben-free, propylene glycol free
- now available in colorless gel, roll-on and spray



[biofreeze.com](http://biofreeze.com) | 800.246.3733



\*Decision Analyst, Inc., Biofreeze User Tests 12/09

Biofreeze is a registered trademark of The Hygenic Corporation.  
Unauthorized use is strictly prohibited. ©2011 The Hygenic Corporation.  
All Rights Reserved. P05370

# Celebrate **45** years of Activator with a **\$45** Seminar!\*

\$45 for students and doctors attending an Activator seminar for the first time.

## Discover The Activator Seminar Advantage

- Research** – Over 100 peer reviewed papers
- Reliability** – The #1 adjusting instrument in the world
- Results** – The only instrument adjusting technique with clinical trials

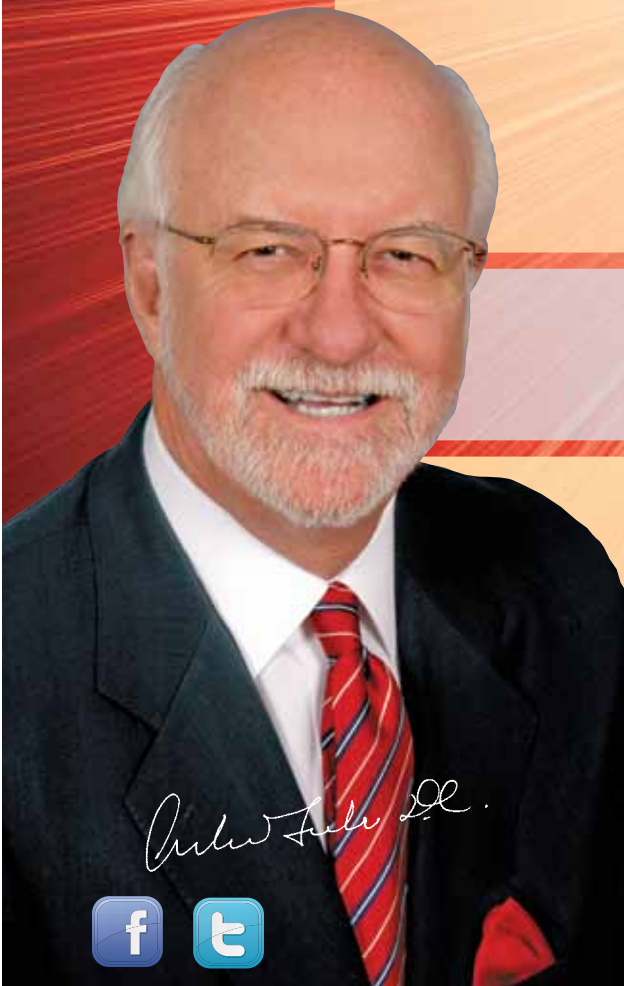
## Attend The Activator Seminar near you for only **\$45!\***

\*\$45 for students and doctors attending an Activator seminar for the first time  
Locate a seminar near you at [www.activator.com](http://www.activator.com)



Register online at [www.activator.com](http://www.activator.com)  
or call us at **1.800.598.0224**

\*Must have a valid student ID or be a doctor attending a seminar for the first time to receive this special. All seminars provide up to 12 Continuing Education credits, co-sponsored by Palmer College of Chiropractic. Information is correct at time of printing and subject to change. \$45 pre registration fee non-refundable, transferable within 6 months. **\$199 at the door.**



### 2012 Seminar Schedule

<b>SAN JOSE</b> September 22-23	<b>MINNEAPOLIS</b> September 29-30	<b>ATLANTA</b> October 13-14	<b>PHOENIX</b> October 20-21	<b>ST. LOUIS</b> October 27-28	<b>TORONTO</b> November 17-18
<b>SEATTLE</b> September 22-23	<b>CHICAGO</b> October 6-7	<b>DALLAS</b> October 13-14	<b>NEWARK</b> October 27-28	<b>BOSTON</b> November 10-11	<b>ORANGE COUNTY</b> December 1-2

Basic, Intermediate and Advanced levels are offered at all seminars unless otherwise noted. All seminars provide up to 12 Continuing Education credits, co-sponsored by Palmer College of Chiropractic. \*Intermediate and Advanced levels only. \*\*Advanced level only. Information is correct at time of printing and subject to change. Activator and Activator Methods are registered trademarks of Activator Methods International, Ltd. in the United States and other countries. © Activator Methods International UK, Ltd.

**Class of 1976**

**Louis E. Bisogni, DC**, of White Plains, N.Y., was this year's honoree for Education Through Music (E.T.M.), an organization that makes music education a reality for thousands of at-risk children who would otherwise have limited or no exposure to the arts. E.T.M. currently serves over 13,000 children in 25 inner-city schools in New York City, and another 8,000 students in Los Angeles and the Bay area. Dr. Bisogni can be reached by e-mail at [bisognichiro@aol.com](mailto:bisognichiro@aol.com) or by phone at 914-428-0904.

Pittsburgh, PA, proudly announce the birth of their second son, Miles Xavier Coco, born on February 14, 2012. He joins big brother Joseph Jeffrey Coco, age 2. The Coco's live and practice in the eastern suburbs of Pittsburgh, Penn.

**Class of 2009**

**Alexandra Fandetti, DC**, recently opened Back & Body Chiropractic in Dayville, Conn. Her office collected over \$800 in donations for the Connecticut Food Bank. She can be reached at [BackandBodyCt@gmail.com](mailto:BackandBodyCt@gmail.com), and you can "like" the office's page, Back & Body Chiropractic in Dayville, Conn., on Facebook.

**Class of 2004**

**John P. Coco, DC and Heather M. Coco, D.C.** of

**Transitions** **What's News?**

Your fellow alumni want to know! Share your personal and professional successes with us – marriages, births, awards, achievements and professional advancement. Mail this form to: Peter Van Tyle, Vice President of Institutional Advancement, NYCC, P.O. Box 800, Seneca Falls, NY 13148-0800; fax: 315-568-3153; or e-mail: [pvantyle@nycc.edu](mailto:pvantyle@nycc.edu).

Name \_\_\_\_\_

Name while at NYCC \_\_\_\_\_

Phone No. (Office) \_\_\_\_\_ Month/Year Graduation \_\_\_\_\_

Address (Office) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

My News: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



# Our Network of Expertise ...

## Is a Doctor's Best Defense

As a Doctor of Chiropractic, you count on your malpractice plan to protect you.

With experience defending chiropractors dating back to 1946, NCMIC has seen all kinds of cases. We've established a wealth of information about chiropractic malpractice and a national network of attorneys who specialize in it.

We're constantly updating our chiropractic information, plans and strategies. So, the minute we take your call, we're ready to answer your questions and defend you to the fullest.

*Find out how you can benefit from NCMIC's malpractice insurance plan.*

**Call 1-800-769-2000, ext. 3120.**



**[www.ncmic.com](http://www.ncmic.com)**

14001 University Avenue • Clive • Iowa 50325  
We Take Care of Our Own is a registered service mark of NCMIC Group, Inc.  
©2012 NCMIC NFL 3120

# Introducing Our New Online Master of Science Degree in Human Anatomy and Physiology Instruction

NYCC's **Master of Science in Human Anatomy and Physiology Instruction (MSHAPI)** program is uniquely designed for those with a professional healthcare or advanced biology degree. The course of study builds on existing anatomy and physiology knowledge base, transforming the student into an exceptional A&P instructor for the undergraduate level of higher education.

This masters degree program is **offered online**, providing all the advantages of the online educational environment important to advanced learners. It has components that:

- Assure competency over the entire spectrum of undergraduate anatomy and physiology instruction
- Provide a sound foundation in instructional theory and practices
- Allow for a measure of specialization through selection of elective courses

**Contact the Admissions Office at 800-234-6922 or visit us at [www.nycc.edu](http://www.nycc.edu).**

*"The MSHAPI approach is unique – it starts with a student already educated in A&P course content and builds on that foundation, creating a highly trained instructional specialist for the undergraduate A&P lecture room and laboratory."*

Michael Mestan, D.C.  
NYCC EXECUTIVE VICE PRESIDENT OF ACADEMIC AFFAIRS

Learn to  
teach.  
Teach to  
transform.

**CLASSES  
NOW  
FORMING**



**NEW YORK  
CHIROPRACTIC  
COLLEGE**

*Finger Lakes School of  
Acupuncture & Oriental  
Medicine of New York  
Chiropractic College*

*School of Applied  
Clinical Nutrition*

2360 Route 89 • Seneca Falls, NY 13148

# Millions of Patients 34 Peer-Reviewed Articles

No other custom orthotic is engineered quite like a Stabilizing Orthotic. Introduced 60 years ago, the intelligent design stabilizes the three arches of the foot, providing a natural balance of **flexibility** and **stability** for the **whole body**, not just the foot. No wonder 81.8% of chiropractors in the U.S. said they prescribe orthotics for their patients.<sup>1</sup>



Stabilizing Orthotics improved sporting performance such as driving the ball up to 15 yards farther.<sup>2</sup>



Stabilizing Orthotics improved balance (eyes open) and proprioception (eyes closed).<sup>3</sup>



Stabilizing Orthotics increased hip and pelvic joint ranges of motion.<sup>4</sup>



Clinical trial showed back pain relief by 44% and improved function by 38% in 6 weeks,<sup>5</sup> when wearing Stabilizing Orthotics.



**NEW** inmotion Stabilizing Orthotic



Stabilizing Orthotics significantly decreased blood pressure and improved Heart Rate Variability.<sup>6</sup>



Stabilizing Orthotics reduced knee injuries by 31%.<sup>7</sup>

**Proprioceptive-friendly orthotics.**

- Allows normal ranges of motion.
- Supports all three arches of the foot.
- Unique 10.2% increase in O<sub>2</sub> levels.

**800.553.4860**  
**FootLevelers.com**

take the  
**FOOT LEVELERS**  
**FREE 3 Patient Challenge**

FootLevelers.com/3patients



©2012 Foot Levelers, Inc.

References for the published peer-reviewed scientific research papers:

1. National Board of Chiropractic Examiners. 2005.
2. Stude DE. JMPT 23 (3) April 2000
3. Stude DE. JMPT 1997; 20(9):590-601.
4. Stude DE. JMPT 2001; 24(4):279-287
5. Cambron, JA. JMPT May 2011 (Vol. 34, Issue 4, Pages 254-260)
6. Zhang, J. J of Chiropractic Medicine June 2007 6:2, 56-65
7. Jensen B. J Chiro Ed 2007; 21(1):109

The World's leading authority on individually designed Stabilizing Orthotics since 1952

**Transitions**



New York Chiropractic College  
*Transitions Magazine*  
PO Box 800  
Seneca Falls, NY 13148-0800  
*Change Service Requested*

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
Seneca Falls, NY  
Permit No. 80



# The Seneca Meadows Environmental Education Center

*Advancing the environment in our community*